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WORLD KIDNEY DAY 2016

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Message From Chief Editor

Greetings from the National Kidney Foundation of Malaysia.

With the passing of time, we had celebrated the New Year for 2016 and had ushered in the year of the monkey for the 2016 Lunar New Year.

A good news for us at NKF is that we had seen and experienced the continued inflow of donations to assist us in the provision of dialysis treatment to poor patients.

Such funding in particular is with regard to the presentation of dialysis machines or even a dialyzer re-processor as disclosed by the articles within this newsletter. This has fortified our fundraising efforts and we continue to leave no stone unturned in the quest for sources for funding from the resilient establishments within the corporate sector in the light of the prevailing far from rosy economic situation.

We had been also truly blessed that at this time of belt-tightening there were indeed individuals who continued to provide financial support monthly out of their desire that fellow human beings should not be deprived of their critical medical needs.

With this assurance of sustainability in funds, we were confident to carry on with the extension of our health screening to cover the states of Johor, Malacca and Negri Sembilan from our newly established regional office in Batu Pahat under our Public Education Department.

We are proceeding with our plans to host the World Kidney Day Celebrations in March 2016, Patient Forum in April, 3rd Renal Nutrition Seminar in June and Annual Dialysis Meeting (ADM) in November.

More will be disclosed of these forums in subsequent issues of the newsletter.

Until then, have a nice time reading!

Cheers.

Dr. Prasad Menon
Chief Editor

NKF DIALYSIS CENTRES

TEL NO

1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar).	04-9777411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar).	04-7340215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar).	04-7352190
4. Pusat Dialisis Amal FO YI - NKF (Unit I) (Penang).	04-2824952
5. Pusat Dialisis NKF - FO YI (Unit II) (Penang).	04-2828701
6. Pusat Dialisis NKF - Lions, Penang.	04-2101555
7. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping.	05-8041633
8. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh).	05-3215921
9. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya).	03-79549048
10. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor).	03-61371884
11. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur).	03-62519850
12. Pusat Dialisis NKF - Kelab Apex (Klang).	03-33417009
13. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur).	03-40217704
14. Pusat Dialisis NKF - Bakti (Klang).	03-33239424
15. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
16. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
17. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
18. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
19. Pusat Dialisis NKF (Kota Bharu).	09-7475834
20. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
21. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
22. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
23. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
24. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
25. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
26. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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RESILIENCE TO LIVE ON

Life has the tendency to throw curve balls at us. Such is the case for 44-year-old Chang Siew Keun, who continues to remain resilient, even after many life-changing challenges which started early in her life.

Poverty forced her to drop out of school in Form Two. Even so, this did not stop her from living a fulfilling life. She took up sewing to support her family, and later married; she now has two sons aged 10+ and 17+.

Siew Keun also suffers from multiple health complications related to hypertension, high uric acid and obesity. She was diagnosed with advanced chronic kidney disease approaching end stage renal failure in October 2012 and haemodialysis was initiated in December 2012 at Hospital Kuala Lumpur. She was admitted to Pusat Dialisis NKF - Good Health, Kampung Pandan, Kuala Lumpur on 3 May 2013. She has been on NKF's Hardcore Poor subsidy since her admission. Her Ministry of Health subsidy was approved on 1 April 2014. NKF also provides her with Transport Subsidy to ensure that she reaches the centre on time for her dialysis treatment 3 times a week.

Siew Keun had to give up her job as a seamstress as she found herself getting tired easily and could no longer commit to work hours with her frequent treatment. She found even simple household chores like cleaning and laundry strenuous. Her elder son is hyperactive and has problems getting gainful employment.

"I'm not proud to be dependent on charity for my dialysis, but for now, I just think of living from day-to-day," says Siew Keun. "I look forward to my children growing up healthy and having good jobs."

Kidney transplant can be a long-term solution for many kidney patients. Unfortunately, 19,474 people are currently on the waiting list for a kidney transplant with the number of kidney failure patients increasing every year. In comparison, less than 1% of Malaysians have registered as organ donors as of July 2015, pointing to a severe shortage in the gift of life for many end-stage organ failure patients.

For many of these patients, organ donation remains their last chance of survival but unfortunately, the limited availability of organ donors and misconceptions about organ donation have made finding suitable donors difficult.

The National Kidney Foundation (NKF) of Malaysia has launched an organ donation promotion unit at Sunway Pyramid with the support of Sunway Group,

Members of the public can also call up the National Transplant Resource Centre (NTRC) for more information or to pledge their organs. The NTRC can be reached by calling 03 – 2681 0681/2, Toll Free: 1800-88-9080 or e-mail ntrc@moh.gov.my.



The 3rd Renal Nutrition Seminar Organised By NKF



NKF in collaboration with Universiti Kebangsaan Malaysia (UKM), Universiti Putra Malaysia (UPM) and the Malaysian Dietitians' Association (MDA) will be hosting the international event of the 3rd Renal Nutrition Seminar.



The seminar to be held on 2-3 June 2016 at the InterContinental Hotel in Kuala Lumpur will be dealing with the different aspects of nutrition affecting dialysis patients.

Amongst the speakers at the seminar will be world renowned Professor Joel D. Kopple, currently the Professor of Medicine & Public Health at the David Geffen School of Medicine, University of California, Los Angeles (UCLA) and UCLA Fielding School of Public Health and Dr. Maria Chan, Senior Renal Dietitian, The St. George Hospital (SGH), Conjoint Associate Lecturer, University of New South Wales (UNSW) and Honorary Senior Fellow, University of Wollongong, Australia.

It is open to both local and overseas participants in the medical field which includes nephrologists, dietitians, pharmacists, medical doctors and nurses.

As seats available for participation are limited, those intending to participate in the seminar are reminded to register early to avoid disappointment.

Registration fees for local participants are RM585 per participant for registration before 15 March 2016 and RM640 per participant for registration after that date.

As for overseas participants, registration fees are USD265 per participant before 15 March 2016 and USD320 per participant after that date.

Registration forms in which are included details on payments can be downloaded from the NKF website www.nkf.org.my.

The public can know more on this by following us at nkfmy at facebook, twitter, youtube and instagram.

NKF looks forward to the attendance by all intending to attend the seminar.



Professor Joel D. Kopple is currently the Professor of Medicine and Public Health at the David Geffen School of Medicine, University of California, Los Angeles (UCLA) and UCLA Fielding School of Public Health



Dr. Maria Chan, PhD, AdvAPD, AN
Senior Renal Dietitian, SGH
Conjoint Associate Lecturer,
University of New South Wales, and
Honorary Senior Fellow, University of
Wollongong, Australia

"Nasi Lemak + Ikan Selar Bakar"

by Ms. Kher Pui Ling, NKF Dietician

Ingredients("Nasi Lemak"/coconut rice, serves 2):

120 grams of rice, uncooked
2 bulbs of shallot, sliced (20 grams)
½ inch of ginger, chopped (2 grams)
1 to 1.5 cups of water
100 milliliters of low fat coconut milk
1 pandan leaf
⅛ teaspoon of salt

Ingredients (Sambal tumis, serves 10):

75 milliliters of oil
1 tablespoon of sugar
½ teaspoon of salt
½ tablespoon of tamarind paste + 60 milliliters of water
10 dried chilies, soaked and drained
3 candle nuts
15 bulbs of shallot
1 teaspoon of "belacan" (5 grams)



Ingredients

("Ikan Selar Bakar"/Baked Scad, serves 2):

2 hard-tailed Scad ("ikan selar"), cleaned (250 grams)
1 teaspoon of turmeric powder
¼ teaspoon of salt

Ingredients

(Stir-fried "Kang kung"/swamp cabbage, serves 2):

160 grams of swamp cabbage, boiled and drained
1 clove of garlic, chopped
1 teaspoon of oil
⅛ teaspoon of salt (optional)

Method:

1. Clean the rice and drain.
2. Cook the rice in the coconut milk with pandan leaf. Add in shallot, ginger and salt.
3. Heat up the oil in a wok and add in the blended ingredients. Fry until fragrant.
4. Put in the tamarind juice, sugar and salt. Set aside to cool.
5. Heat up the oil and sauté the garlic. Add in swamp cabbage and stir fry for few seconds. Add salt.
6. Season the fish with salt and turmeric powder. Bake the fish at 150° C for 30 minutes. Serve with coconut rice, sambal and swamp cabbage.

Analysis per serving

Energy, kilocalories	503
Carbohydrate, grams	60.0
Protein, grams	19.1
Fat, grams	20.7
Fibre, grams	1.3
Sodium, milligrams	692
Phosphorus, milligrams	177
Potassium, milligrams	417

NKF Worked With IJM Corporation Bhd To Spread Awareness On Organ Donation



On 5 October 2015 NKF together with IJM Corporation Bhd launched the organ donation awareness campaign at the Loke Yew Toll Plaza. The campaign, covering a time-frame from that date to December of the year, involved the distribution of organ donation information packs at public toll booths in the Klang Valley operated by the company.

Toll booths covered by the distribution were at the New Pantai Expressway (NPE) East and West tolls, Kajang-Seremban Highway (LEKAS) South toll and Besraya (BES) Loke Yew, Mines South and Mines North tolls.

The information packs contained wallet tissues with organ donation statistics and pamphlets on organ donation that had been compiled by the Public Education Unit of NKF.

At the launch site at the Loke Yew Toll Plaza free health screenings, cooking demonstrations, health exhibitions and health talks were held in conjunction with the launch.

The collaboration with IJM was part of the continuous efforts of NKF to promote organ donation, in addition to aiming to dispel misconceptions on organ donation through numerous education programmes which include health screening, health exhibitions and talks on organ donation.

NKF graciously thanks the management of IJM Corporation Bhd for its full-hearted and generous support for the campaign.

As a further step towards reinforcing organ donation awareness, an organ donation promotion unit was opened in the Sunway Pyramid in October 2015 as a more permanent, convenient and concrete step to encourage more organ pledges.



Regional Office of the NKF Public Education Department (PED) in Batu Pahat, Johor

The Public Education Department (PED) of NKF has set a new regional office in Batu Pahat, Johor, as its 5th LifeCheck Team, serving the states of Johor, Negeri Sembilan and Malacca.

The address of the office is:-

7-1, Jalan Ceria,
Batu Pahat.
Johor

It began operations on 15 December 2015 with the team under the supervision of Ms. Yap Lai Yin, the Assistant Manager from PED Head Office, carrying out its maiden health screening at the Summit Batu Pahat from 10 a.m. to 4 p.m. As a result, 46 persons were screened.

The team carried out another screening on 20 December 2015 at the Batu Pahat Mall, when Mr. Chan Ming Zheong, the Lions Club of Batu Pahat Chairman, organized a health screening as well as a blood donation drive.

The health screening carried out involved readings of blood pressure and body mass index (BMI) and tests on urine and blood glucose as well as counselling based on the results of the readings and tests.

NKF thanks graciously the Lions Club of Batu Pahat in particular Mr. Chan Ming Zheong for the selfless efforts in making the screenings a success.



NKF Health Screening At Batu Caves, Kuala Lumpur

On 24 January 2016, the Elite Team of NKF Mobile LifeCheck was in Batu Caves to carry out free health screening. The team was made up of 7 NKF staff from the Public Education Department and 3 students from the International Medical University, Kuala Lumpur, who were doing their internship with the Foundation.

With Cik Norhafatini Bte Aziz as the leader, the team set up the screening at the Sri Maha Mariaman Temple Devasthanam.

The free screening covered readings in blood pressure, body mass index (BMI) and urine as well as tests for blood glucose. To round up the readings and tests, individuals who had undergone the screening were counselled based on the results of the tests and readings.

Blood pressure reading is taken to reveal the likelihood of stroke, heart and kidney diseases, with the urine test to screen for diabetes and kidney diseases. On the other hand, BMI assesses the risks of heart and blood vessel diseases and other related diseases.

Nevertheless, such a screening is only a preliminary to an individual's well-being, and if the tests for an individual reveal irregularities he is advised to go for further medical tests at a hospital or a medical facility.

At the end of the screening, 81 persons had their health checked, and NKF is very appreciative of Datuk Dr. A.T. Kumararajah, Head of Medical, Thaipusam Festival Batu Caves for making the necessary arrangements to enable the screening to be carried out without any hitches.



Patients' Family Day of Pusat Dialisis NKF - Dato' Dr. G.A. Sreenevasan (Petaling Jaya) - 4 October 2015



4 October 2015 was a special occasion for patients, their family members and members of the staff at Pusat Dialisis NKF - Dato' Dr. G.A. Sreenevasan (Petaling Jaya).

It was a time when they gathered together as a coherent group to celebrate the Patients' Family Day of the Centre at Lubok Manggis Camp in Hulu Langat, Selangor.

The celebration kicked off when they assembled at the premises of the Centre at 8.00 a.m. In all, 32 patients together with 20 members of their families and 15 Centre staff members boarded a bus chartered for the occasion and 7 cars to travel to the camp site.

Once there, the group was feted to breakfast before proceeding with their organized activities of fun and games.

With the enthusiastic participation of the group, barriers to closer and warmer relationships were overcome especially since the patients dialyzing at the Centre were from three different shifts.

As time progressed the members of the group became more relaxed with their actions and conversations.

In between the fun and games, the group also enjoyed lovely meals.

To round up the Day and to make it more meaningful and memorable, all patients were given goody bags. There were also prizes for group and lucky winners and these included amongst other items a stand fan, an oven and a rice cooker that were sponsored by companies.

Finally the Day came to an end when the group left the camp at 4.30 p.m. and headed back to the Centre.

THANK YOU TO ALL OUR DONORS WHO HAVE CONTRIBUTED FROM DECEMBER, 2015 TO FEBRUARY, 2016

No	Particulars	Amount (RM)
1	Donation Boxes "Spare A Change, Save A Life Campaign"	
	Mercato Sri Hartamas Supermarket	1,186.10
	Caring Pharmacy	1,155.60
	Parkson Corporation Sdn Bhd	1,058.65
	Wan Seng Acupuncture	941.65
	Alpha Pharmacy	578.00
	Pasaraya F & G (USJ) Sdn Bhd	467.00
	Alpro Pharmacy (Jaya 33)	142.30
	Health Lane Pharmacy Sdn Bhd	88.10
	White Florist, TTDI	30.20
	Total	5,647.60
2	Company CSR / Associations / Individuals	
	Origin Herbal Hair Treatment Sdn Bhd	30,000.00
	Magnum Foundation	6,000.00
	Crest Builder Sdn Bhd	5,000.00
	LianBee-Jeco (M) Sdn Bhd	4,120.00
	AmanahRaya Trustees Berhad	3,470.00
	Perinsuran Brokar Sdn Bhd	3,000.00
	Macquarie Group Foundation	2,948.60
	Total	54,538.60

Family Walkathon Sees Rousing Participation In Aid Of Kidney Disease

Carnival-like event pays special focus on family and prevention of kidney disease among children



On 12 March 2016, in conjunction with World Kidney Day 2016, the National Kidney Foundation, together with the Malaysian Society of Nephrology and the Ministry of Health jointly kicked off the World Kidney Day Family Walkathon. Held at Kepong Metropolitan Park in Kuala Lumpur, the event witnessed the congregation of more than 1,500 participants who came together to support the battle against kidney disease.

The event was also graced by Yang Berbahagia Dato' Dr. Hj. Azman Abu Bakar, Director of Medical Development Division, Ministry of Health Malaysia.

Covering a distance of 3.5km which took participants on a scenic route around the vicinity of the Kepong Metropolitan Park lake, the walkathon was flagged off at 8.00am by YBhg Dato' Dr Hj Azman bin Abu Bakar.

Themed "Kidney Disease & Children", the event championed the prevention of kidney disease, especially amongst children, with a special emphasis on the need to encourage a healthy lifestyle amongst youngsters and early action to keep the onset of kidney disease at bay.

True to the theme and to encourage the participation of entire family units, the registration fee to participate in the walk was waived for participants aged 18 years and below while a nominal fee of RM15 was imposed on adults, to further encourage participation, especially among family units.

"Given the growing sedentary lifestyle among the Malaysian communities, we have witnessed the onset of kidney disease among more and more people, even among the youth. Even seemingly healthy kids may be at risk of kidney disease at an early age, so we urge everyone to be more aware of the symptoms of kidney disease," said Dr. Wan Jazilah Wan Ismail, the Organising Chairperson of World Kidney Day 2016 Family Walkathon.

"This year marks the 11th anniversary of the World Kidney Day. Seeing the rise of the disease among younger patients globally, this year's campaign is dedicated towards the prevention of kidney disease amongst the young. Parents were encouraged to be more involved with their children's wellbeing," she added.

World Kidney Day 2016 also aims at providing support for the thousands of families in Malaysia with children already living with kidney disease.

Many participants and visitors were seen taking advantage of the complimentary health screenings, diet counselling and health exhibition offered at Kepong Metropolitan Park. Although educational, the event took on a carnival-like atmosphere of sorts with a myriad of fun-filled activities, especially tailored for children. These included a colouring contest, face painting, balloon castles, sand art and Mr. Red Bubbles the clown, who thrilled the young ones with his antics and special tricks.

World Kidney Day is annually observed globally on the second Thursday of March. Proceeds from the Family Walkathon will be channeled towards NKF's efforts in raising awareness about kidney disease and providing treatment for Malaysia's underprivileged kidney disease patients.



99 Speed Mart Presented 2 Dialysis Machines To NKF

On 27 January 2016, 99 Speed Mart Sdn Bhd presented two dialysis machines valued at RM92,000 to NKF as part of the company's efforts in helping the poor kidney patients in NKF to lead a normal life.

Starting with a grocery store in 1987, the company has grown by leaps and bounds to become a supply chain of mini-markets located strategically at hundreds of branches along the length and breadth of the country to provide items at competitive prices to serve the needs of households.

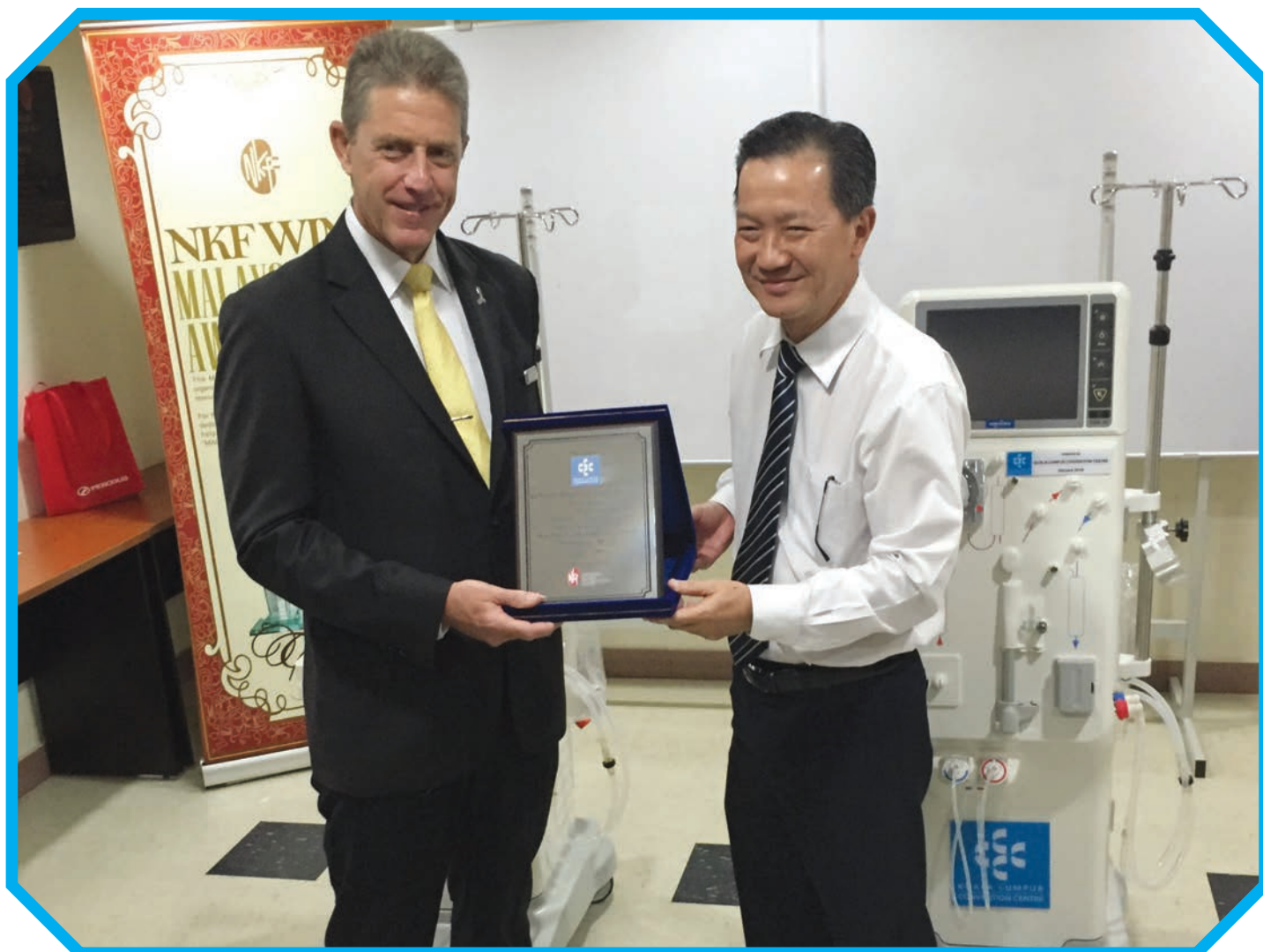
At the presentation ceremony, Mr. Simon Yong Kin Onn, the Company's Director for Management Information System (MIS) on behalf of 99 Speed Mart presented the two machines to Mr. Chua Hong Wee, the NKF CEO in the presence of staff and patients.

NKF expressed its heart-felt appreciation to the management of the company for the kind deeds.

As to the machines, one was to be placed at Pusat Dialisis NKF - Kelab Apex (Klang) and the other at Pusat Dialisis NKF - Charis (Cheras).



Presentation of 2 Dialysis Machines By Kuala Lumpur Convention Centre



On 29 January 2016 the Kuala Lumpur Convention Centre (the Centre) presented 2 dialysis machines to NKF to make it possible for poor kidney patients of NKF in the more remote areas to have the same standard of dialysis treatment.

The presentation of the machines was made by Mr. Alan Mark Pryor, the General Manager, Kuala Lumpur Convention Centre. On hand to receive the machines on behalf of the Foundation was Mr. Chua Hong Wee, the NKF CEO.

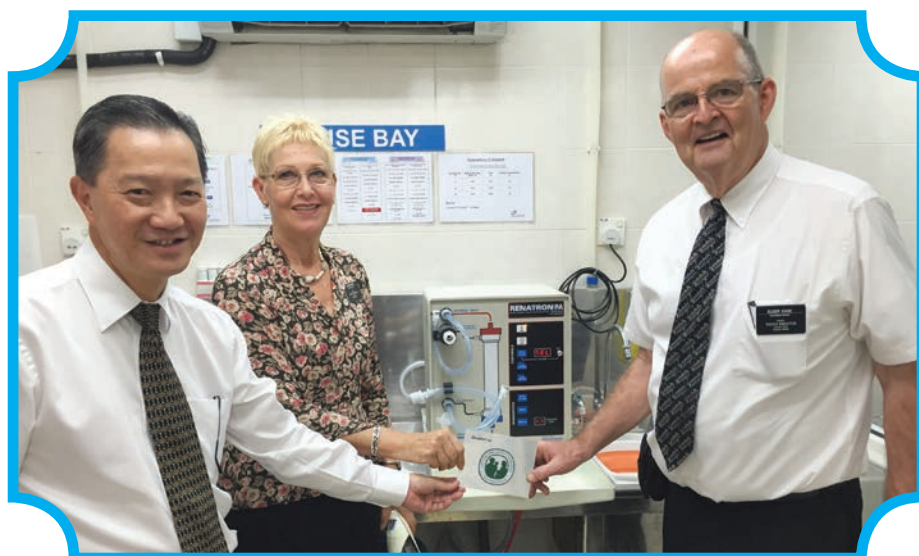
The Centre is a component of the Kuala Lumpur City Centre (KLCC) and is managed and operated by Convex Malaysia Sdn. Bhd., joint-venture company between KLCC (Holdings) Sdn Bhd and AEG Ogden Proprietary Limited, Australia.

The donation was part of the Centre's enhanced Corporate Social Responsibility (CSR) programme celebrating its 10th anniversary year (2015).

NKF truly welcomes the thoughtfulness of the Centre.

The 2 machines were sent to and utilised at Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).

Latter-Day Saint Charities (LDSC) Presented NKF With A Dialyzer Re-processor



On 15 January 2016 Latter-Day Saint Charities (LDSC) at a ceremony at Pusat Dialisis NKF- Dato' Dr. G. A. Sreenevasan (Petaling Jaya) handed over a new dialyzer re-processor worth RM33,920 to NKF.

The machine was yet another donation by LDSC to the Foundation. It was presented by Elder and Sister Kane representing LDSC to Mr. Chua Hong Wee, the NKF CEO and placed at Pusat Dialisis NKF - Dato' Dr. G.A. Sreenevasan (Petaling Jaya).

The gift is the second machine given by the LDSC. In 2015 it had given to the Foundation a dialysis machine, which was

placed in Pusat Dialisis NKF-Good Health (Kampung Pandan, Kuala Lumpur).

NKF thanks LDSC for its kindness and generosity in its pursuit to mitigate the hardships faced by the poor having their dialysis treatment in NKF

Toyota Tsusho (Malaysia) Sdn Bhd donated To NKF's Children Education Welfare Fund

On 4 December 2015, Mr. Chong Kah Yin, the Advisor for Toyota Tsusho (Malaysia) Sdn Bhd witnessed by some staff of his company and NKF presented a mock cheque for RM15,000 to NKF.

The money was for the NKF Children's Education Welfare Fund and was in turn distributed as monetary assistance to 58 school going children of patients dialyzing in the various dialysis centres in the Klang Valley.

It was to help the families of the children concerned to pay for the children's school going expenses in the beginning of the school year starting 2016.

Children undergoing Continous Ambulatory Peritoneal Dialysis (CAPD) and children of patients on haemodialysis treatment at Pusat Dialisis NKF - Dato' Dr. G.A. Sreenevasan (Petaling Jaya), Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur) Pusat Dialisis NKF -Charis (Cheras), Pusat Dialisis NKF - Kelab Apex (Klang), Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor), Pusat Dialisis NKF -Fungates Superflow (Kepong, Kuala Lumpur) Pusat Dialisis NKF -Bakti (Klang) were given assistance. 34 of them in secondary schools were each given RM300 while 24 in primary schools received RM200 each.

NKF thanks Mr. Chong for his presence in the presentation ceremony and his personal touch in giving out the hand-outs to some of the patients and their children. On top of it all, NKF is truly appreciative of Toyota Tsusho (Malaysia) Sdn Bhd for bringing cheers and hope to the families of the poor kidney failure patients.



NKF Received RM25,000 At The Spritzer Slide The City Malaysia

During the weekend for 5-6 December 2015, Monkey Theory Sdn. Bhd. working together with the Miss Event World and the support of "Perbadanan Putrajaya" organized the Spritzer Slide the City Malaysia. This anchor event featured a giant water slide the size of 3 football fields.

It was fun for those seeking the thrills of cascading down the huge slide amidst the screams of excitement and gusts of water shooting skywards. It was indeed a maiden event in the administrative capital of the country.

For the not so brazen souls, the event saw food being sold and there were games aplenty with much music and gaiety creating thus a carnival atmosphere for everyone from the young to old.

Not to be taken for granted were the health checks conducted by the NKF LifeCheck Mobile Team which provided amongst others tests for blood sugar level, readings for blood pressure and body mass index.

Added to the health checks was a booth to encourage pledges to donate organs and to disseminate pamphlets on organ donation.

In the wind-up to the joyful atmosphere, the organisers decided to channel some of the sales proceeds from the event to NKF in support of the Foundation's patients who are suffering from chronic kidney disease (CKD). To receive the mock cheque for RM25,000 was Mr. Chua Hong Wee, NKF CEO.



In Appreciation Of The Gifts Of 2 Dialysis Machines By Egg Plus Holding Sdn Bhd

On 3 February 2016, some management and staff members of Egg Plus Holding Sdn Bhd (Egg Plus) visited Pusat Dialisis NKF-Nanyang (Setapak, Kuala Lumpur) to see a dialysis machine the company had donated.

At the dialysis centre, Mr. Tang Hoe Fei, the Managing Director of Egg Plus was presented with a plaque by NKF CEO, Mr. Chua Hong Wee. The plaque is a token of appreciation from NKF for the gifts of 2 dialysis machines the company had given to the Foundation.

One machine was given in 2014 and is currently being used in Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur), whereas another given this year, being placed in Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim) in Kedah.



NKF Received RM10,000 From Loh & Loh Corporation Bhd

On 11 December 2015, Loh & Loh Corporation Bhd (Loh & Loh), a leading engineering group listed in Bursa Malaysia, celebrated the 50th Anniversary of its inception with a grand dinner at the Sime Darby Convention Centre.

To entertain the crowd at the dinner was Dato' Sheila Majid, a prominent Malaysian songstress who wowed the gathering with her performance.

The celebrations reached a crescendo when Mr. Marc Loh Choon Quan, the Managing Director, presented long service awards to staff who had loyally and dutifully served the company. Mr. Loh further presented donations to 5 charity organizations, including NKF.

On hand to receive the mock cheque for RM10,000 presented to NKF was Mr. Chua Hong Wee, the Foundation's Chief Executive Officer.

NKF sincerely thanks the company for its kindness and generosity.



Setapak Central Donated To NKF



On 16 December 2015, Setapak Central, a shopping centre, via the Executive Director of its management company Festiva Mall Sdn Bhd presented a mock cheque for RM10,000 to NKF.

The presentation ceremony was carried out at Pusat Dialisis NKF-Nanyang (Setapak, Kuala Lumpur) by Mr. Andrew Neary in the presence of patients and staff of the dialysis centre.

At hand to receive the cheque was Mr. Chua Hong Wee, the Foundation's CEO.

NKF was selected as one of the beneficiaries by Setapak Central.

The Foundation truly thanks the shopping centre management for the gift of the money to help sustain its operations.

NKF Among The Beneficiaries From A Christmas Bazaar

On 12 December 2015, The Subang Jaya Assembly of God and Love Subang Churches organized "The Year End Christmas Charity Bazaar" at The Summit Subang USJ from 11 in the morning till 9 in the night with the main purpose of raising funds for nine charities including NKF.

Members of both the churches put up booths and stalls to sell a variety of food and goods as well as to provide fun activities for both children and adults of all ages.

Visitors and others in the crowd thronging the site had the choice in the selection of delicacies, souvenirs, accessories and merchandise that were available for sale.

Also there to entertain the crowd were choirs with their repertoire of Christmas carols thereby giving the air of the Yuletide season.

At the same time, NKF with its LifeCheck Team set up a booth to carry out free health screening for the crowd. Amongst the free checks available were blood pressure and body mass index readings as well as free blood glucose tests.

On 30 December 2015, Datin S. Shobana, the NKF Head of Branding, Communications & Fundraising and Ms. Stephanie Wee, a staff of the NKF Fundraising Department received a mock cheque for RM9,000 on behalf of the Foundation from Rev. Wong Yin Ming at the church.



Bank Negara Malaysia Volunteers



NKF would like to sincerely thank all the Bank Negara Malaysia Volunteers for contributing towards NKF's poor kidney failure patients.

Your commendable efforts are greatly appreciated.

BORDERS (Berjaya Books Sdn Bhd) Raised RM5,796.75 For NKF

In conjunction with the Christmas festivity in 2015, Berjaya Books Sdn Bhd carried out a month long campaign "Gift Wrap For A Fee, We Will Give It To Charity" for the benefit of NKF.

In line with the campaign, NKF donation boxes were placed in all the outlets of the book-seller in both the Klang Valley and Penang namely Gardens Mall, Bangsar Village 2, Pantai Hospital, The Curve, Tropicana Mall, IOI City Mall and Queensbay Mall.

Following the winding up of the campaign, RM5,796.75 was collected. The cash was handed over to Ms. Stephanie Wee, a staff of NKF Fund-raising Department by Mr. Edison Ho of Borders Malaysia on 20 January 2016.

NKF is fully appreciative of the sincere efforts of the Management and Staff of the company for the collection.



Students Of International Islamic University Malaysia Did Their Worthy Part For NKF

On 16 November 2015, students of Practicum 3999 Class of the International Islamic University Malaysia embarked on a campaign to raise funds in aid of the poor patients having their dialysis treatment in centres of NKF.

The campaign kicked off with the students helping to sell merchandise which they had obtained from NKF and using NKF donation boxes to solicit donations.

Among the items for sale were the NKF umbrellas, button badges, canvas bags, wrist bands, fridge magnets

They then proceeded to use their ingenuity to sell the merchandise to the campus community and members of the public. Likewise, in seeking donations, they too approached individuals from within and outside the university.

To add to their boundless energy in raising money through this approach until 11 December 2015 they capped their activities by organizing a charity dinner with half the cost of food sponsored by the China Islamic Cuisine, while the décor for the function was done by Elzawa Couture.

Among the highlights of the dinner were a video show of student life in the university, lucky draws, songs and speeches.

As a result of their prolonged and selfless sacrifices in seeking money for NKF, a total of RM5,214.15 was collected from the entire combination of the activities covering a time-frame of nearly a month.

NKF is profoundly grateful to the worthy actions of the students in the Practicum 3999 Class of the International Islamic University Malaysia.



NKF Received From MyZouk



On 5 January 2016, MyZouk a Brazilian Zouk dance group presented a mock cheque for RM2,871 which the group had raised for NKF. The money was to help NKF in its work in providing subsidized dialysis treatment to its poor patients suffering from chronic kidney disease (CKD).

The cheque was handed over by Ms. Charlotte Chong, the Chairperson for the group's fund raising committee and by Mr. Loo Leap Hern, a member of the committee.

On hand to receive the cheque on behalf of the Foundation was Mr. Chua Hong Wee, the CEO of NKF.

The money was raised by MyZouk, who is made up of a group of student volunteers and avid social dancers who have a passion for Zouk dance and music.

NKF is deeply touched by the selfless and humane efforts of MyZouk.

INTI International College Subang Raised RM1,100 for NKF

On 17 November 2015, about 200 individuals made up principally of students from the INTI International College, Subang, purchased tickets to watch the finals of the talent charity show "Dream Out Loud". The show was organized by the Student Action (STACT) Club of the college.

The show grossed a profit of RM1,100 which was donated to NKF.

On 8 December 2015, Ms. Samantha Wong, the Organising Chairman of the STACT Charity Night 2015 together with Ms. Lim Ee Shing and Ms. Connie Lee, the two other Vice Organising Chairpersons, presented an envelope containing the cash to the NKF CEO, Mr. Chua Hong Wee in the Conference Room of the NKF Head Office.



NKF greatly appreciates the efforts and sacrifices of the students in the STACT Club of INTI International College, Subang in raising money for the noble cause to help poor patients dialyzing in NKF.

Direct Debit Donor Programme (DDDP) October - December 2015

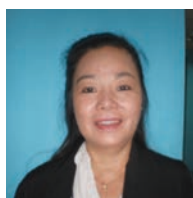
Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the months of October to December 2015.

Ampang Puteri Specialist Hospital, Selangor	Hospital Tengku Ampuan Jemaah, Selangor
Boustead Curve Sdn Bhd, Selangor	Hospital Tengku Ampuan Rahimah, Selangor
Damansara Specialist Hospital, Selangor	Hospital Tuanku Jaafar Seremban, Negeri Sembilan
Dataran Pahlawan Melaka Megamall, Melaka	ICS Integrated Sdn Bhd, KL
EM Exhibitions (M) Sdn Bhd, KL	Jelas Puri Sdn Bhd, Selangor
Hospital Angkatan Tentera Tuanku Mizan, KL	KPJ Rawang Specialist, Selangor
Hospital Pantai Ampang, KL	Menara Vads, TTDI KL
Hospital Putrajaya, Wilayah Persekutuan	PCP Publications, KL
Hospital Serdang, Selangor	Prima Properties Management Sdn Bhd, Selangor
Hospital Sultanah Aminah, Johor	Real Estate & Housing Developers Association Malaysia (REHDA), Selangor
Hospital Sultanah Bahiyah, Kedah	Straits Quay Marina Mall, Penang
Hospital Sultanah Hajjah Kalsom, Pahang	Sunway Giza Mall, Selangor
Hospital Sungai Buloh, Selangor	Sunway Pyramid Shopping Mall, Selangor
Hospital Teluk Intan, Perak	

NKF's TOP 5 FUNDRAISERS

Cheers to our top 5 fundraisers. We are proud to present to you



Chan Kam Moon



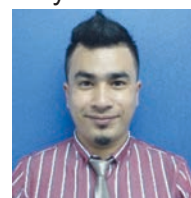
Vishvanathan A/L
Arumugam



Shammini A/P
Ganesan



Peh Yip Peng@Ice



Che Ku Ilhaam
Hambali Bin Hashim

NKF is pleased to announce our Top 5 fundraisers for the 4th Quarter of 2015. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the efforts they have taken in helping our dialysis patients.



YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA

NATIONAL KIDNEY FOUNDATION OF MALAYSIA PPM-002-10-12021969

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

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