

CYCLING FOR AWARENESS

Malaysia Society of Nephrology, Ministry of Health, the Malaysian Health Promotion Board and National Kidney Foundation of Malaysia will have a 30km cyclethon on March 18 at Taman Botanic, Putrajaya for World Kidney Day 2017. The cyclethon will be the final leg of the 30 cyclists returning from Perlis advocating a healthier lifestyle with physical activity. Fee is RM50. There will also be activities like Zumba dance, colouring contest for children and health checks. For details, visit www.nkf.org.my