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**Raja Muda Of Perlis'
Donation To Pusat Rawatan Dialisis
Tuanku Syed Putra - NKF(Kangar)**

Who's Who @NKF

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Message From Chief Editor

Greetings from the National Kidney Foundation of Malaysia!

Even with the present subdued economic conditions, we would still have to look at our work from a long term perspective. In spite of the sluggish economy, many of the companies that had been donating to us have utilized the surpluses that they had accumulated from the good times. Such scenarios can be discerned from the stories in this issue of our newsletter. Likewise, the individual donors who had not been or little affected by the downturn of economic events have continued to support us. We are grateful to them during this time.

In addition, our spirits were greatly lifted by the enthusiastic participation of the public including our patients at events we had organized to-date - WKD 2016 Celebrations in Metropolitan Park, Kepong, NKF Open Day within the Secretariat office, 12th Patient Forum 2016 at Premiere Hotel, Klang and 3rd Renal Nutrition Seminar at InterContinental Hotel, Kuala Lumpur. More about the latter three events are disclosed in articles in the subsequent pages.

Finally, in promoting awareness of kidney diseases, we had not curtailed our health screening operations, and we saw our LifeCheck Mobile Health Screening Unit based in Alor Setar carrying out its work out of the Kedah state capital to the town of Baling.

Until then, happy reading.

Cheers.

Dr. Prasad Menon
Chief Editor

NKF DIALYSIS CENTRES

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2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar).	04-7340215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar).	04-7352190
4. Pusat Dialisis Amal FO Y1 - NKF (Unit I) (Penang).	04-2824952
5. Pusat Dialisis NKF - FO Y1 (Unit II) (Penang).	04-2828701
6. Pusat Dialisis NKF - Lions, Penang.	04-2101555
7. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping.	05-8041633
8. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh).	05-3215921
9. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya).	03-79549048
10. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor).	03-61371884
11. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur).	03-62519850
12. Pusat Dialisis NKF - Kelab Apex (Klang).	03-33417009
13. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur).	03-40217704
14. Pusat Dialisis NKF - Bakti (Klang).	03-33239424
15. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
16. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
17. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
18. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
19. Pusat Dialisis NKF (Kota Bharu).	09-7475834
20. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
21. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
22. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
23. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
24. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
25. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
26. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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NKF's 12th Patient Forum 2016



For the first time since 2007, NKF Patient Forum returned to the Klang Valley on 10 April 2016, when it was held at the Premiere Hotel in Klang in the State of Selangor.

This 12th Forum with the theme “Improving the Quality of Your Life” was a great success with attendance of approximately 400 participants comprising patients, caregivers and staff of NGO, private and government dialysis centres in Selangor.

The Forum speakers comprised experienced nephrologists, the Social Security Organisation’s (SOCSCO) General Manager of Medical and Rehabilitation, NKF’s dietitian and a counsellor/motivator. Participants had the opportunity to gain information on kidney diseases and tips on improving survival in dialysis treatment, renal nutrition and financial assistance and services offered by SOCSCO. A

motivator concluded the forum on a positive note by encouraging the audience to think positively about themselves and life in general. The topics presented were relevant to them; many patients said that they understood their situation better and knew where and who to look for if they needed assistance. The forum provided much encouragement and hope to them to improve the quality of their lives.

Y. B. Puan Dr. Daroyah Binti Alwi, the Chairman of the Health, Welfare, Women and Family Development Committee in the Selangor State Executive Council was the Guest-of-Honour at the Forum.

In her speech she reiterated, “This Forum serves as a landmark of commitment reflecting NKF’s constant focus to further assist kidney patients in Malaysia as well as improve their lives. It is also important for the general public to be aware of such a health hazard so as to prevent kidney related diseases and move forward as healthier Malaysians”.

Aside from presentations by speakers at the Forum proper, Perkeso, Nestle Health Science, Vista Eye Specialist, KPJ Healthcare and NKF Public Education Department (PED) displayed their products and services.

At the front of the hotel, NKF’s LifeCheck bus carried out free health screenings as guests and participants took the opportunity to check their blood pressure, urine, blood glucose, cholesterol and BMI.



At the end of the Forum, goody bags sponsored by Hwa Tai and Nestle Health Science were given to those who had registered for the Forum, while patients also received an NKF umbrella each.



3rd Renal Nutrition Seminar at InterContinental Hotel, Kuala Lumpur.

NKF together with the International Federation of Kidney Foundations (IFKF), Universiti Kebangsaan Malaysia (UKM), Universiti Putra Malaysia (UPM) and the Malaysian Dietitians' Association (MDA) hosted the 3rd Renal Nutrition Seminar.

The Seminar was held on 2-3 June 2016 and was attended by both local and overseas participants who included nephrologists, dietitians, medical doctors, pharmacists and nurses.

Some of the participants were from U.S.A., Singapore, India and Indonesia.

In welcoming the participants, Mr. Goh Seng Chuan, the Vice-Chairman of the NKF Board of Directors said, "This meeting gives us an opportunity to share with you our knowledge and expertise in the field of nephrology as well as to listen and interact with you in a reciprocal teaching-learning environment. We have drawn up a mixed bag of goodies for you with formal lectures, workshops and interactive sessions so that we may maximize our learning time together."

Leading the seminar were two renowned international personalities in the field of renal nutrition - Professor Joel D. Kopple M.D. and Dr. Maria Chi-Fei Chan.



Professor Joel D. Kopple M.D. is currently a Professor of Medicine and Public Health at the David Geffen School of Medicine at the University of California, Los Angeles (UCLA) and the UCLA Fielding School of Public Health. For 25 years, Professor Kopple was the Chief of the Division of Nephrology and Hypertension at Harbor-UCLA Medical Center and is also known as the Father of Renal Nutrition.

Dr. Maria Chan is an Advanced Accredited Practising Dietitian (AdvAPD) and the Lead Renal Dietitian at the St. George Hospital in Sydney, Australia. She has vast clinical nutrition experience.

Amongst the local speakers included Dr. Tilakavati Karupaiah, Associate Professor of UKM and Dr. Zulfitri 'Azuan Mat Daud, Senior Lecturer in the Faculty of Medicine & Health Sciences, UPM.

In addition, booths were set by suppliers/providers of medical products/services to display or disclose the products/services they are providing.

We thank the following for their sponsorship of the Seminar.

1. BP Healthcare Group
2. Novartis Corporation (M) Sdn Bhd - Sandoz Division
3. Aspen Sarl Sdn Bhd
4. Ceremedic Sdn Bhd
5. Kejuruteraan & Servis SE Sdn Bhd
6. Setia Hospimart
7. Abbott Laboratories (M) Sdn Bhd
8. Nestle Products Sdn Bhd
9. Pathology & Clinical Laboratory (M) Sdn Bhd
10. AJ Research & Pharma Sdn Bhd
11. Steriline Sdn. Bhd.
12. Fresenius Kabi Malaysia Sdn Bhd (for lunch symposium only)



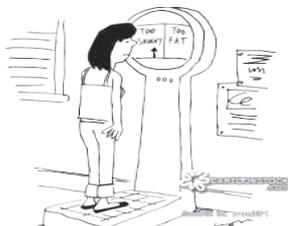
Eating Enough Energy for Dialysis by Ms. Kher Pui Ling, NKF Dietitian

People on dialysis treatment are advised to restrict their phosphorus, potassium and salt intake. Sometimes, these restrictions may cause them to have difficulties in getting enough calories to have adequate nutrition and energy each day, which can affect their daily activities throughout the day and their health status in the long run. Not eating enough to generate energy can cause fatigue, unintentional weight loss, malnutrition, and thus a higher risk of infection for people on dialysis. These may lead to a poor quality of life. The possible reasons that may cause dialysis patients not getting enough energy from their diet are as follows:-

- **Dialysis diet limits foods from some food groups.** Dialysis people may eat fewer calories because they have to omit these foods.

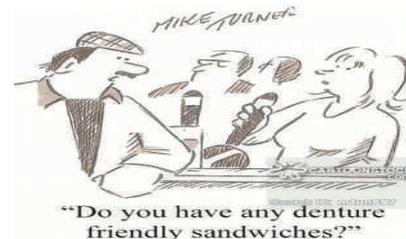


- **Appetite.** People on dialysis often experience short or long term appetite problems which interfere with their food intake.
- **More calories are needed when on dialysis.** There are some nutrients lost through dialysis and research shows that the body uses up more energy during dialysis.



- **Denture problem in elderly.** The elderly with denture problems (tooth loss, poor fitting dentures) may dispense with foods they can no longer bite, chew, or easily swallow and those that irritate their mouths. The more foods they dispense with in their diet, the greater will be their chances

in developing malnutrition.



In the latter paragraphs will be explained what dialysis patients especially those who are not eating adequately can do to make sure that they get enough calories from their diet while eating healthy.

Kidney-friendly carbohydrates and energy

Carbohydrates are the body's main energy source. Carbohydrate food sources include grains (breads, rice, noodles), starchy vegetables (potatoes, pumpkins, corns), beans and legumes (lima beans, chickpeas, red beans), fruits (apple, papaya, watermelon) and simple sugars (honey, table sugar, syrup). In order to have optimal energy, it is important to have a consistent amount of carbohydrates at every meal as the timing of meals is closely associated with an individual's energy level especially for a person with diabetes. Skipping meals or eating meals too far apart is unhealthy because it may lead to inadequate nutrition and uncontrolled blood sugar levels. However, some carbohydrate foods are high in phosphorus and potassium (wholegrain products, potatoes, bananas etc). Hence, people on dialysis treatment who need to control these nutrients may need to limit these foods and replace them with a lower content of phosphorus and/or potassium. For example:

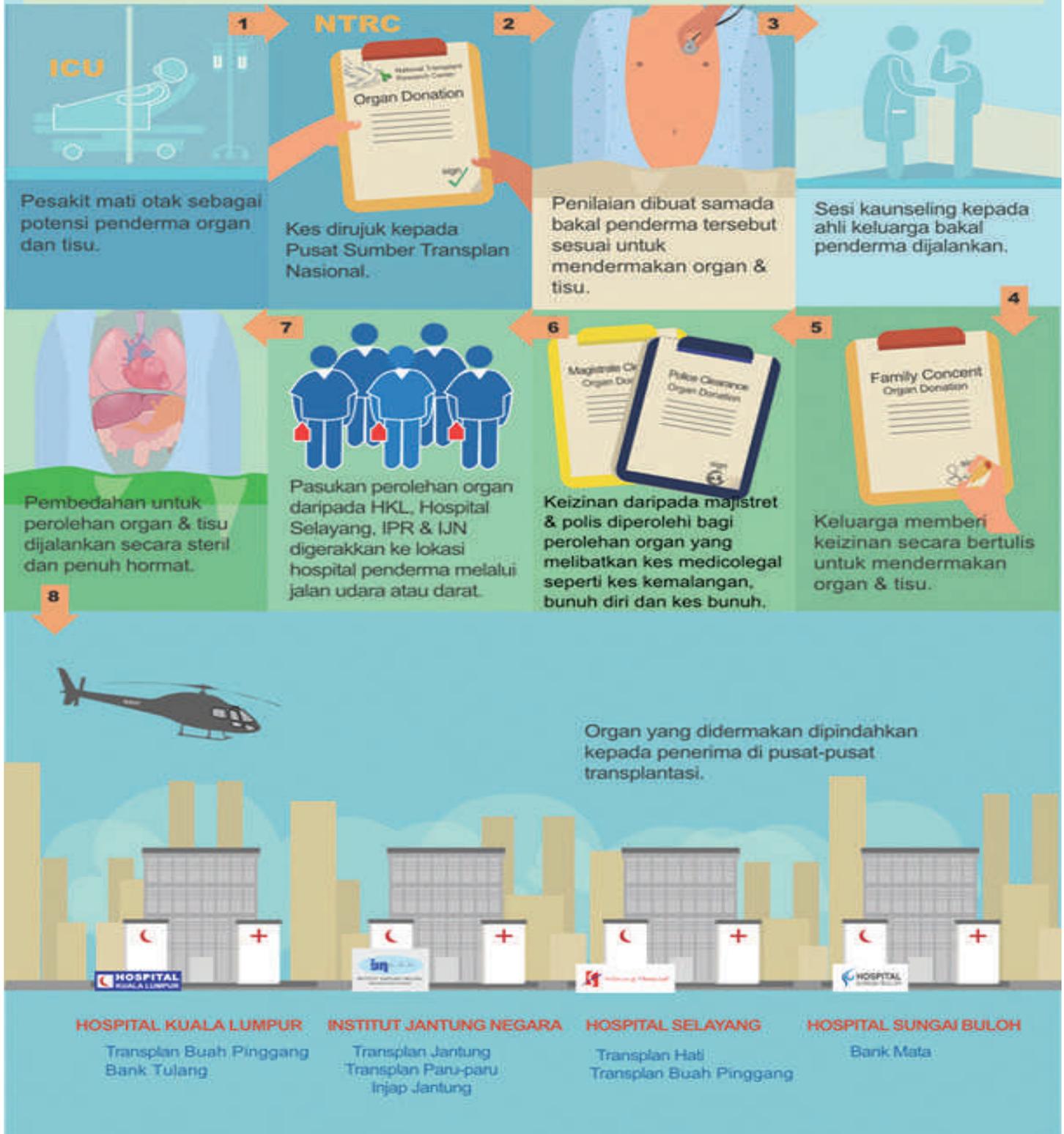
	Better Option
Brown rice, multigrain rice, rolled oats, whole grains bread & pratas	White rice, basmati rice, noodles, pastas, rice cereals, bread and bread products (not whole grains)
Plantains, bananas, durians, jackfruits & dried fruits	Apples, pineapples, pears, guavas and papayas

Part 2 of this article will be published in the subsequent Share Newsletter.

Source : Derma Organ Facebook - Pusat Sumber Transplan Nasional (NTRC)

DERMA ORGAN

FAKTA DAN PROSEDUR MENGENAI PENDERMAAN ORGAN DI MALAYSIA



NKF LifeCheck Mobile Health Screening In Baling, Kedah

The NKF LifeCheck Mobile Health Screening Team based in Alor Setar was in the remote town of Baling from 7-11 March 2016. The team, consisting of 7 members, was led by Cik Noor Syuhada Binti Haji Mat. It was at different locations on various dates in the town.



The screening for the duration covered:-

- i) Blood pressure readings for the risks of stroke, heart and kidney diseases
- ii) Urine test for glucose, protein and blood to screen for diabetes and kidney diseases
- iii) Blood glucose reading for risks of diabetes
- iv) Body mass index/waist circumference measurements to assess risks of heart and blood vessel diseases as well as other related diseases
- v) Counselling to reduce the risks of diabetes, heart and kidney diseases
- vi) Blood cholesterol tests to indicate the risk of heart and blood vessel diseases (optional)

As the team had to travel from Alor Setar on the first day of screening, it began its work at 10 in the morning at Dewan Kg. Sungai Limau, in the Mukim of Pulai. At the place, members of the Team met Encik Badrol Hisham Bin Che Lin, the local person at the scene coordinating all the necessary arrangements to make the screening possible, including putting up posters and disseminating news of the impending screening.

The screening on 7 March lasted until five in the afternoon with the result that 60 persons were screened.

While the screening was being done, a health talk on kidney care in Bahasa Malaysia with the topic "Kidney Disease: Common, Harmful But Treatable" was given by Cik Ruwaida Binti Mohd Azid.

The Team continued with the screening covering the same readings/tests on the following days at the locations mentioned below where it was again met by the respective contact persons on the ground. Since the Team was already in Baling, it began operations earlier on these dates from 9 in the morning and ended work at 4 in the afternoon.

March 2016	Health Screening Location	Contact Person/s
8	Pejabat UMNO Kuala Ketil, Mukim of Tawar	Encik Abu Hassan Bin Jaafar / Encik Mohd Daud Bin Ismail
9	Tapak Pekan Hari, Mukim of Baling	Encik Muhammad Fazdli Bin Aliyasa
10	Masjid Pekan Parit Panjang, Mukim of Teloi Kanan	Encik Abdul Lattip Bin Ismail
11	Surau an Nur Taman Mesra Kupang	Encik Mohamad Kamil Bin Mustaffa

Following the end of screening, the number of individuals screened on the various dates was as follows.



In addition, since the health talk of around 45 minutes in Bahasa Malaysia was an option, it was presented by Cik Noor Syuhada Binti Haji Mat on 10 March and by Cik Ruwaida Binti

Mohd Azid on 11 March 2016 at the same premises where the screening occurred.

March 2016	No. of Persons Screened
8	49
9	113
10	92
11	128

NKF Open Day In Petaling Jaya

In conjunction with the World Kidney Day which fell on 10 March this year, NKF followed suit by celebrating the occasion with an open day.

Prior to that day, notices were circulated within the neighbourhood of the NKF Secretariat premises and amongst patients of NKF disclosing the activities during the day together with the commencing and ending times for these activities.

Besides NKF using its LifeCheck Mobile Health Screening services for the occasion, companies and even the Malaysian Ministry of Health were invited to set up booths for exhibitions and for providing other health care services.

Health checks by the NKF LifeCheck Mobile Screening Team on board the NKF bus covered the following:-

- Blood pressure readings
- Urine tests
- Blood sugar tests
- Body Mass Index/Waist Circumference
- Counselling
- Blood cholesterol (optional)



NKF had a booth exhibiting and distributing literature on kidney diseases as well as answering enquiries in relation to the diseases. Even the recently established NKF Organ Donation Unit had a booth to promote organ donation and to get those coming to the Secretariat grounds to pledge their organs for donation.

The Pharmaceutical Service Division of the Ministry of Health had a booth to explain medication, management techniques and issues on pharmaceuticals, while Vista Eye Specialist at its booth attracted crowds who were seeking basic eye screening. Other booths drawing hordes of people were those by Spectrum of Life which provided stress and iridology assessments.

Apart from the above exhibitions and services, there were services provided by Pusat Urut Terapi dan Refleksology OKU Shah Alam and a talk on "A Gift of Life" given by Dr. Yuzana Mohd Yusop, the Head of Health Promotion Unit in the National Transplant Resource Centre (NTRC).



Raja Muda of Perlis Presented A Donation Of RM200,000 to NKF



On 16 February 2016, Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar) had a visit in the afternoon from a very special guest - the Raja Muda of Perlis, Tuanku Syed Faizuddin Putra Jamalullail.

His Majesty arrived at the dialysis centre which was the last leg of a 12 kilometer cycling trip he had made with an entourage of 100 cyclists from the Perlis Public Works Department and from amongst members of the Perlis Cycling Club.

At the centre, the Raja Muda as the Chairman of the Perlis Tuanku Syed Putra Foundation in a ceremony presented a cheque for RM200,000 to the 1st Vice-Chairman of the Centre, Tengku Puteri Utama Perlis, Datuk Seri Diraja Sharifah Salwa Putra Jamalullail. The money represented the donation of the Perlis Tuanku Syed Putra Foundation and Harmony Foundation.

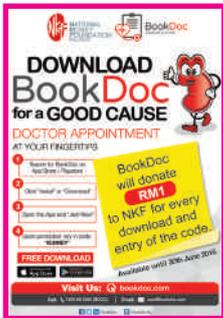
At the ceremony, His Majesty mentioned that the donation would go towards meeting the needs of patients. The event was witnessed by amongst others senior members of the centre's management committee as well as other NKF staff members.

The Raja Muda and his entourage then proceeded to have a tour of the centre and greeted patients undergoing their dialysis.

NKF graciously thanks His Majesty for the visit and for the kind and generous donation.



NKF Joined BookDoc To Assist The Public Search For Kidney Related Information & Services



On 4 April 2016, the NKF CEO, Mr. Chua Hong Wee and the founder-cum-CEO of BookDoc, Dato' Chevy Beh launched the collaboration between the two organisations to ease the search by the public for kidney related information and services involving the Foundation. BookDoc is an online healthcare app in Malaysia, Singapore and Hongkong.

With this arrangement, members of the public can search for the contact information of all NKF dialysis centres at any time by means of the BookDoc mobile app, which is available free-of-charge in both App Store and Google Play Store. Furthermore, the BookDoc app enables users to apply to be NKF patients and navigate to the nearest centre via its add-on features and embedded links.

Apart from dialysis information and services of NKF, the public can also search and select the schedules and location of the NKF LifeCheck Health Screening (a mobile health check service) also free-of-charge through BookDoc. To make use of the health screening facility, a user need to download BookDoc App, register and search for "NKF LifeCheck" before booking an appointment. The user will thus have the health screening booked through his fingertips.

In commemorating the launch and World Kidney Day 2016 which was celebrated on 10 March 2016, Dato' Beh announced that BookDoc would be donating from 4 April to 30 June 2016 RM1 to NKF every time a new user of the app keyed in the word "KIDNEY".

NKF appreciates having an additional partner to extend its efforts in providing health care to dialysis patients and health screening to the general public especially those in the areas not easily accessible to medical amenities.



Patients And Their Care-givers At Lion's Club Of Alor Setar (Host) 50th Golden Jubilee Dinner

On 9 April 2016, the Lions Club of Alor Setar (Host) celebrated its 50th Golden Jubilee at the Sentosa Regency Hotel in the capital of Kedah.



Since the Club is a partner in Pusat Dialisis NKF - Kelab Lions Alor Setar (Alor Star), the organization invited patients together with their care-givers and staff members of the dialysis centre to the dinner.

As a result, 75 individuals affiliated with the centre attended the dinner.

At the function, 15 children of the patients were awarded financial assistance for their education. Altogether RM 2,600 was given to these children.

For the duration of the dinner, the guests and other participants were entertained with songs and dancing which ended at 11.00 p.m.

NKF thanks the Lions Club of Alor Setar (Host) in particular its President, Mr. Ang Bok An, for its good deeds in providing monetary assistance and bringing cheers to the Foundation's patients.

Nurses' Day At Pusat Dialisis NKF -Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh)

6 May 2016 was an especially meaningful and exciting day for the nursing staff at Pusat Dialisis NKF -Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh). In conjunction with the Nurses' Day the nursing staff at the centre led by the Staff Nurse-in-Charge Tam Mun Heng came to work without their usual attire.

By coming to work so casually for first time in their working lives with the centre, they caught the patients by surprise and brought about much informality and gaiety, thereby breaking the drudgery in dialysis for the day.

To bring about a more relaxed atmosphere, both patients and staff were engaged in a mini feast.



Kind-hearted And Generous Businessman Donated Towards Procuring Two Dialysis Machines For NKF



In February 2016 at the NKF Secretariat premises Mr. Ong Kan Bin a well-known, generous and kind-hearted businessman in Klang made a presentation of 2 cheques to purchase 2 dialysis machines for NKF.

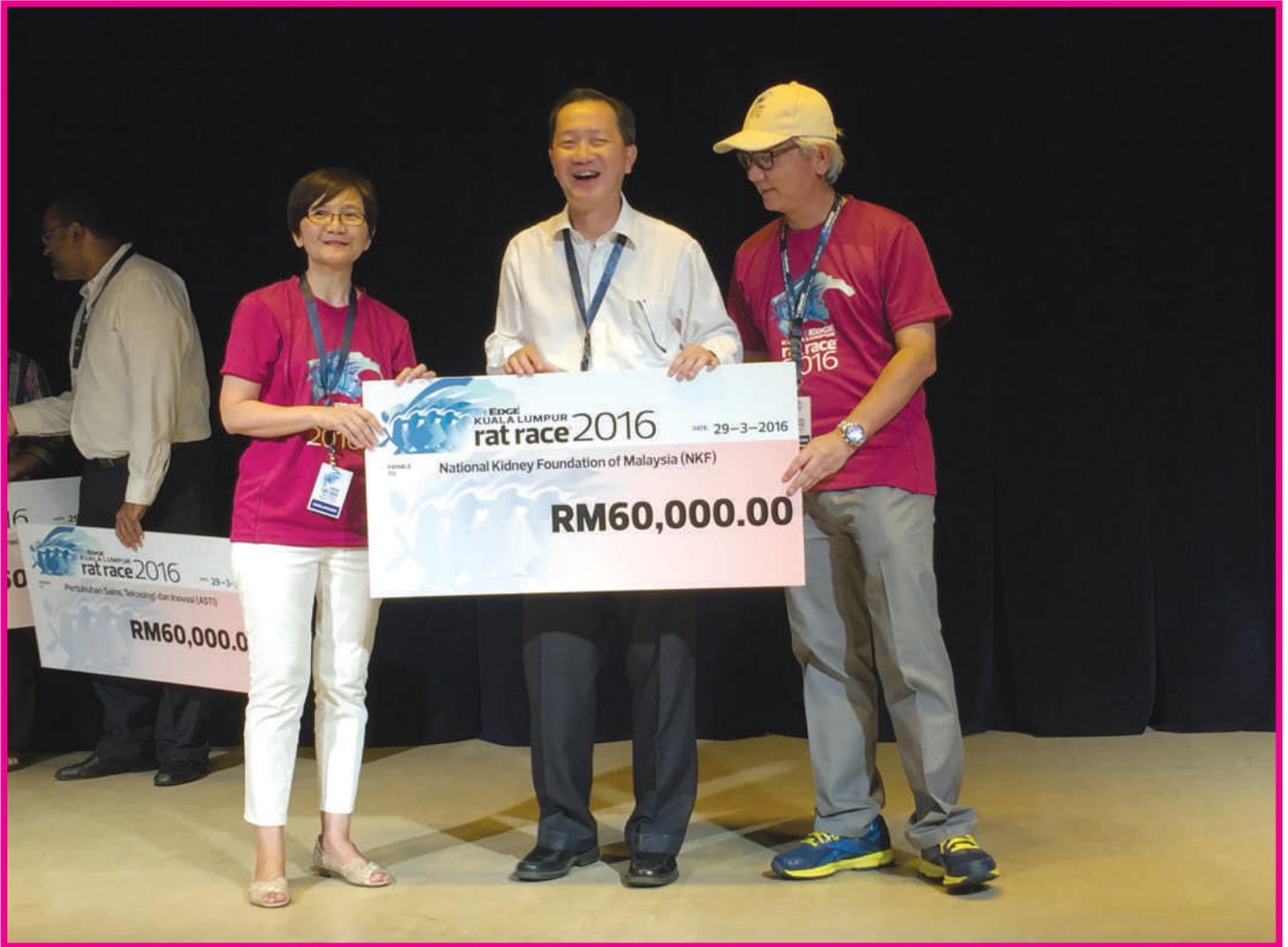
The donations were received by Mr. Chua Hong Wee, the NKF CEO on behalf of the Foundation.

As he is a well-known personality in Klang Mr. Ong Kan Bin has expressed a desire for the two machines to be placed at Pusat Dialisis NKF - Kelab Apex where they can be used to provide dialysis treatment to poor patients from Klang and nearby areas.

These machines are additions to two earlier dialysis machines that Mr. Ong Kan Bin had donated to NKF.

NKF is truly and graciously appreciative of the marvelous gifts of two machines from Mr. Ong Kan Bin.

The Edge Education Foundation Gave NKF RM60,000



On 29 March 2016, at a dinner held at the Saloma Theatre Restaurant, The Edge Education Foundation donated a sum of RM60,000 to NKF.

Mr. Ho Kay Tat, the Group CEO and Publisher of The Edge Media Group and Ms. Dorothy Teoh, the Chief Executive Officer of the Foundation jointly presented a cheque for the amount to Mr. Chua Hong Wee, the NKF CEO.

The ceremony at the dinner stage was witnessed by participants who in the afternoon of the day were vying with one another in “The Edge Kuala Lumpur Rat Race 2016” organized by the media group.

The money donated was amongst the other sums raised at the race for charitable organisations apart from NKF and was for the NKF’s Children’s Education Welfare Fund. It will be used by NKF to provide financial assistance to school going children of NKF patients who are generally poor. This assistance is to help pay for the school expenses of these children especially at the beginning of the school year.

NKF truly appreciates the kind gesture of The Edge Foundation in helping the students to tide over a most troubling time faced by their financially strapped families before the onset of the new school year.

CQ-Tec Sdn Bhd Donated RM53,324.65 To NKF

In conjunction with the CQ Breyer Convocation Day on 14 December 2015 at the Kuala Lumpur Convention Centre, CQ-Tec Sdn Bhd presented a mock cheque of RM53,324.65 to NKF.

CQ Breyer Group of Colleges provides vocational training to students in hospitality, office administration, electrical and industrial electronics, computer repair and maintenance in order to build a career but also posses essential employability soft skills that make them successful immediately after graduation.

The presentation in the form of a mock cheque was made by Dato' Abdul Latif Bin Awang, the Chairman of the CQ Breyer Group of Colleges.

On hand to receive the cheque on behalf of the Foundation was Mr. Chua Hong Wee, the NKF CEO.

In following through the campaign, donation boxes were placed in all the 3 CQ Breyer Colleges in Batu Caves, Kuala Lumpur and Sunway.

The sum donated was for the purchase of a dialysis machine which had already been placed in Pusat Dialysis NKF (Kota Bharu) and the balance was used for our Public Education's LifeCheck Health Screening Programme.

NKF sincerely thanks the management and staff of the company as well as those who had helped the company to realise its objective in raising the money for a humane cause.



Gift Of Another Dialysis Machine By Kuala Lumpur Convention Centre

Following the presentation on 29 January 2016 of 2 dialysis machines to NKF by the Kuala Lumpur Convention Centre (the Centre), they followed up with a recent donation of a third machine worth RM45,000. The additional machine was sent and utilized at Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor) to provide care for more patients who are desperately in need of treatment.

Like the earlier donation, the subsequent gift was also part of the Centre's enhanced Corporate Social Responsibility (CSR) programme of its 10th Anniversary (2015).



In the words of Mr. Alan Mark Pryor, Kuala Lumpur Convention Centre General Manager, "We always strive to be a socially, economically and environmentally responsible organization that aims to give back to Malaysia and the community within which it is based. As such, we are delighted to expand our long standing relationship with NKF and would like to congratulate the Foundation in its efforts to raise funds to improve the standard of care and aid those who are suffering from various kidney related diseases".

Dialysis Machine From ALC College For NKF



On 11 March 2016, ALC College at a ceremony at Pusat Dialisis NKF - Bakti (Klang) presented a dialysis machine worth RM42,000 to NKF.

The ceremony of the hand-over was when Mr. Edmund Edward , the Chief Executive of the College, stuck a plaque on the machine which was formally witnessed by the NKF CEO, Mr. Chua Hong Wee as the representative of the Foundation.

The hand-over ceremony was witnessed by some students and staff members from ALC College.

The college being a private entity offers tertiary education in accountancy, business studies, hotel management, logistics management, English language and information technology.

ALC College had on previous years donated dialysis machines to NKF, and the current machine is currently being used at Pusat Dialisis NKF - Bakti (Klang).

NKF sincerely thanks the management, staff and students of ALC College for their generosity and kindness in giving dialysis machines to NKF to help poor patients in the Foundation to have access to dialysis.

Leo Club of SMK Damansara Jaya Donated A Dialysis Machine

In sympathizing with the sufferings of needy poor patients dialyzing at the centres of NKF and understanding that the charitable non-profit organization needs to constantly replace dialysis machines which have reached the end of their life cycles, the Leo Club SMK Damansara Jaya for the third consecutive year in 2016 organized the "From Gift To Gifts 3" Charity Concert to purchase a dialysis machine for the Foundation.

At the concert held at the MBPJ Civic Hall in Petaling Jaya on the night of 26 March 2016, the dialysis machine of RM40,000 was presented to the NKF CEO, Mr. Chua Hong Wee, by members of the Leo Club Committee. The presentation was witnessed by Mr. Ganapathy a/l Bass, the Guest of Honour for the concert as well as the Principal of SMK Damansara Jaya.



In his speech as the Special Guest for the concert, Mr. Chua Hong Wee said, "Thank you very much to the Leo Club of SMK Damansara Jaya under the leadership and guidance of Lions Clarence Koh of Lions Club of Petaling Jaya for selecting the National Kidney Foundation of Malaysia to be part of this auspicious charity concert. We are indeed very grateful."

He also paid tribute to Mrs. Ng Yoke Chan, the Concert Adviser, who had been guiding the Leos for the past concerts including this concert and subsequently presented her with an appreciation plaque.

The machine had been placed in Pusat Dialisis NKF (Kota Bharu).



NKF Received RM20,736.26 From Sunway Medical Centre



On 20 April 2016, Mr. Choo Voon Chee, the Acting Chief Executive Officer of Sunway Medical Centre (SunMed) at a ceremony at the NKF- Berjaya Resource Centre in Petaling Jaya presented a mock cheque for RM20,736.26 to the Foundation. To receive the cheque were Mr. Chua Hong Wee, the NKF CEO and Datin Shobana Kamalanathan, the Foundation's Head of Branding, Communications and Fundraising.

The money had been raised from a public donation campaign - the #30DaystoHappy Kidney Challenge together with efforts made on the ground as well as online, leading at the end to RM10,368.13 being raised. This amount was matched by SunMed to add to a total of RM20,736.26.

Under the challenge which ran from 12 October 2015 to 6 March this year, any one donating a sum of RM11 and above received a "Happy Kidney Challenge" pledge card. Within the card was featured a 30-day calendar with a different activity for each day in order to enable the donor to learn about kidney health and also

to adopt kidney healthy practices.

The money presented would be used to help defray costs incurred by the Foundation in providing haemodialysis to its poor patients.

Also at the ceremony was the presentation of another mock cheque for RM5,000 to the Grand Prize winner of the contest, Ms. Sue-Ann Chia Yui Quan, a member of the staff in the Sunway Group.

NKF sincerely thanks SunMed for its generosity and kindness. In the words of Mr. Chua Hong Wee, "Your trust and continued support inspire us to carry on doing what we do best."

Direct Debit Donor Programme (DDDP) January - March 2016

Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the months of January to March 2016.

Boustead Curve Sdn Bhd, Selangor	Institute Perubatan Respiratori, KL
City One Megamall, Sarawak	Jelas Puri Sdn Bhd, Selangor
Damansara Specialist Hospital, Selangor	Johor Premium Outlets, Johor
DEMC Specialist Hospital, Selangor	Jusco Metro Prima Shopping Centre, KL
EM Exhibitions (M) Sdn Bhd, KL	KPJ Kajang, Selangor
Hospital Ampang, Selangor	Langkawi Airport, Kedah
Hospital Bukit Mertajam, Penang	Malaysia Retail Chain Association (MRCA), Selangor
Hospital Jitra, Kedah	Pantai Hospital Cheras, KL
Hospital Kluang, Johor	Pantai Hospital Klang, Selangor
Hospital Kota Tinggi, Johor	Plaza Metro Kajang, Selangor
Hospital Kuala Kubu Bharu, Selangor	Putra Medical Centre, Kedah
Hospital Pulau Pinang, Penang	Sime Darby Medical Centre, Selangor
Hospital Selayang, Selangor	Spectrum Shopping Mall, Selangor
Hospital Serdang, Selangor	Sphere Exhibits Malaysia Sdn Bhd, KL
Hospital Sultanah Nora Ismail, Johor	Sri Kota Medical Centre, Selangor
Hospital Sungai Buloh, Selangor	Sunway Carnival Mall, Penang
Hospital Tengku Ampuan Rahimah, Selangor	Sunway Giza Mall Sdn Bhd, Selangor
Hospital Tuanku Fauziah, Perlis	Sunway Medical Centre, Selangor
Hospital Tuanku Jaafar Seremban, Negeri Sembilan	

NKF's TOP 5 FUNDRAISERS

Cheers to our top 5 fundraisers. We are proud to present to you



**Magdalene Hon
Nee Fah**



Lim Kah Kheng



**Emei Syaira
Mohd Yusuff**



**Rajasegara
A/L Seghar**



Chan Kam Moon

NKF is pleased to announce our Top 5 fundraisers for the 1st Quarter of 2016. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the efforts they have taken in helping our dialysis patients.



**YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA
NATIONAL KIDNEY FOUNDATION OF MALAYSIA** PPM-002-10-12021969

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