

Women with kidney woes at higher risk

KUALA LUMPUR: Malaysian women with chronic kidney disease (CKD) have lower survival rates compared to men due to delayed health screening, says National Kidney Foundation (NKF) chairman Datuk Dr Zaki Morad Mohd Zaher.

He said social reasons, including having to care for their families, was believed to be the reason why CKD was more likely to develop in women with an average prevalence of 14% compared to 12% in men, reported Bernama.

"It is possible to lose up to 90% of kidney function without experiencing any signs," he told a press conference during the World Kidney Day 2018.

As CKD has no symptoms, it was important for everyone to have regular health checks and be more proactive in detecting the disease, he added.