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## Butterfly Lovers - A Great Success



# Message From Chief Editor

## Greetings from the National Kidney Foundation of Malaysia.

The fourth and final quarter for 2013 was aptly capped by the 11th NKF Annual Dialysis Meeting 2013 which was held on 30 November - 1 December with the theme "Improving Survival, There is Life After Dialysis". The meeting was attended by about 600 individuals mainly from the medical fraternity.

Meanwhile, through the efforts of NKF's Welfare Department in reaching out to poor kidney failure patients, we got a first-hand account of how Madam Sellamah, a hard-core poor patient was able to dialyse in our Pusat Dialysis NKF- Kelab Apex, Klang. At the same time, to help patients and their caregivers overcome their sorrows in solitude, the Welfare Department organised the Patient-Caregivers Forum for all to interact and be aware that they are not alone in facing kidney failure.

Also forthcoming is the case of the young man of twenty three years in Bukit Mertajam who was truly blessed to receive the kidney of an eighteen year old boy in Sabah. He had thus become one of only 432 organ recipients in the country within the period of forty years from 1973 to August 2013.

However, for those not able to receive transplants, although there are some restrictions, it is not all that bleak for by undergoing dialysis they too can lead a normal life. The little inconvenience comes with amongst others changes in dietary intake and life style as pointed out in the advisory on managing the disease.

To provide a human touch to the advisory, both talks and cooking demonstrations were presented by our dietician with the assistance of the staff in the NKF Public Education Department.

Amidst the activities, Yayasan Ehsan Selangor, Non-Government Organisation (NGO), sought our technical advice to set up their dialysis centre in Taman Seputeh within the Kuala Lumpur Federal Territory. The Foundation recently also took over the management of Pusat Rawatan Hemodialisis Sang Riang in Triang, Pahang, which had been subsequently been renamed as Pusat Dialysis NKF- Sang Riang, Triang and became the 28th dialysis centre under the care of NKF.

We thank you for taking you time to read the newsletter, and for the coming new year, we wish you "A Happy & Bountiful New Year".

Dr. Prasad Menon  
Chief Editor

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16. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
17. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
18. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
19. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
20. Pusat Dialisis NKF (Kota Bharu).	09-7475834
21. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
22. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
23. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
24. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
25. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
26. Pusat Dialisis NKF - Sandakan Kidney Society.	089-227852
27. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
28. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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## Visit by NKF Welfare Department to Dialysis Patient Sellamah

Madam Sellamah, 54 years, was working as a factory worker until she fell ill due to kidney problems.

She was married with two adult children. Her husband works as a security guard, earning about RM650 a month. Her children are married with their own families to attend to. Her son works as a lorry driver but did not visit her at all after a misunderstanding. Her daughter lives in Rawang. She was neither able to visit nor financially assist her parents as her husband does not earn much as a labourer. Madam Sellamah's elderly mother lived with her to look after her.

The poor woman got RM145 from the District Social Welfare Office and RM465 "Pencen Ilat" every month. These together with her husband's salary added up to RM1,260 per month which was barely enough for the family to live frugally. They subsisted on one meal a day, which was usually rice with some curry. They lived in their own squatter house, which is worn down, infested with termites and fungus. It is in a water-logged area with rubbish dumped all around.



Madam Sellamah was dialysing at Hospital Tengku Ampuan Rahimah, Klang until her admission to Pusat Dialisis NKF-Kelab Apex, Klang on 3 September 2013. Her dialysis fees were fully subsidised by NKF under the Hard Core Poor scheme while waiting for SOCSO to approve her free dialysis treatments. In mid-September 2013 when the Welfare Officers of NKF made a home visit, they found her weak and bloated as she had not dialysed for a week. She could not breathe well and was in pain. The Welfare Officers rushed her to hospital and she was admitted immediately for medical attention.

For her to go to Pusat Dialisis NKF-Kelab Apex, Klang, she would need to take two buses with the journey taking about 2 hours. As such, NKF approved financial assistance for her from a special fund to cover her taxi fares with effect from 23 September 2013.

Dialysis treatment can be very costly. For poor and underprivileged Malaysians suffering from end-stage kidney failure, the medical fees for dialysis treatment, epoetin injections, regular blood tests and medical consultations with nephrologists will definitely take a toll on their finances. NKF spends about RM12 million annually to subsidize dialysis treatments for poor patients.

It is with great sadness that we heard that Madam Sellamah passed away on 11 October 2013. Our deepest condolences go out to her family.

Log on to [www.nkf.org.my](http://www.nkf.org.my) to help more kidney failure patients.

## Caregiver-Patient Forum



As part of an on-going event in the Klang Valley, a caregiver-patient forum was held on 25 August 2013 at Pusat Dialisis NKF-Bakti, Klang from 9.45 am until 1.00 pm. 75 individuals comprising a nephrologist, patients, caregivers and staff took part in the forum.

Members of the NKF Patient Support Group facilitated the discussion on various topics which ranged from fluid overload, "lazy leg" syndrome, bleeding from fistula, weak heart problems, constipation, reading blood test results, transport woes, financial assistance, relationship between doctors and patients to the annual reviews conducted by the NKF Welfare Department.

There was active participation from the majority of the participants who were focussed on sharing their thoughts and experiences.

Dr. Bee Boon Cheak, the NKF nephrologist in attendance, commented that the forum had the highest turn-out and was the most productive thus far.

# 11th NKF Annual Dialysis Meeting : Improving Survival, There is Life After Dialysis



*Dr. T. Thiruventhiran, Chairman, Organising Committee ADM 2013, taking questions from the floors*



*Dato' Dr. Tan Chwee Choon Delivering His Paper - Rehabilitation in Dialysis Patients: Towards Productivity*



*Participants Listening Intently*

For two days, 30 November & 1 December 2013, NKF organized and hosted the 11th NKF Annual Dialysis Meeting (ADM) at the Kuala Lumpur Hilton as part of the ongoing series of ADM. The theme for this year's meeting was "Improving Survival, There Is Life After Dialysis".

Booths were also set up and taken by pharmaceutical companies to display the latest dialysis equipment and medical products.

About 600 individuals, mainly nurses and other medical staff participated in the interesting and exciting event. It even provided a platform for networking.

The meeting provided an insight to the up-to-date practices including current papers in the treatment of chronic kidney disease. It opened the path for the medical personnel to a wider horizon of knowledge resulting in the enhancement of their competency.

On the more humane aspect affecting the patients, presentations were made and discussions were opened on social relationships involving them and their choice to discontinue dialysis especially after they had shown little or no improvement at the onset of their treatment.

With no medical avenues providing a permanent cure to chronic kidney disease, the conference also touched on alternative therapies. However, due to the lack of scientific evidence in alternative therapies, participants were encouraged to keep to the existing methods on managing kidney disease.

## “Dialysis Patients Get Useful Tips”

It was a moment of excitement and anticipation when dialysis patients from the various NKF centres in the Klang Valley went for grocery shopping under the community nutrition project “Let’s Go Shopping”. The patients accompanied by the NKF staff went to Aeon Big in Tropicana City Mall to learn how to shop for the appropriate groceries that are suitable for kidney failure patients. NKF’s Dieticians also guided the patients to read food labels and select products that are kidney friendly.

Maznifah Fatah, the NKF Head of Public Education, said “the project serves a dual purpose - to impart knowledge to our patients to shop for groceries appropriate to their diet requirements as well as to choose the right portions suitable for their overall health”.

The patients were happily using the knowledge they had gained to assist one another in the course of their shopping.

They were given goody bags sponsored by Aeon Big as souvenirs before they left the hypermarket. Maznifah thanked Kumaran Suppayah, the Aeon Big Store Manager, and his assistants for their hospitality and presented him with a NKF Certificate of Appreciation.

After shopping, the patients were treated to lunch at Kenny Rogers and were reminded to take their phosphate binders, an essential medication for those with kidney failure. A lucky draw was also carried out and winners from the draw were given food vouchers sponsored by Kenny Rogers. In parting, Maznifah expressed the group’s appreciation to Mazlie Osman, the Kenny Rogers Outlet Assistant Manager, and presented her and her staff with a Certificate of Appreciation.

The shopping and lunch were indeed memorable events for the patients for it was a pilot demonstration of NKF practising what it teaches. Many patients were even asking as to when a similar event would be held again.



## Cooking Demonstration at Pusat Dialysis NKF-Good Health (Kampong Pandan, Kuala Lumpur)

Two cooking demonstrations to teach haemodialysis patients on how to prepare healthy wholesome “Hari Raya Aidilfitri” meals according to their diet were held on 4 & 5 August 2013. The demonstrations by Cik Syafiqah Binti Mohammad, our Public Education Executive, and Ms. Kher Pui Ling, our Dietician, were held at Pusat Dialysis NKF-Good Health (Kampung Pandan, Kuala Lumpur).

The demonstrations were for cooking

1. “kuah lontong” and “nasi impit”; and
2. fruit cocktail

To enhance the taste of the foods, the audience was taught to use natural ingredients such as lime juice, lemon grass, peppers and turmeric instead of adding more salt or commercially processed sauces. However, of foremost importance is to ensure that the loss of proteins experienced by patients during haemodialysis treatment is compensated by foods like tofu and “tempeh” so as to avoid malnutrition and muscle wasting. The foods must be low in potassium and water content so that the kidney is not induced to remove excessive fluids from the body.



## Kidney Recipient Thankful For Gift



*All smiles: Loong (second from right) posing with (from left) Dr Teo, Bukit Mertajam Hospital visitors' board director Tan Lee Huat and Dr Neoh after the seminar at the Bukit Mertajam Hospital, Penang.*

**BUKIT MERTAJAM:** He was placed on an organ transplant waiting list for nine years.

When he finally became a kidney recipient, Loong Sek Chuan thanked the heavens for the gift of life.

The 23-year-old high-spirited bachelor suffered a bladder infection a few months after he was born, and this caused his kidneys to fail when he was just 10.

He thought that there was no longer hope for him to lead a normal life.

"The doctors told my mother that my kidneys would only function until I reached the age of 10 and that I would have renal failure if I did not get a kidney transplant. My mum was devastated. I was too young to understand the situation then," he said.

Loong's condition had required him to undergo dialysis by using the Continuous Ambulatory Peritoneal Dialysis (CAPD) method, which he said prevented him from "doing normal things and eating freely".

"For nine years, I did CAPD four times a day. Each session can take up to an hour. I could not really enjoy life to the fullest but I admit that I am still much better off than other patients," said the second of three siblings.

Loong has an elder sister aged 25 and a younger brother aged 16 who lead healthy lives.

Earlier, he was speaking about his experiences as an organ recipient at the Organ and Tissue Donation Seminar 2013, which was organised by Bukit Mertajam Hospital.

Loong expressed his gratitude to his donor, someone whom he only knows as an 18-year-old boy from Sabah.

"I have never met my donor's family but if I could, I would thank them personally.

"Because of this gift of life, I can sleep well at night and I am able to urinate normally. These are life's luxuries which I will never take for granted. I still need to take my medication but, I am able to enjoy life better now as I can do things such as playing sports," he said.

The seminar, aimed at increasing awareness on the importance of organ and tissue donation among the public, was officiated by state health department deputy director Dr Mohamad Sabri Othman.

Among those present were National Transplant Resource Centre Chief National Clinical Manager, Datin Dr Lela Yasmin Mansor, Bukit Mertajam Hospital TOP (Tissue and Organ Procurement) Team Chairman and Anaesthetic Expert, Dr Neoh Eu Bryan, and Hospital Director Dr Teo Gim Sian.

BY **CAVINA LIM** [CAVINA@THESTAR.COM.MY](mailto:CAVINA@THESTAR.COM.MY)

This article has been extracted from

*The Star* - 23 August 2013

# Pusat Dialysis NKF- Sang Riang, Triang



Pusat Rawatan Haemodialisis Sang Riang, Triang, established in 2007, started off from being just an old folks home called “Rumah Kebajikan Warga Emas Sang Riang”. As some of the members of the old folk’s home were suffering from kidney disease, they decided to set-up their own dialysis centre within the compound of the old folk’s home. Pusat Rawatan Haemodialisis Sang Riang, was established by 3 ladies and the name came about because 3 ladies in Mandarin is “Sang Riang”.

On 1 August 2013, National Kidney Foundation of Malaysia (NKF) took over the management of Pusat Rawatan Haemodialisis Sang Riang, Triang. Following an agreement to the takeover, the Ministry of Health allowed to change the status of the centre from a privately run organization to that run by an NGO. The centre is now called “Pusat Dialisis NKF – Sang Riang, Triang”.

To-date, the centre serves 40 poor patients from the district of Bera, Triang, Temerloh and towns nearby. It has a visiting nephrologist, Dr. Rafidah Binti Abdullah, from the Temerloh Hospital, who reviews the cases of patients once every 3 three months.

For the day-to-day operations of the centre, in accordance to the Standard Operating Procedures of NKF, there is the staff nurse-in-charge, Puan Azian Binti Abdul Rahman, who is assisted by 4 staff nurses and 4 dialysis assistants.



## Sharing Technical Expertise



NKF Chairman, Dato' Dr Zaki Morad Bin Mohd Zaher receiving a memento from Prime Minister YAB Dato Sri Mohd Najib Bin Tun Haji Abdul Razak



2nd from left: Puan Lila Ruzaini, CEO of Yayasan Ehsan Seputeh(YES) and Mr. Chua Hong Wee, CEO of NKF holding the memento

On 27 August 2013, the NKF Board of Directors agreed to provide technical advice to Yayasan Ehsan Seputeh (YES), an NGO, for the setting-up of a dialysis centre in the Seputeh Constituency within the Kuala Lumpur Federal Territory.

YES was officially launched by YAB Dato' Sri Haji Mohd Najib Bin Tun Abdul Razak, the Prime Minister of Malaysia at the Desa Water Park on 14 September 2013. The launch was followed by a grand dinner.

The decision to assist arose from the request made by YES at a meeting on 30 July 2013 between the NGO and NKF. At the meeting NKF was represented by Y. Bhg. Dato' Dr. Zaki Morad Mohd Zaher, the Chairman of NKF Board of Directors, CEO Mr. Chua Hong Wee, Head of Department for Projects Mr. Na Lai Chun and Mr. Koh Kia Heong, Head of Finance and Administration.

The new dialysis centre is one of YES community projects to reach out to the poor and provide dialysis treatment for kidney failure patients.

## ADOPT - A Dialysis Outreach Programme for Transplantation

On 6 October 2013, the Public Education Department (PED) of NKF hosted the Dialysis Outreach Programme for Transplantation (ADOPT) at the NKF Berjaya Resource Centre for half a day. This programme was the brain child of the Medical Development Division, the Ministry of Health (MoH). It was also supported by the Malaysian Society of Nephrology and Novartis Sdn. Bhd., a pharmaceutical company.

Essentially, the programme is aimed at kidney dialysis patients and their immediate care-givers to:-

- Take charge of their well being;
- Learn more about managing chronic kidney disease and transplantation; and
- Enable them to seek advice from medical experts and exchange experiences with fellow patients and caregivers.

Altogether about 80 individuals including medical staff, staff nurses, patients and care-givers attended the programme. As an incentive, medical staff and staff nurses attending the programme were awarded Certificates of Participation and four (4) Continuous Professional Development (CPD) points.

Dr. Wan Hafiz from Universiti Malaya Medical Centre (UMMC) was the facilitator for the event with the speakers and their subjects of presentation being:-



Dr. Nirmala Devi Baskaran, a Nephrologist from Hospital Kuala Lumpur: Kidney Transplant Programme in Malaysia;

Dr. Ng Kok Peng a Transplant Nephrologist from UMMC: How Transplant Could Benefit You?; and

Ms. Teong Lee Fang, a Dietician from Hospital Selayang: What You Need to Know About Nutrition & Diet?.

Subsequent to the presentations, two ladies, Madam Sabariah and Madam Divya Monokaran, together with their husbands shared their experiences on transplantation. Both ladies had donated their kidneys to their respective husbands. The first couple are in the care of Hospital Selayang, while the second are under UMMC. The programme ended with a small group discussion to enable participants to address their issues and concerns about transplantation.

## Dialysis Nurses Honoured



**Five Dialysis Nurses** from three Non-Government organisations (NGOs), namely the National Kidney Foundation of Malaysia (NKF), the St. John's Ambulance Malaysia (SJAM) and the MAA Medicare Charity Fund (MAA) in the State of Selangor received the 'Dignifying a Profession' awards from the Rotary Club of Petaling Jaya on 22 October 2013 for their contributions towards dialysis treatment of kidney failure patients.

The Rotary Club of Petaling Jaya's Vocational Service Award is given annually in the month of October to dedicated professionals and skilled workers. For this year the dialysis nursing vocation was picked and honoured because it is an important and growing vocation but with little public awareness.

Amongst the recipients of the awards were Cik Siti Fatimah Basir and Puan Rosmah Mohd Said, the Centre Managers for Pusat Dialisis NKF -Dato' Dr GA Sreenevasan (Petaling Jaya) and Pusat Dialisis NKF -Rotary Damansara respectively. We congratulate them for winning the awards.

The award presentation ceremony was held at the Dorsett Grand Hotel at Subang Jaya where Captain H.S. Dharan, the President of the Petaling Jaya Rotary Club and representatives from NKF, including Mr. Goh Seng Chuan, the Vice-Chairman of the Foundation's Board of Directors were present.

## Amway Distributors: Health Talk & Visit to the Haemodialysis Centre

At the request of a group of Amway distributors, a health talk at the NKF Resource Centre followed by a visit to the dialysis centre was organized by the Public Education Department in the afternoon of 24 August 2013.

The talk was presented by NKF dietician, Ms. Kher Pui Ling. It covered **TWO** parts:-

- i) Kidney Disease: A Common and Harmful but Treatable Ailment
- ii) Keeping Cholesterol Under Control

The talk focused on the importance of early detection of kidney and kidney associated diseases such as hypertension and diabetes and the maintenance of a healthy life style.

Altogether 46 distributors attended the talk and visited the dialysis centre. Cik Siti Fatimah Basir, the Dialysis Centre Manager, briefed them on the operations.



## “ KARNIVAL AMAL HARI PENYAYANG 2013”



NKF participated in the “Karnival Amal Hari Penyayang 2013”. The 3 day carnival organised by Yayasan Sultanah Bahiyah was held on 27-29 June 2013 at the Darul Aman Stadium in Alor Setar, Kedah Darul Aman.

2 NKF LifeCheck teams provided health screenings. One team was from the head office, while the other was from the

Northern Region. Screenings were carried out on board the NKF bus and on the ground. 19 individuals were deployed in both teams with assistance from volunteers from the local Lions Club.

The screenings involved checks on blood pressure, urine, blood cholesterol, blood glucose and body mass index/waist circumference as well as counseling.

Blood pressure readings indicate the likelihood of stroke, heart and kidney diseases, while urine test will amongst others determine the amount of sugar, protein and blood to detect certain diabetes and kidney failure.

### Thank You To All Our Donors Who Have Contributed From August - October, 2013

No	Paticulars	Amount (RM)
1	<b>Donation Boxes "Spare A Change, Save A Life Campaign"</b>	
	Parkson Corporation Sdn Bhd	1,617.00
	Alpha Pharmacy	1,472.00
	Wan Seng Acupuncture	1,440.00
	Mercato Sri Hartamas Supermarket	1,166.60
	DAVE's Deli (1 Utama)	803.00
	Pasaraya F & G (USJ) Sdn Bhd	577.00
	Alpro Pharmacy (Jaya 33)	324.50
	Caring Pharmacy	240.00
	Mosat Management-Caltex Station	151.00
	Vinson Aquarium, Kajang	65.00
	Health Lane Pharmacy Sdn Bhd	61.00
	<b>Total</b>	<b>7,917.10</b>
2	<b>Environmental Project - "Recycle Paper Into Lives"</b>	
	Soka Gakkai Malaysia (SGM)	1,204.60
	PJ Fibre Recovery-NKF	304.00
	<b>Total</b>	<b>1,508.60</b>
3	<b>Projects</b>	
	DNMC - Care to Give	11,982.00
	<b>Total</b>	<b>11,982.00</b>
4	<b>Company CSR / Associations / Individuals</b>	
	Biaxis (M) Sdn Bhd	32,002.00
	Kam Lang Fatt Family Trust	10,000.00
	Asia Vending Sdn Bhd	210.00
	<b>Total</b>	<b>42,212.00</b>

# Annual Staff High Tea 2013



In appreciation for the dedication and hard work put in by the staff of NKF, the Foundation had been organizing high teas over the years. Other than this purpose, the tea was also to foster closer interaction among staff of the various departments. In addition it provided the atmosphere for them to mix freely and informally with the senior management. All these together with other factors therefore build a base for a strong, focused and robust NGO within the field of medical treatment in general, in particular to kidney dialysis.

For 2013, the High Tea was held on 7 July 2013 at the Impiana Hotel Kuala Lumpur with the theme "Swinging 60's". Also attending the function were the Centre Managers in the Kuala Lumpur-Klang Valley and those from the outstation centres. About 100 persons, including spouses and children of staff, attended the function which amongst other things had singing and group performances by staff members themselves. The highlight of the event was the lucky draw where the majority of the staff won prizes. There were 2 grand prizes, a washing machine and a refrigerator, for the lucky winners. Congratulations to them. Everyone took home fond memories of the event.

Our sincere appreciation goes to all the sponsors and Board of Directors for funding this event for the staff of NKF.



## Dialog Evolution Haemodialysis Machine



NKF was blessed to receive a “**Dialog Evolution Haemodialysis (HD) Machine**” worth RM45,000 sponsored by Mr. Ong Kah Bin. Following his request, the machine was placed at Pusat Dialisis NKF-Kelab Apex (Klang).

A ceremony was held on 10 October 2013 for the presentation of a mock cheque for the

amount to purchase the machine from B Braun Medical Supplies Sdn. Bhd. The cheque was presented by Mr. Ong to Mr. Tan Chor Seong, NKF’s Senior Dialysis Manager representing the Foundation during the Annual Dinner held by the Jalan Meru Klang Residents’ Association at the Palm Grove Restaurant, Jalan Meru, Klang.

## Truly Loving Company (TLC) Project



As part of the Green project called **W.A.T.T.S** promoted by **Truly Loving Company (TLC)**, 11 air-conditioners and a refrigerator at Pusat Dialisis NKF- Dato’ Dr. G.A. Sreenevasan (Petaling Jaya) were replaced with energy saving appliances. The replacement process was completed on 24 September this year and the main sponsor for the electrical appliances was Cheng Hua Engineering Works Sdn. Bhd.

Altogether, the costs for replacing the appliances including the costs of the new air-conditioners and refrigerator amounted to RM40,582.00.

At a ceremony on 9 October 2013, Mr. Koh Kia Heong, the NKF Head of Finance and Administration, received a cheque for the amount from Ms. Wong Sau Tian, the General Manager of Human Resource and Administration of Cheng



Hua Engineering Works in the presence of Ms. Julia Chong the Chief Executive Officer of TLC.

The ceremony was followed by a visit to Pusat Dialisis NKF- Dato’ Dr. G.A. Sreenevasan.

At the same time 11 (eleven) similar energy saving air-conditioners worth RM20,000 would be donated for the office premises on the first floor of the Centre. The electrical appliances would be sponsored by Panasonic Malaysia Sdn. Bhd. (Panasonic) as a participant in the WATTS project. The units would be expected to be delivered to the foundation by mid-December 2013.

At the mock cheque presentation on 3 October 2013 at Wisma Panasonic, Ms. April Layla Joseph, the Head of Fundraising, represented the Foundation, while Panasonic was represented by the Managing Director for Malaysia, Mr. Yosuke Matsunaga and Mr. Cheng Chee Fung, the Deputy Director. The ceremony was held together with a press conference in conjunction with the 2013 International Greentech and Eco Products Exhibition and Conference Malaysia (IGEM).

*\* NKF will issue tax exempt receipts in the following year for cash donations or bank deposits after 15 January 2014*

## NKF Moon-cake Mania 2013



As part of NKF's fundraising activities, we sold 3 types of moon-cakes, namely, the Four Varieties, Premium Minis and Designer Giant Moon-cake. The cakes were supplied by KLT Food Industries Sdn. Bhd., more commonly known by the brand name of Kam Lun Tai. Through particularly the marketing efforts of our staff from the Fundraising Department 1,407 boxes of the different types of moon-cakes were sold. The sales brought in a revenue of RM38,191.83.



We thank KLT Food Industries for supplying the cakes. Above all, our greater appreciation goes to everyone who had purchased the moon-cakes from NKF. Your every purchase gives rise to hope and relieves the sufferings of many desperate poverty-stricken kidney patients.

Nevertheless, we pray that the purchases would pave the way for greater acts of kindness towards humanity by individuals and institutions.

## Caring Pharmacy Cares

NKF received a donation of RM16,960.15 from **Caring Pharmacy** on 21 August 2013. The amount in the form of a cheque was presented to NKF CEO, Mr. Chua Hong Wee by Mr. Loo Jooi Leng, the representative from **Caring**. The donation is under an arrangement the Foundation has with the pharmacy whereby on every Saturday when the pharmacy does not provide plastic bags to its customers, they can get these bags by buying them for 20 sen a piece. The monies collected from such sales at all the branches of the pharmacy are subsequently presented to NKF at an appropriate time.



## Festive Hampers

For the coming Christmas, New Year & Chinese New Year seasons, NKF has for sale the following hampers prepared by Just Heavenly Sdn. Bhd.

### Type A: RM150 per hamper



1. Pandan Sable Cookies
2. Awesome Almonds
3. Mince Pies
4. Lemongrass Pandan Cordial
5. Spice Rub
6. Sparkling Juice

### Type B: RM250 per hamper



1. Pandan Sable Cookies
2. Double Chocolate Chip Cookies
3. Awesome Almonds
4. Tomato Chilli Jam
5. Mince Pies
6. Pear Conserve
7. Lemongrass Pandan Cordial
8. Spice Rub
9. Sparkling Juice

### Type C: RM350 per hamper



1. Pandan Sable Cookies
2. Double Chocolate Chip Cookies
3. Awesome Almonds
4. Tomato Chilli Jam
5. Mixed Roast Nuts
6. Mince Pies
7. Lemongrass Pandan Cordial
8. Traditional Sugee Fruit Cake
9. Spice Rub
10. Sparkling Juice

To promote healthier eating, all products in the various hampers have less sugar.

Individuals or companies are welcomed to place with us their orders for the various hampers by filling in the form which can be downloaded from NKF's website [www.nkf.org.my](http://www.nkf.org.my). They will have to make their payments as specified in the form and e-mail the form to us together with the necessary proof of payments.

Free delivery can be arranged within the Klang Valley for purchases of 30 hampers and above.

For enquiries about the hampers, please contact Mr. Jeremy Kwan of Fundraising Department Tel: 03-79549048 ext. 208 or e-mail [fundraisng@nkf.org.my](mailto:fundraisng@nkf.org.my).

## Butterfly Lovers The Musical



Butterfly Lovers The Musical on 19 October 2013 and sponsored by Loh & Loh Corporation Bhd. was a huge success with 100% of the proceeds from the sales of tickets going to NKF.

The show kicked off with a welcome speech by Dr. Lee Wan Tin, a member of the NKF Board of Directors and a token presentation to Mr. Jason Loh, the Managing Director of Loh & Loh Corporation Bhd.

With a full-house capacity, the show raked in a whopping RM93,234.00 for NKF.

NKF sincerely thanks Loh & Loh for sponsoring the show and all viewers of the show (both individuals and those from the corporate bodies) for their generous donations towards raising funds to help NKF provide kidney dialysis treatment to poor patients. NKF also congratulates the Dama Music Theatre Company for the wonderful performance of the musical.

## Fundraising Concert by the Association of Malaysian Chinese Artists (AMCA)



On 20 September 2013 AMCA organised a “**Night of Unity Charity Dinner Concert**” at the Thean Hou Temple in Kuala Lumpur. At the event 32 local well known Chinese artists delivered 82 songs that were hits of past years. At the end of show, the organisers donated RM5,000 from the ticket sales to NKF Malaysia. Mr Chua Hong Wee, NKF CEO, was present there to receive a mock cheque from the Chairman of AMCA organising committee.

The concert was really memorable especially when it was not often to have an occasion to get 32 artists to perform together.

NKF sincerely thanks AMCA for organising the concert to provide for generous donations. At the same time, the Foundation looks forward to future collaboration with the Association.

*\* NKF will issue tax exempt receipts in the following year for cash donations or bank deposits after 15 January 2014*

## Maybank Staff Brought Cheers & “Ang Pows” to Dialysis Patients

24 August 2013 was a memorable Saturday for patients dialyzing at Pusat Dialysis NKF-Nanyang, Setapak. It was the day when 20 members from Maybank (SME Banking) led by Ms. Lim Han Ni came with a surprise. They mingled among the patients spreading words of empathy and encouragement. Adding to the cheers and goodwill, the group handed out bags of goodies and angpows to all the patients present. Over and above, Ms. Lim representing the group presented a cheque of RM1,800 to our Centre Manager, Sister Jayarani. The amount was part of their corporate social responsibility contribution towards enabling the Foundation to provide dialysis facilities to poor kidney patients. NKF sincerely thanks the group for their generosity and spending time with the patients.



## iCare, iVolunteer 2013



**iCare, iVolunteer** was the first fair hosted by the Counseling Services of the Students' Services Department of the Sunway University. It was held for two days – 8 & 9 May 2013 at the Energy Hub of the university.

At the fair, the NKF had an exhibition booth, where the Foundation raised funds through two avenues. These were the sales of the kidney-shaped coin boxes priced at RM25 per box and the setting up of a games stall catering for “tin can throwing” and “ring toss”. Arising from the selfless and enthusiastic efforts of NKF volunteers, RM158 was raised from the dual activities of sales and games.

## Infozine Partnership



NKF signed a one year contract on 26 August 2013 with Infozine, a community friendly newspaper for classified and general advertisements. The contract would be for the period of 26 August 2013 - 25 August 2014.

Under the terms of the contract, the newspaper would promote and publicise all of NKF's events without any charges amongst its readers in Bangsar, Damansara Heights, Mont Kiara, Sri Hartamas, Taman Tun Dr. Ismail and, in future, other parts of the Kuala Lumpur-Klang Valley. Copies of the newspaper are distributed free to residents in these areas.

\* NKF will issue tax exempt receipts in the following year for cash donations or bank deposits after 15 January 2014

## Direct Debit Donor Programme (DDDP) July - Sept 2013

Our sincere gratitude to all DDDP donors who supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the month of July to Sept 2013.

BW Cyans Advertising Sdn Bhd,KL	KPJ Ipoh Specialist Hospital,Perak
Desa Park City,KL	KPJ Penang Specialist Hospital,Penang
East Coast Mall,Pahang	Kulim Technology Park Corporation Bhd,Kedah
EG Groups Holding Sdn Bhd,KL	Low Yat Plaza,KL
Emerald Capital Group,Penang	Majlis Perbandaran Kulim, Kedah
EM Exhibitions (M) Sdn Bhd,KL	Menara Telekom,KL
Hospital Kajang,Selangor	Menara Zurich,KL
Hospital Melaka,Melaka	Northam Tower Pulau Pinang,Penang
Hospital Pakar Perdana,Kelantan	Pantai Hospital Ampang,KL
Hospital Pulau Pinang,Penang	Pantai Hospital Ayer Keroh,Melaka
Hospital Raja Perempuan Zainab II,Kelantan	Pantai Hospital Cheras,KL
Hospital Selayang,Selangor	Pantai Hospital Klang,Selangor
Hospital Sultan Abdul Halim Sg Petani,Kedah	Pantai Hospital Kuala Lumpur,KL
Hospital Sultanah Fatimah,Johor	Poliklinik Dr Azhar & Rakan Rakan Taman Ria,Kedah
Hospital Sultanah Nur Zahirah, Terengganu	Putra Medical Centre,Kedah
Ikano Power Centre,Selangor	SACC Mall,Selangor
Jabatan Imigresen Seberang Jaya, Penang	Sunway Medical Centre,Selangor
Johor Premium Outlets,Johor	Sunway Pyramid Shopping Mall,Selangor
Klinik Ria Taman Ria,Kedah	TAD Air Itam, Penang
Kota Bharu Medical Centre,Kelantan	Tesco Kajang,Selangor

### NKF'S Top 5 Fundraisers

**Cheers to our top 5 fundraisers. We are proud to present to you**



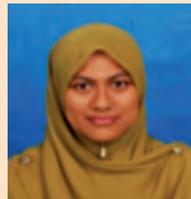
**Ngu Haeu Kee**



**Magdalene Hon  
Nee Fah**



**Nur Syamimi Bt  
Othman**



**Najmul Asyifa'**



**H.Mohd Najib**

NKF is pleased to announce our Top 5 fundraisers for the 3rd Quarter of 2013. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the effort they have taken in helping our dialysis patients.



**YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA**  
**NATIONAL KIDNEY FOUNDATION OF MALAYSIA** Regd. No. 659 (Sel)

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

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