

NKFOPENDAY

IN conjunction with World Kidney Day 2018, the National Kidney Foundation of Malaysia will bring back its open day on March 8 from 9am to 4pm at NKF -Berjaya Resource Centre in Petaling Jaya, Selangor.

Highlights include free health screenings for blood pressure, blood glucose and blood cholesterol levels as well as counselling by NKF health professionals.

Other events include a Bollywood fitness dance, and health talks on the importance of annual medical check-ups, and on "Supplements, Women, and Kidney Health". There will also be an organ donation campaign.

Details, visit http://www.nkf.org.my or call 03-7954 9048.