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## **NATIONAL SEMINAR 2015** **“Funding of** **Haemodialysis Treatment”**

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With the ever-escalating costs in daily living expenses, NKF helps our poor dialysis patients, in particular those who are fully self-paying and those receiving the RM50 subsidy from the Ministry of Health, by reducing the cost per dialysis as from the third week of April 2015.

As from then, self-paying patients need to pay RM90 per treatment, while those receiving a RM50 subsidy from the Ministry of Health are required to pay only RM40 per treatment

By charging less for the dialysis treatment, NKF's revenue will correspondingly be reduced. NKF will thus have to source for additional monies to cover the shortfall in its revenue to pay for the costs in providing dialysis including increases in the costs of medical supplies.

In the light of these circumstances, since NKF is principally providing haemodialysis treatment, it has organized a national seminar on funding of haemodialysis treatment in collaboration with the Ministry of Health and the Malaysian Society of Nephrology to highlight the viable options in sustaining the costs of haemodialysis treatment. It is hoped that with the seminar being an eye opener, a national holistic approach would evolve towards catering for the future costs for providing haemodialysis treatment.

Not to be clouded by this fundamental major issue, we continue to plod along in our quest to encourage more members of the public to commit by pledging their organs especially kidneys for which there is a dire demand from patients suffering from chronic kidney disease (CKD). To reinforce the campaign, NKF launched a short video at its website, twitter and facebook with the theme "Gift of Life" in collaboration with the National Transplant Resource Centre (NTRC) on 8 July 2015.

At the same time, in promoting awareness of CKD through mobile health screenings, a unit from our Northern Branch of the LifeCheck Mobile Health Screening based in Alor Setar used the LifeCheck bus for the first time on the main island of Langkawi to carry out its mission over a period of 5 days before returning with the vehicle to its base in mainland Peninsula.

For more details on our above activities and other activities, we welcome you to read this issue of our newsletter.

Happy reading and help us in our endeavours to make our world a kinder and more hospitable one for all.

Dr. Prasad Menon  
Chief Editor

## NKF DIALYSIS CENTRES

## TEL NO

1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar).	04-9777411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar).	04-7340215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar).	04-7352190
4. Pusat Dialisis Amal FO Y1 - NKF (Unit I) (Penang).	04-2824952
5. Pusat Dialisis NKF - FO Y1 (Unit II) (Penang).	04-2828701
6. Pusat Dialisis NKF - Lions, Penang.	04-2101555
7. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping.	05-8041633
8. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh).	05-3215921
9. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya).	03-79549048
10. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor).	03-61371884
11. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur).	03-62519850
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13. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur).	03-40217704
14. Pusat Dialisis NKF - Bakti (Klang).	03-33239424
15. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
16. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
17. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
18. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
19. Pusat Dialisis NKF (Kota Bharu).	09-7475834
20. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
21. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
22. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
23. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
24. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
25. Pusat Dialisis NKF - Sandakan Kidney Society.	089-227852
26. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
27. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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# NKF PATIENT SUPPORT GROUP'S ONE DAY TRIP TO SEKINCHAN



On 5 April 2015 the NKF Patient Support Group (PSG) with the support of the NKF Welfare Department organised a one day trip to Sekinchan, Kuala Selangor.

A total of 37 people comprising 21 patients, 12 family members, one Staff Nurse and 3 Dialysis Assistants participated in the programme. The patients were from 4 NKF centres, namely Pusat Dialisis NKF -Good Health (Kampung Pandan, Kuala Lumpur), Pusat Dialisis NKF - Dato' Dr. G.A. Sreenevasan (Petaling Jaya), Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur) and Pusat Dialisis NKF -Charis (Cheras).

The group gathered at 7.30 am in front of the NKF Headquarters in Petaling Jaya from where a chartered bus ferried them to Kuala Selangor. The group then took a tram up Bukit Melawati, a historical site. The first stop was the Museum which showcases the history of Bukit Melawati and Kuala Selangor.

After the museum, members of the group visited the watch-out point of Bukit Malawati from where they could see the Strait of Malacca. Many took photographs at the site of



the old cannons and lighthouse, two historical landmarks of Bukit Malawati. The view from the top of Bukit Malawati was panoramic.

Back at the foot of Bukit Malawati, they visited the fresh water fish park and watched the antics of the monkeys resident in the area. Kuala Selangor Nature Park, a great birdwatching site, is also located at the foot of the hill.

The group enjoyed a sumptuous fresh seafood lunch at Restoran Kuan Hwa in Pasir Penambang. After lunch, they visited PLS Marketing (M) Sdn. Bhd. (or Kilang Beras Rakyat Sekinchan Sdn. Bhd.), a padi processing factory in Sekinchan, the rice bowl of Selangor. Large plots of land are cultivated to produce the staple food of Malaysians. This area is well-known for its high yield rice and mechanised farming methods. The place is also famous for its many fruit orchards with mangoes being one of the main attractions. "Ciku" and "jambu air" are popular. The group enjoyed a tour of the Padi Museum, and later the view of the vast expanse of green padi fields directly in front of the factory. Many bought packs of freshly milled rice and fruits.

The last destination was the beach at Pantai Redang, where they enjoyed the view and making wishes at the wishing tree. The group departed for home at 4.00 pm, reaching Kuala Lumpur at 7.00 pm.

All enjoyed themselves very much, and look forward to more of such trips in future.



# Graduation of Group 24 of the Post Basic Haemodialysis Nursing Course

Group 24 of the National Kidney Foundation's Post Basic Haemodialysis Nursing Course, comprising 49 nurses and assistant medical officers, graduated on 4 September 2015. The graduation ceremony was held at the NKF Training Centre in Petaling Jaya.

Of the 49, 15 were NKF staff, 13 from other non-governmental organisations (NGOs) while the remaining 21 were from private hospitals and dialysis centres in Malaysia.

The graduates started their 6-month training on 2 February 2015 and completed it on 31 July 2015. They had undergone clinical training primarily at NKF dialysis centres under local preceptors. They also went on an educational visit to the Sungai Selangor Phase 2 Water Treatment Plant in Bestari Jaya (formerly known as Batang Berjuntai), Selangor to understand the importance of clean and treated water in haemodialysis treatment. A further attachment of 10 days with Malaysian Government hospitals was also part of the course.

A certificate of completion was awarded to those registered staff nurses and assistant medical officers who had successfully completed the course and passed the examinations. The various examinations conducted during the course included practical examination during the clinical practice, case study and presentation, submission of a project paper, final written examination and the VIVA Assessment.

Since the course kicked-off in 2005, about 800 staff nurses and assistant medical officers have successfully completed the course. After completing the course, the para-medical personnel can carry out dialysis treatment as part of a safe, effective, efficient team in their workplace.



# “Aidilfitri” Healthy Cooking Class by Ms. Kher Pui Ling, NKF Dietician



In conjunction with the “Hari Raya Aidilfitri” celebration, the NKF Public Education Department (PED) collaborated with Bagus Academy Sdn. Bhd. on 2 August 2015 to organise the “Aidilfitri Healthy Cooking Class” at the premises of Bagus Academy in Kota Damansara, Petaling Jaya. They prepared dishes specifically for patients undergoing haemodialysis.

Three recipes were introduced: Chicken “Rendang”, “Sayur Lodeh” and Eggless Blueberry Tart. 30 participants from 5 dialysis centres participated in this cooking class.

Subsequently, a cooking demonstration was carried out by the chefs. When the demonstration ended, the participants were broken up into 7 groups with each to carry out hands-on cooking one out of the three recipes under the guidance of the chefs and NKF dietitian, Ms. Kher Pui Ling.

NKF would like to thank all the volunteers and staff members for making this event a success.

## Healthy “Raya” Treat : “Ayam Rendang Tanpa Santan” (12 servings)

Preparation Time: 15 minutes;  
Cooking Time: 40 minutes

### Ingredients:

1. 1 whole chicken (1.3 kg), cleaned and drained.
2. 2 turmeric leaves
3. 3 kaffir lime leaves
4. 1 “asam gelugor”
5. 500 ml water
6. 5 Tablespoons of “kerisik”
7. 1 Tablespoon of “gula Melaka” chopped.
8. 1.5 teaspoons salt
9. 1 medium scoop oil
10. 2 teaspoons turmeric powder } chicken
11. ½ teaspoon salt } marination

### “Rendang” Paste (Blend):

1. 2 big red onions
2. 4 shallots
3. 4 cloves of garlic
4. 1 inch of ginger
5. ½ inch of galangal
6. 10 to 15 dried chillies, boiled and drained
7. 1 inch of turmeric root
8. 2 stalks of lemon grass
9. 1 teaspoon of coriander powder
10. 1 teaspoon of cumin powder



### Nutritional Value (Per Serving):

Energy: 207 kcal  
Carbohydrate: 5.2 g  
Protein: 17.5 g  
Fat: 14.3 g  
Fibre: 1.0 g  
Sodium: 452 mg  
Phosphorus: 138 mg  
Potassium: 230 mg

### Method

1. Cut the chicken into 24 pieces and marinate them with salt and turmeric powder. Set aside.
2. Heat up the pan with 1 medium scoop of oil. Sauté the spice paste until it is fragrant.
3. Add water and mix evenly till the gravy is boiling. Add kaffir lime leaves, “kerisik” and “asam gelugor”. Stir the gravy evenly over medium heat.
4. Add the pieces of chicken and “gula Melaka”. Stir till the gravy thickens into a sauce and until the “rending” appears moist.
5. Add salt to taste. Add turmeric leaves. Stir well and off the heat.
6. Serve hot with ‘nasi impit’/rice.

## 20,000 patients nationwide waiting for organ transplants

**PETALING JAYA:** Twenty thousand patients are waiting for organ transplants nationwide, said National Transplant Resource Centre chief clinical manager Datin Dr Fadhilah Zowyah Lela Yasin Mansor.

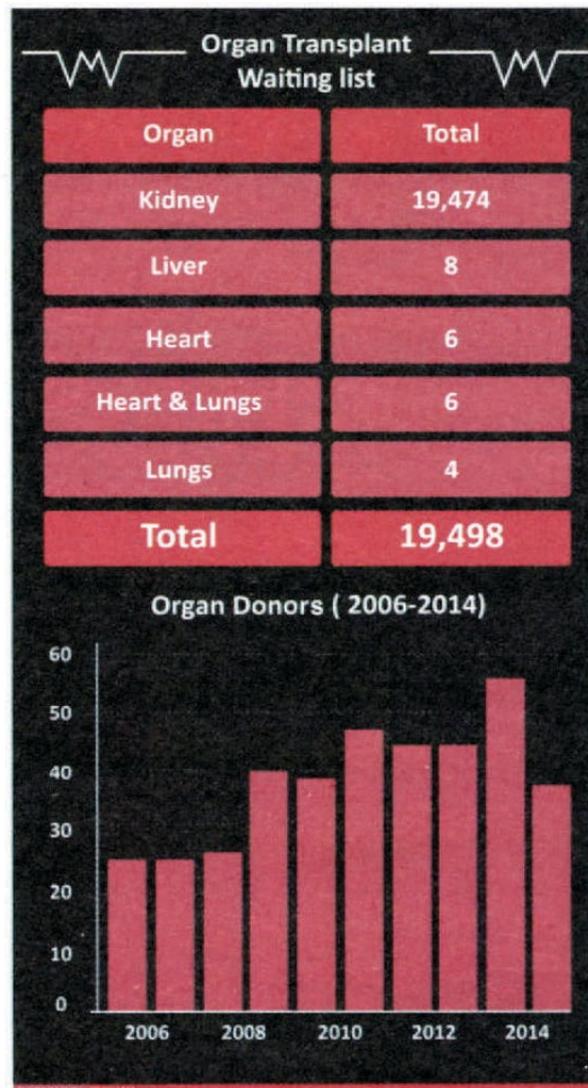
She said out of the total, kidney patients form the highest number with 19,474 people, followed by liver patients (eight), heart patients (six), heart and lung patients (six), and lung patients (four).

“Kidney patients recorded the highest number since they are still surviving by receiving scheduled dialysis treatment.

“The increase is due to eating habits, lifestyles and effects of medication intake not approved by the Health Ministry,” he said after launching the National Kidney Foundation social media website here on Wednesday.

He also invited all communities in the country, regardless of religious background, to register themselves as organ donor pledgers at <http://www.dermaorgan.gov.my/>.

“The number of Malay donors significantly increased, after 6,211 Malays or 45.92% of 13,524 people registered as organ donors for the first six months of this year.



“The figure had [grown] to 77,683 Malay donors out of the 303,254 who registered since the organ donation campaign was introduced in 1997,” said Fadhilah Zowyah.

She added that the statistics proved that public awareness, especially among the Malays, of organ donation had increased, showing that Muslim acceptance of organ donations had improved.

— *Bernama*

(Extracted from The Edge Financial Daily - 10 July 2015)

# Health Screening On Langkawi Island



Following the request to NKF by YTM Dato' Sri Tunku Penglima Besar Kedah, Tunku Puteri Intan Safinaz Binti Sultan Abdul Halim of YSB (Yayasan Sultanah Bahiyah)

to dispatch a NKF LifeCheck Mobile Health Screening Unit to carry out health screening on the main island of Langkawi, preparations were accordingly made. YSB is a partner of Pusat Dialysis NKF -Yayasan Sultanah Bahiyah, Kulim and the unit to carry out the mission was from the Northern Branch Health Screening Team based in Alor Setar.

While on the island the unit proceeded to its destinations each day to carry out health checks at the respective sites. The checks covered a comprehensive spectrum ranging from blood pressure readings to body mass index measurements, all of which were with the compliments of NKF and YSB. To provide feedback to those who had undergone the screening, the members of the unit explained to the people concerned what the readings and tests foretold. Those whose readings and tests revealed abnormalities were advised to seek follow up medical examination by doctors at clinics or hospitals.

For their work from morning to afternoon on each day, the unit members were at Meritus Pelangi Beach Resort & Spa on 11 May 2015 where they screened 116 individuals at the resort's ballroom with the assistance of the organizer, Encik Anwar Bin Ahmad, the Training Manager of the resort.

On 12 May 2015 assisted by Encik Fazil Ithnin, the Assistant Director for Human Resources of The Danna



Langkawi, the unit screened 120 persons on board the bus.

Subsequently, 65 persons were screened on 13 May 2015 at the café of Bon Ton Restaurant and Resort with the help of Encik Amirudin Bin Zainal Abidin, the Operations Manager of the restaurant.



On 14 May 2015, the unit went to Favehotel Cenang Beach Langkawi where together with the support of the hotel's Human Resources Manager, Encik Rosaidi Jamaluddin, the members screened 62 individuals.



On the final day, 15 May 2015, the unit carried out the health screening at the hall of Masjid Saidina Abu Bakar As Siddiq Kg. Chandek Kura and was greatly helped by Encik Fisol Bin Abdullah, the mosque's Managing Director with 51 persons screened.

For their work, they had screened a total of 414 persons over the period of 5 days with the result that on each day they screened about 83 individuals - a figure that was fairly encouraging considering the long trip to the locations which are on the southern corridor of Langkawi.



# National Seminar - Funding Of Haemodialysis Treatment



On 3 September 2015, NKF together with the Ministry of Health (MoH) and the Malaysian Society of Nephrology (MSN) organized the “National Seminar - Funding of Haemodialysis Treatment” at the Le Meridien Hotel Kuala Lumpur.

Attendance to the seminar was by invitation and amongst those invited were medical practitioners, those dealing with health-care, high ranking officers from the government agencies involved in making payments for dialysis, including haemodialysis and non-government organisations (NGOs).

Response to the invitations was very encouraging with 113 participants attending the seminar, which was graced by Tan Sri Dr Ali Hamsa the Chief Secretary to the Government.

In his welcoming speech, Tan Sri Datuk Dr. Abu Bakar Suleiman, the President of the NKF Board of Governors said that the number of end stage kidney failure (ESKF) patients would be expected to rise up to 50,000 by the year 2020 and recently NKF had lowered the fee for haemodialysis at all its centres from RM100 to RM90 per treatment for self-paying patients. He added with 34,767 patients receiving haemodialysis treatment in centres across the country in 2014 60-70% of them were either fully or partially funded by the Malaysian Government with the rest funded by non-profit making organisations including NKF.

In his address, the Chief Secretary noted that the number of patients suffering from kidney disease had been rising alarmingly and the cost of treatment would be expected to rise correspondingly to become burdensome.

In the light of the impending circumstances, the current system in funding haemodialysis treatment would need to be looked into.

## Launch of National Organ Donation by NKF via Social Media

With statistics from the National Transplant Resource Centre (NTRC) for January 2014 revealing a glaring gap of 18,347 persons on the waiting list for kidney transplant in relation to 446 individuals committed to pledge their organs including kidneys, it had become imperative for NKF to launch a national campaign to promote awareness for organ donation.

The launch was greatly influenced by the fact that, of the persons needing organ transplant, an overwhelming majority were in need of kidney replacement. The ultimate objective of the launch was to encourage more members of the public to pledge their organs, although over time there had been some increases in the number of pledges.

Hence on 8 July 2015 at its premises, NKF CEO Chua Hong Wee initiated the launch of the National Organ Donation with the theme "Gift of Life" via a short video hosted on the Foundation's social media that include its website, Twitter and Facebook.

The launch with the co-operation of NTRC, saw the presence of Datin Dr. Fadhillah Zowyah Lela Yasin Mansor, the Chief National Transplant Procurement Manager of the Centre. Datin Dr. Fadhillah in revealing the up-to-date statistics stated that 19,474 persons or nearly 100% of the individuals on the waiting list for transplant were kidney patients compared to 634 pledgers who had donated their kidneys.

The launch was even supported by the presence of representatives from television and radio networks as well as some companies, prompting the NKF CEO to look forward to companies to help circulate the launch through their social media network and websites and to provide financial assistance to help defray the costs of the launch.

To view the video, please log on to <http://www.nkf.org.my/page-index-id-386>.



## Klang Parade Brightened "Hari Raya" Festive Mood for NKF Patients in Klang

On 9 July 2015, the management of Klang Parade, a shopping complex in Klang town, organised a Ramadan event to brighten the lives and economic well-being of amongst others poor kidney patients dialysing at Pusat Dialisis NKF-Kelab Apex and Pusat Dialisis NKF Bakti in Klang.

5 patients and their families ushering the festival attended the function where each of them received "duit raya" packets from the shopping mall, Ideal Event Management Sdn. Bhd., and 2 celebrities, Cik Dina Nadzir and Encik Baki Zainal.

Moreover, each family received "baju raya" with both the Lions Clubs of Sunway Damansara Metro and of Kuala Lumpur Mega City paying up to a limit of RM400 for clothings per family, while La' miss sponsored the ladies' clothings.

Apart from the cash and clothings, each family was given two hampers with the compliments of Peanut Butter Studio and Ideal Event Management Sdn. Bhd. and was treated to a sumptuous buffet dinner provided by Next Food Function.

To liven up the happy occasion, they were entertained with dance performances by celebrities.

NKF expresses its profound gratitude to the shopping centre management and all parties concerned for their conscious and sincere efforts in bringing cheer to its patients and their families.



# WKD 2015 “Spot & Ride” Grand Prize Winner Received The Key to Perodua Axia

As it would be recalled, the climax of the closing on 29 March 2015 for the 2015 World Kidney Day (WKD) celebrations was heralded by the drawing for the winner of the grand prize for the “Spot and Ride” game. The random draw by Datuk Aminar Rashid Salleh, the President and Chief Executive Officer of Perodua, which donated the vehicle resulted in the registration form of Cik Suhaila Binti Jalil @ Selamat being picked the lucky winner.

However, the pitch of the climax did not hit its crescendo as she was not present at that time. It was decided that a special day would be fixed for a ceremony to enable her to receive her prize.

On 12 July 2015, at a ceremony at the Hilton Kuala Lumpur where Datuk Aminar Rashid Salleh was giving

away donations in conjunction with the final week of Ramadan, Cik Suhaila was invited to be present and was duly presented with the mock key to the Perodua Axis that she had won. The presentation was witnessed by amongst others the NKF CEO Chua Hong Wee.



“Have a nice ride with the new Perodua Axia, Cik Suhaila binti Jalil. You truly deserve it.”, said Mr Chua, CEO of NKF.

## Best Western Petaling Jaya Arranged “Buka Puasa” Buffet for Patients of NKF



12 patients and staff members of NKF attended a “buka puasa” at the “Kembali Kitchen” coffee house of Best Western Petaling Jaya on 24 June 2015 as part of both the hotel’s annual “buka puasa” event and corporate social

responsibility (CSR) programme.

The event commenced with a “Doa Selamat” and a recitation of the Al-Quran. In the course of it, “Asfan” a new singer entertained the guests who included orphans from “Anak-Anak Yatim Rumah Pusat Jagaan Jalinan Kasih”.

In the words of Mr. Radzman M. Tajuddin, the General Manager of the hotel, “ In the Muslim holy month of Ramadan, where good deeds are encouraged more than ever, we are seeing everyone - be he an individual or from the corporate world, a Muslim or non-Muslim, contributing to charity especially for tonight’s event. We hope that through this humble gesture the unfortunate and the needy will have their needs fulfilled to celebrate “Raya” in a joyous mood.”

NKF thanks the hotel management for sparing a thought for the Foundation’s poor patients.

## Senior Staff of Kuching Dialysis Centre Received Vocational Award

On 8 June 2015 at a ceremony at the Telang Usan Hotel in Kuching, Mr. Nasib anak Tajuk received the Rotary Vocational Award certificate from Associate Professor Dr. F G Dawoodi, the President of the Rotary Club of Kuching.

The award is in appreciation of the hard work and dedication rendered by 60 year old Nasib as the Senior Dialysis Assistant in Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).

He has been serving at the centre since the completion of his 6 months’ resettlement course after his retirement from the Malaysian Army Medical Corps.

NKF rejoices in Encik Nasib receiving the award, and in the words of Mr. Henry Chan, the Honorary Secretary of the Kidney Association of Sarawak, “Heartiest congratulations to Dialysis Assistant Mr. Nasib Tajuk for his Rotary Vocation Award. We are very proud of him and greatly value his contributions to our Kuching dialysis centre”.



## NKF Patients & Staff Received “Bubur Lambuk” and UHT Milk from Dutch Lady Milk Industries Bhd.

On 2 July 2015 in conjunction with Ramadan, Dutch Lady Milk Industries Bhd. (Dutch Lady Malaysia), a multinational dairy company in the country working together with the Petaling Jaya City Hall (MBPJ) and the Tun Abdul Aziz Mosque in Section 14, Petaling Jaya distributed 3,000 packs of “bubur lambuk” to the local community in that section of the city, which encompasses NKF.

The “bubur lambuk” is a specialty porridge that had been cooked at the mosque by the Dutch Lady Malaysia’s volunteers and was packed in packets in the afternoon of that day. These packets of porridge were then distributed with packets of Dutch Lady UHT milk.

By distributing the porridge and its brand of packet milk, Dutch Lady Malaysia was doing a community service

as part of its corporate social responsibility (CSR) programme.

NKF received 65 packs of “bubur lambuk”

as well as milk from the Dutch company for both its patients and staff members, and was represented at the event by Puan Dzuriakristina Azmi from the Fundraising Department and Puan Mazhani Azhan from the Public Education Department.

The Foundation thanks Dutch Lady Malaysia for its generosity and community caring policy.



### THANK YOU TO ALL OUR DONORS WHO HAVE CONTRIBUTED FROM JUNE, 2015 TO AUGUST, 2015

No	Particulars	Amount (RM)
<b>1</b>	<b>Donation Boxes "Spare A Change, Save A Life Campaign"</b>	
	Parkson Corporation Sdn Bhd	1,219.60
	Mercato Sri Hartamas Supermarket	875.00
	Caring Pharmacy	769.00
	Wan Seng Acupuncture	735.25
	Alpha Pharmacy	695.35
	Pasaraya F&G (USJ) Sdn Bhd	487.00
	Hot n Roll @ e-Curve	201.00
	Vinson Aquarium, Kajang	182.00
	White Florist, TTDI	145.60
	Alpro Pharmacy (Jaya 33)	121.00
	Mosat Mgmt.-Caltex Station	82.55
	Health Lane Pharmacy Sdn Bhd	78.00
	<b>Total</b>	<b>5,591.35</b>
<b>2</b>	<b>Environmental Project - "Recycle Paper Into Lives"</b>	
	Soka Gakkai Malaysia (SGM)	300.00
	PJ Fibre Recovery-NKF	203.00
	<b>Total</b>	<b>503.00</b>
<b>3</b>	<b>Company CSR / Associations / Individuals</b>	
	AmanahRaya Trustees Berhad	21,236.40
	Pengangkutan Kekal Sdn Bhd	10,000.00
	Lim Tze Thean	10,000.00
	News & Ads Monitoring Agency Sdn Bhd	6,000.00
	Origin Herbal Hair Treatment Sdn Bhd	5,000.00
	Selangor Turf Club	5,000.00
	Tan Sri Tan Foundation	5,000.00
	The Johor Master Builders Association	4,000.00
	Petalaj Jaya Rotary Charity Foundation	3,000.00
	Top Glove Foundation	2,000.00
	<b>Total</b>	<b>71,236.40</b>

# Donors, We Are Truly Thankful Of Your Support

To-date, as a non-profit charitable organization we have been dedicating ourselves towards:-

- i) treating poor patients suffering from chronic kidney disease;
- ii) combating the annual affliction rate of 5,000 by the disease through public health screenings and educational campaigns; and
- iii) encouraging pledges to organ donation to help kidney failure patients on the waiting list for a kidney transplant

However, real life issues connected with these matters need to be tackled by us especially when haemodialysis which we are carrying out for our kidney patients requires at least three dialysis treatments a week with each treatment lasting 4 hours. The result is that a dialysis patient will often encounter difficulties in keeping his/her job for no well-meaning or even kind hearted employer will have the luxury of having a kidney failure patient in his pool of employees. With the loss of their jobs, many of the patients being sole breadwinners will no longer be in a position to provide their families with even the basic food on the table.

To make matters worse, many of the kidney patients when they are stricken by the disease they still have young school going children who as a result of their working parents losing their jobs following their affliction will be forced to drop out of school.

Therefore, a balanced approach in dealing with dialysis and promoting awareness to curb the escalation of the chronic kidney disease will entail socio-economic issues.

Consequently, we incur a yearly outlay of more than RM30 million to run the operations of our Foundation, which currently is subsidizing the dialysis treatment of more than 1,500 patients in our 27 centres located nationwide.

Out of RM30 million, approximately RM14.5 million is expended directly to subsidize the dialysis fees for 1,500 patients as shown below

**1,500 patients x 3 times x 52 weeks = 234,000 dialysis/ year**

Cost per dialysis	RM 152.00	
Patient pays	RM40.00	A patient needs to pay RM90 if not approved by MOH
Government subsidizes (if approved)	RM 50.00	
NKF subsidizes	RM62.00	
NKF total subsidy annually (234,000 x RM62)	RM14,508,000.00	

Together with the subsidies, expenses associated with dialysis such as nephrologists' fees, clinical waste disposal, maintenance of medical equipment, rental of premises, travelling, water and electricity, health screenings and nursing care cost the Foundation RM30 million in total.

The outlay is essentially replenished by donations from the public - either from individuals or corporates or a combination of both.

In this regard, we reach out to donors to assist us in whatever way they can possibly do. The avenues open to you are:-

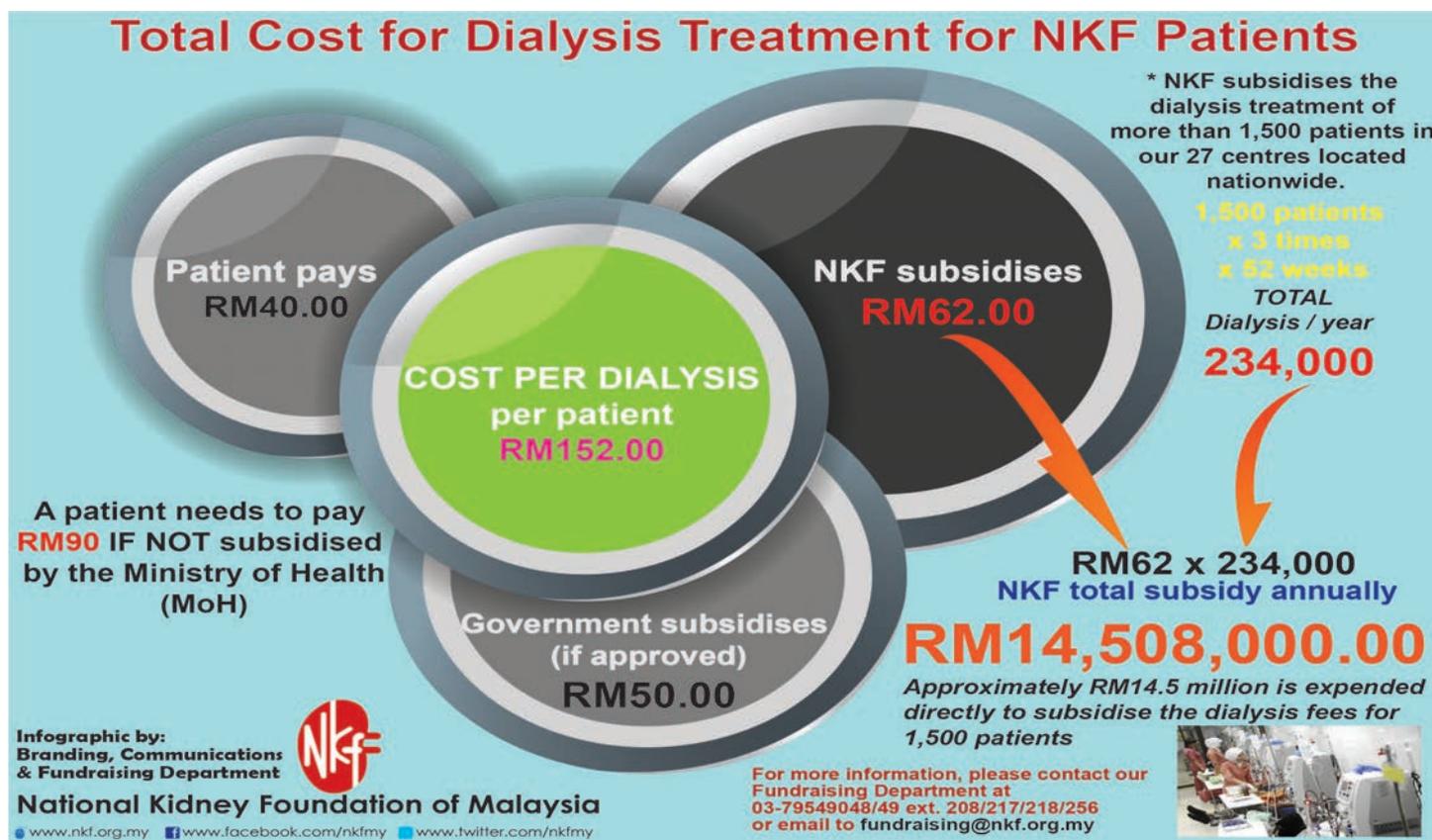
- i) donating towards our "Patient Welfare Fund" which would be of tremendous benefit to the lives of the poor dialysis patients;
- ii) assisting us to replace our medical equipment in the form of a dialysis machine at RM45,000 per unit or a dialyser re-processor costing RM32,000 a unit;
- iii) funding and supporting our public education and health screening programmes to outlying towns, villages and communities with the objectives of promoting awareness, early detection and prevention of kidney disease and organ transplant via talks, exhibitions, forums and publications; and
- iv) donating towards defraying the school expenses of children of dialysis patients.

With the principle of helping mankind especially the unfortunate and marginalized kidney dialysis patients, we earnestly look forward to hearing from you.

Please contact the Fundraising Department at fundraising@nkf.org.my or Tel: 03-79549048/49 ext. 208/217/218/256 for more information on how you can help NKF.

Thank you for your continuous support.

## Overview - Dialysis Fee



## Aerodance #Stayfit: UiTM Students Raised Funds to Purchase Machine for NKF



On 23 May 2015, final year students in public relations from the Faculty of Communications and Media Studies, Universiti Teknologi Mara (UiTM) held a two hour non-stop aerodance session at Laman Budaya, Shah Alam. The session was part of the aero-dance programme with the theme #Stayfit to raise funds for the benefit of kidney patients in NKF. To-date, this project raised RM14,495.95. This is a long term project and aims to purchase an asset for NKF

In his speech at the opening of the programme, Dr. Azizul Halim Yahya, the Dean of Communications and Media said,

“I am very proud when my students choose this programme to raise funds for the unfortunate as their final year project. It is a noble thing to do”.

Apart from the dance session, the programme involved two other activities. These were the sales during road shows of the exclusive custom-made wrist bands at RM5 each as teasers and the musical performance on 7 May by Noh Salleh, the vocalist of Hujan at “Malam Kita” at the Teh Tarik Place in Shah Alam.

In praising the students for working towards the general good for the community, Professor Dr. Kiranjit Kaur, the project adviser for the programme added, “Developing public relations skills in a systematic and caring manner is important for the students to become tomorrow’s leading professionals”.

# Leo Roar Fiesta Raised RM21,500 for NKF



On 21 April 2015 Miss Prisca Toh, President of the Leo Club Metro Methodist College Kuala Lumpur, presented a mock cheque for RM21,500 to NKF at the premises of the Methodist College Kuala Lumpur (MCKL) in Brickfields. On hand to receive the cheque was Chua Hong Wee, the CEO of the Foundation.

The money was raised by the club under the guardianship of the Lions Club of Sunway Damansara Metro District 308 B2 (Malaysia), via its first ever Roar Fiesta Carnival organised on 14 March 2015 at MCKL.

“The beneficiary of this entire project is the National Kidney Foundation (NKF) and we are so proud that every single sen made from the fiesta goes to those in need”, said Miss Toh. “The NKF needs funding from the public yearly to support the lower income group. We are happy that so many people have come to support our cause.”

In attracting no less than 2,000 students, parents and

members of the public, the fiesta itched a lasting memory for all who visited it.

Amongst the other highlights of the event included a star-studded celebrity auction. Popular television host and radio presenter Encik Baki Zainal joined YouTuber Mr. Dennis Yin and Beatboxer Mr. Shawn Lee in auctioning their personal effects. Encik Baki teased the crowd with his wit and wry humour, while Mr. Yin paraded around the items for auction as Mr. Lee beatboxed his way to a thunderous response from the audience. Besides that, a Zumbathon session was held right after the opening ceremony where members of the Leo Club surprised everyone with a flash mob. An open dance competition also attracted more than aspiring dance crews that put up spectacular performances.

In receiving the cheque, the NKF CEO sincerely thanked the club and its advisors for their selfless efforts in bringing to fruition the funds to assist the poor patients being treated at the Foundation.

## IPENET Solutions Sdn. Bhd. contributed to NKF

On 12 June 2015, IPENET Solutions Sdn. Bhd. organized an information technology summit and a dinner in conjunction with the 10th anniversary of its founding. For the summit which showcased the latest updates of the company's products to not only its existing but also new and potential clients, IPENET bought from NKF 150 canvas bags for RM3,750. The bags were for its staff to distribute as door gifts to participants in the summit.



In addition, the staff assisted the Foundation by selling NKF other merchandise like umbrellas, button badges, fridge magnets, coin boxes and additional canvas bags at both the summit and dinner. RM1,880 was raised as sales proceeds from the other merchandise.

Altogether NKF was a recipient of a sum RM5,630 from the company's events and it went towards defraying the day-to-day expenses of NKF in running dialysis treatment for poor kidney patients.

NKF truly thanks the management and staff of IPENET for their selfless contributions towards helping the Foundation function as a non-profit making organization in rendering service to society's poor.

## Students of 2014 Class BAMS Degree Programme Raised Funds for NKF



On 7 May 2015 representatives of the students from 2014 Class for the Bachelor of Arts in Music Studies (BAMS) Degree Programme of SEGi College Subang Jaya presented a cheque for RM3,000 to NKF.

The cheque was presented by Ms. Hannah Lim of the Student Concert Committee to Ms. Joanne Sim of the Foundation's Fund-raising Department in presence of Mr. Roslan Bin Othman, the Head of the Faculty of Creative Arts & Design and Ms. Esther Ong, the Head of the Music Department, both of whom are from the college.

The monies were raised by the students from the Music Department of the College to help needy and unfortunate patients having their dialysis at NKF.

They raised the monies by holding a charity concert where performances were carried by students at a session lasting two hours. The performances were held on 8 February 2015 at the Theatre Hall of the college. Entrance to the performances was via tickets priced at RM30 per head.

NKF sincerely thanks the college especially the students and the staff who have striven selflessly in organising the concert to raise funds to sustain the Foundation in its day-to-day operations.

## Tenaga Nasional University (UNITEN) Students Raised Funds for NKF



On 17 April 2015, 3 student representatives from Moral III Group 1 2015 of UNITEN presented a cheque for RM2,000 at the NKF premises to NKF CEO, Chua Hong Wee in aid of needy and unfortunate kidney patients dialyzing at NKF. The cheque was handed over to the CEO

by Mr. Jaiyanthraaj, the President from the group, witnessed by Ms. Rachel Lee its Secretary and Mr. Liew Wei Shen, a member of the group.

The monies were raised on 14-16 April 2015 when UNITEN students of the group organized an activity to raise funds for the benefit of NKF. The purpose for the activity was in cultivating social awareness and responsibility by the university among students towards the poor of society.

The students were provided with 130 fridge magnets, 54 NKF mugs and 15 NKF canvas bags by the Foundation. In turn, these items would be given to fellow students, staff of the university as well as members of the public at their Putrajaya campus when they gave their donations.

NKF thanks the students for their dedication and noble deeds towards bringing about a less bitter and brighter environment to the kidney patients.

## NKF Again Benefitted From The University Putra Club's Donation

On 29 May 2015, the students of the University Putra Club of Universiti Putra Malaysia (UPM) paid a visit to the NKF Secretariat where they were welcomed by NKF CEO, Chua Hong Wee and S. Shobana, the NKF Head of Branding, Communications and Fundraising.



Their visit followed after the club had donated RM1,000 to the Foundation. This is the second time that the club had raised funds for the Foundation, having presented NKF with RM1,500 on 27 October 2014.

The RM1,000 had been raised by accounting students as part of the culture promoted by the club to raise awareness of the suffering of the poor in the midst of society, thereby inspiring them to take concrete action to breach societal social-economic divide. By this action, the students set about getting monies from the public and focused on channeling such funds to NKF to sustain the Foundation's activity to essentially providing dialysis to the poor patients suffering from chronic kidney disease.

NKF in fully appreciating the noble deeds of the club sincerely thanks the students for selecting NKF for their donations.

## Direct Debit Donor Programme (DDDP) April - June 2015

Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the months of April to June 2015.

ABC Exhibition Services Sdn Bhd,Selangor	Hospital Sultanah Fatimah,Johor
AEON AU 2 Shopping Centre,KL	Hospital Sungai Buloh,Selangor
AEON Bukit Raja,Selangor	Hospital Tengku Ampuan Afzan,Pahang
Ampang Puteri Specialist Hospital,Selangor	Hospital Tengku Ampuan Rahimah,Klang
Association of Private Hospitals of Malaysia,Selangor	Hospital Tuanku Jaafar,Negeri Sembilan
Boustead Curve Sdn Bhd,Selangor	Hospital USM,Kelantan
Citta Mall,Selangor	ICS Integrated Sdn Bhd,KL
Damansara Specialist Hospital,Selangor	Kota Bharu Airport,Kelantan
Desa Park City,KL	Malaysian Gifts and Premium Association,Selangor
EM Exhibitions (M) Sdn Bhd,KL	Pantai Hospital Ampang,Selangor
Giant Kinrara,Selangor	Pantai Hospital Klang,Selangor
Hospital Ampang,Selangor	Real Estate & Housing Developer's Association(REDHA),Selangor
Hospital Pulau Pinang,Penang	Senai Airport,Johor
Hospital Putrajaya,Wilayah Persekutuan	Surian Tower,Selangor
Hospital Raja Perempuan Zainab II,Johor	Taman Desa Medical Centre,KL
Hospital Selayang,Selangor	Universiti Putra Malaysia(UPM),Selangor
Hospital Sultan Abdul Halim,Kedah	
Hospital Sultanah Bahiyah,Kedah	

## NKF's TOP 5 FUNDRAISERS

Cheers to our top 5 fundraisers. We are proud to present to you



**John Ngu Haeu  
Kee**



**Magdalene  
Hon Nee Fah**



**Emei Syaira Binti  
Mohd Yusuff**



**Rodziah Hassan**



**Low Yoon Seng**

NKF is pleased to announce our Top 5 fundraisers for the 2nd Quarter of 2015. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the effort they have taken in helping our dialysis patients.



**YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA  
NATIONAL KIDNEY FOUNDATION OF MALAYSIA** Regd. No. 659 (Sel)

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

**70, Jalan 14/29, 46100, Petaling Jaya, Selangor Darul Ehsan, Malaysia.**

**Hotline: 1300-88-3110**

**Tel: 03-7954 9048/49 Fax: 03-7954 0535**

**Web: [www.nkf.org.my](http://www.nkf.org.my)**