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Message From Chief Editor

Greetings from the National Kidney Foundation of Malaysia.

With 2014 drawing to a close, we at the Foundation continued to bear witness, if not, be a participant to events around us.

We had hosted the 12th Annual Dialysis Meeting (ADM) for 2014 at the Hotel Istana in Kuala Lumpur for medical and para-medical personnel in the field of dialysis. With nearly 600 individuals comprising speakers, facilitators and participants, the event also featured booths by pharmaceutical companies displaying dialysis equipment and medical products. NKF too had a booth promoting organ donation and awareness of kidney disease, in addition to selling merchandise to generate income.

Our dietitian had also continually conducted sessions on the preparation of delicious and nutritious food to meet the diet of patients having chronic kidney disease.

Not to be outdone, our mobile LlifeCheck teams had travelled by land to the outlying towns of Segamat, Sik and Kuala Terengganu, and even by air to Kuching, Miri, Sandakan and Kota Kinabalu to carry out health screening.

To sustain the activities of the Foundation we had been fortunate to have generous benefactors, the bulk of whom were people in the streets who had chosen to be the "silent majority". On our part, our Fundraising Department was actively engaged in promoting and selling mooncakes, merchandise like ladies' dresses, t-shirts, NKF coin boxes and umbrellas as well as tickets for the "Larger Than Life: Broadway and West End" Musicals.

We are thus truly blessed by another year of generous donations from kind and sympathetic sponsors.

Enjoy reading and "A Happy and Fruitful New Year for 2015".

Dr. Prasad Menon
Chief Editor

NKF DIALYSIS CENTRES

TEL NO

1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar).	04-9777411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar).	04-7340215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar).	04-7352190
4. Pusat Dialisis Amal FO Y1 - NKF (Unit I) (Penang).	04-2824952
5. Pusat Dialisis NKF - FO Y1 (Unit II) (Penang).	04-2828701
6. Pusat Dialisis NKF - Lions, Penang.	04-2101555
7. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping.	05-8041633
8. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh).	05-3215921
9. Pusat Rawatan Dialisis Ping Rong - NKF (Seri Setia, Sg Way, Petaling Jaya).	03-78746707
10. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya).	03-79549048
11. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor).	03-61371884
12. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur).	03-62519850
13. Pusat Dialisis NKF - Kelab Apex (Klang).	03-33417009
14. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur).	03-40217704
15. Pusat Dialisis NKF - Bakti (Klang).	03-33239424
16. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
17. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
18. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
19. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
20. Pusat Dialisis NKF (Kota Bharu).	09-7475834
21. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
22. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
23. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
24. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
25. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
26. Pusat Dialisis NKF - Sandakan Kidney Society.	089-227852
27. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
28. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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When you least expect it

Life sometimes throws a curve ball when least expected. Such was the case for Nurul Nadwa Bt. Badri. Just last year, things were looking up for her. Like most 25-year-olds, she was an avid traveller and was active in sports, particularly netball. She was also a postgraduate student at Universiti Teknologi MARA, pursuing a Masters programme in Information Technology. However, her life unexpectedly took a turn for the worse.

In November 2013 Nurul began to develop difficulty in breathing. Her feet, left hand and face also began to swell. She was taken to a health clinic and was examined by a hospital assistant, who immediately referred her to the Tengku Ampuan Rahimah Hospital in Klang. There, she was immediately attended to by a doctor, who found that Nurul's heart was also swollen.

Upon further examination, the hospital authorities confirmed that both of Nurul's kidneys had failed.

Recalls a solemn Nurul. "The doctor said that there was no way I could be well again, apart from undergoing a kidney transplant. Until then, I would have to endure dialysis. I realised then that my life would not be the same.

Her parents were equally devastated. They knew that Nurul's condition would adversely affect their own lives as well, especially when her family was not well off either. With her condition, she had to depend on her 52-year-old father - a diabetic working as a driver with Kontena Nasional Berhad - to financially support additional costs. Her elder sister also helped out financially, if she could.

Finances aside, Nurul's day-to-day life had changed as well.

"I used to enjoy sports, especially netball. After contracting chronic kidney disease (CKD), I had to give it all up. It was so demoralising. I couldn't even travel and go on short beach vacations like I used to. Thankfully, I had my family and friends by my side," explains Nurul. A ray of hope soon emerged. National Kidney Foundation (NKF) of Malaysia had learned of Nurul's plight and provided dialysis treatment for her.

Nurul is now continuing her studies, even as she undergoes dialysis treatment on a thrice weekly basis, and hopes to join the workforce upon completion of her Master's programme. She still finds time to travel to nearby places and socialize with friends. She also hopes to have a kidney transplant soon.

"My younger brother wanted to donate his kidney to me," said Nurul, her eyes welling up. "However, he was deemed too young. So my transplant procedure is pending a suitable donor".

If there is anything to be learnt here, it is that kidney disease does not discriminate - young or old, rich or poor, regardless of status, race or profession - it can happen to anyone. The key is taking good care of your overall health.

Log on to www.nkf.org.my to help more kidney failure patients.



NKF's 12th Annual Dialysis Meeting 2014

On 29 & 30 November 2014, NKF as part of its annual event since 2003, organized and hosted the 12th Annual Dialysis Meeting (ADM) for 2014.

The ADM 2014 was held at the Hotel Istana Kuala Lumpur with the theme "Looking Ahead To 2020". In the words of Dato' Dr. Zaki Morad Mohd Zaher, Chairman of the NKF Board of Directors, it was to provide an insight into the up-to-date practices and recent advances in the treatment of chronic kidney disease. It would thus widen the horizon of knowledge of medical personnel.

Equipped with such know-how the practitioners would have their competency enhanced.

The Meeting has also become a nationally recognized benchmark as those attending it are eligible to secure continuing professional development (CPD) points for inclusion in the total CPD points they will require to qualify for the renewal of their practising licences.

The 1½ day Meeting, comprising 7 symposiums and 3 plenaries, covered a comprehensive range of issues ranging from those directly related to dialysis to social and emotional matters faced personally by the patients themselves.

Approximately 600 individuals attended the Meeting, which also featured booths by pharmaceutical companies displaying their dialysis equipment and other medical products. NKF too had a booth promoting organ donation and awareness of kidney disease, in addition to selling merchandise like t-shirts, blouses, bags, coin boxes and fridge magnets.

NKF congratulates the 12th ADM Organizing Committee under the Chairmanship of Dr. T. Thiruventhiran as well as Dr. Tan Li Ping and members of his Committee for carrying out their tasks excellently.



Small Group Teaching on Haemodialysis Diet

by Ms. Kher Pui Ling, Dietician NKF

Phosphorus is a mineral in the body that keeps our bones and teeth strong. People with kidney failure are not able to remove the phosphorus from their blood and are thus not able to excrete the excess phosphorus through their urine. Phosphorus control remains a challenge among people with kidney failure.

Education plays an important part in treating kidney patients. Studies have shown that teaching small groups increases patients' understanding and improves their diet compliance. Hence, 6 sessions in teaching small groups (8 to 10 patients per group) were conducted at Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching) on 21-23 August, 2014 by NKF dietitian, Ms. Kher Pui Ling together with two dietitians who were volunteers - Ms. Lau Chin Chin and Ms. Lau Li Ting.

In teaching the small groups, Kher shared the consequences of poor phosphorus control in the body. In addition, some diet tips and the importance of phosphate binders were highlighted. To help the patients remember the key food items which assist in controlling the phosphate level within a healthy range, games of cards involving identification of the types of food with varying amounts of phosphate were carried out. Besides these, an interactive question and answer session involving the dietitians and patients was carried out to wrap up the programme. Some information the dietitians shared with the patients is as shown.



Health Talk at Charis, Cheras by Ms. Kher Pui Ling, Dietician NKF

A forum on low sodium diet for dialysis patients was conducted on 12 October 2014 at Pusat Dialisis NKF - Charis (Cheras) by Ms. Kher Pui Ling, our Dietitian and Cik Syafiqah Mohammad (Public Education Executive). About 34 patients including members of their families participated in the forum where emphasis was on fresh ingredients in cooking at home to control the intake of sodium (salt).

During the session, Ms. Kher explained the role sodium plays in our body, especially in balancing fluid. The participants were informed that people with kidney disease or on dialysis would need to restrict their sodium intake for better blood pressure and fluid control. Excessive intake of sodium will raise blood pressure and trigger the thirst to drink more resulting in overloading with fluids. Nevertheless, without salt in the diet, it would be tasteless. Therefore, to compensate for the loss of flavour, the food can be cooked with spices, herbs, lemon, garlic, ginger, vinegar and pepper. Besides, Ms. Kher also shared tips to control sodium at the dining table and while eating out.

Apart from the diet forum, the patients already afflicted by the chronic kidney disease face a further whammy with the curb to their diet, thereby leading them to be demotivated.

A motivational talk was also held with Mr. Raymond N. C. Jagan as the speaker. The main purpose of the talk was to uplift the spirit of the patients by citing real life examples, urging them to have goals in their lives and coaching them to laugh. For the immediate impact at the session, the speaker engaged them in singing.

At the end of the forum, a demonstration in preparing a homemade burger was conducted by Cik Syafiqah. Ingredients for the burger include a bun, freshly ground meat, curry powder, an egg, cilantro leaves, light soya sauce and pounded black pepper seeds. The session ended with refreshments catered by NKF partners, Charis, and our Welfare Department.

A comparison of the sodium content in the homemade and processed burgers is as shown.



“One Pledge, A Million Hopes” Campaign



A street campaign on organ donation was organized by the National Transplant Resource Centre (NTRC) of the Ministry of Health on 11 October 2014.

It was launched by YB Dato' Seri Dr. S. Subramaniam, the Minister of Health, who was accompanied by Tan Sri Lee Lam Thye, the Chairman, National Public Awareness Action Committee on Organ Donation.

The campaign was a unique approach with volunteers comprising students from institutions of higher learning, non-government

organizations and the National Kidney Foundation (NKF) of Malaysia carrying out joint efforts in creating awareness of the importance of organ donation.

The campaigners walked from the Sogo Complex to Jalan Tunku Abdul Rahman, Jalan Raja Laut and Masjid Jamek to share information on organ donation and to encourage members of the public to pledge their organs.

In the light of the campaign, 248 people registered to pledge their organs.

In addition, this campaign was carried out simultaneously at 77 different locations nationwide with the result that 5,103 individuals, including those at the Sogo Complex walkabout, pledged to donate their organs.

The theme of the campaign, One Pledge, A Million Hopes, came at the right time as our country needs more organ donors to help our organ failure patients. Currently, only 266,583 individuals or 0.9% out of our total population have pledged to donate their organs compared to 18,493 in the waiting list for organ transplant. The majority of the patients in the waiting list are suffering from kidney failure, and as a consequence, NKF is giving its full support in creating awareness in organ donation and chronic kidney disease.

Individuals over the age of 18 years can pledge to donate their organs by logging onto the website www.dermaorgan.gov.my or facebook www.facebook.com/dermaorgan. In the case of those below 18 years, parental consent has to be given when they pledge to donate their organs.



For further information on kidney transplantation, kindly contact the Public Education Department of NKF, Tel: 03-79549048 ext 225.

Health Screening In Terengganu

In the 2nd week of September 2014, a NKF LifeCheck Mobile Health Screening unit was in Terengganu to promote awareness and extend health screening on chronic kidney disease in faraway small towns with vast surrounding areas. The screening was to complement the existing medical services in these areas and at the same time bring health checks to the doorsteps of the local community.

With the assistance of the state administration, the health screening sponsored by Allianz General Insurance Company (Malaysia) Berhad was carried out over 4 days from 9 to 12 September 2014. 3 of the venues were in Kuala Terengganu and 1 in Dungun.

The screenings done in the Terengganu state capital were at:-

- i) Hadapan Pasar Cabang Tiga on 9 September
- ii) Perkarangan Masjid Titian Baru, Kedai Buluh on 10 September
- iii) Masjid Kerteh on 12 September 24, 2014

In Dungun, the health check was carried out on 11 September at the Persekutuan Surau Tuan Guru Haji Zainal Abidin, Sura Gate.

Apart from checking blood pressure, blood glucose levels, urine tests, and body mass index/waist circumference, the screenings provided counselling.

At the places visited by the screening team, response was very encouraging especially among the older folks. 411 individuals turned up for the check-up, comprising 85 at Hadapan Pasar Cabang Tiga, 172 in Perkarangan Masjid Titian Baru, Kedai Buluh, 54 at Masjid Kerteh and 100 in Dungun.



2014 Family Day: Pusat Dialisis Amal Fo Yi (Unit 1) (Penang)



On 19 October 2014, Pusat Dialisis Amal Fo Yi (Unit 1) (Penang) held a Family Day. The function held beside the centre premises, was attended by patients of the centre together with members of their families, members of the Fo Yi Medi-fund Committee, volunteers and staff of the centre.



Around 53 patients and members of their families participated in the event. Goody bags sponsored by Jansen, a pharmaceutical company, were distributed to them.

All present were feted to a sumptuous buffet lunch with entertainment provided by some patients and staff members who sang and danced. Mr. Ooi Deng Soon, a member of the Fo Yi Committee, contributed his part by thrilling the gathering with a magic show.



The highlights of the Day were the presentation of dialysis fees to patients from the Fo Yi Renal Medi-fund by Mr. Ooi Deng Soon and a lucky draw.

Sister Tan Lay Ai, the Centre's Manager was the principal personality at the function and she gave a talk on "How to care for a dialysis patient?"

In continuing with efforts to complement and supplement health screening undertaken by the Ministry of Health in the remote areas especially in East Malaysia, a mobile health check team flew to Kuching and Miri in Sarawak. The team made up of 8 members was led by Yap Lai Yin, the Assistant Manager in the Public Education Department of the National Kidney Foundation (NKF) of Malaysia.

This trip was made possible through the sponsorship of Allianz General Insurance Company (Malaysia) Berhad.

The team was deployed from 9 a.m. till 4 p.m. on the days they were in the towns. On 3 November 2014, it was operating at Dewan Sekolah Jenis Kebangsaan (SJK) Cina Chung Hua at Pekan Batu Kawa, a sub-urban area in Kuching. Blood pressure reading, urine test, and blood glucose reading accompanied by counselling were amongst the health tests carried out free of charge on members of the public. At the end of the day, 136 individuals had been screened and counselled, and those who had been found to have high blood pressure and high glucose readings, were advised to seek follow-up medical check-ups and treatment at the nearest government hospitals and clinics.

The team carried out similar activities at Dewan Kampung Siol Kandis at Petra Jaya, another outskirts of Kuching on 4 November and screened 56 members of the public.

Health Screening In Kuching and Miri



From Kuching the team flew to Miri to carry the same work on 5 November at Balairaya Kampung Piasau Utara an outlying area of the town which is inhabited by many fishermen with the result that 81 individuals had their health checked.

On 6 November, the team was at another remote part of Miri - Pusat Aktiviti Biro Wanita Bakam which is near the sea and a fishing village with many older fishermen to carry out the health tests and in the process screened 70 members of the public.

NKF sincerely thanks Allianz General Insurance Company (Malaysia) Berhad for kindly underwriting the team's trip to the Borneo state.

Tribute to Sam Hui Charity Concert

In collaboration with NKF and the Blind Empowerment Society Selangor, a charity event themed "Tribute to Sam Hui for charity" jointly organized by YFL, Chartered Accountants and S2 Signature, was successfully held on 10 September 2014 with a net contribution of RM83,000 to purchase 2 units of dialysis machines for Pusat Dialisis NKF -Dato' Dr. G.A. Sreenevasan (Petaling Jaya). The dialysis machines were handed over on 29 September 2014.

This event received massive media coverage, especially in major Chinese newspapers (Sin Chew Daily, China Press & Nanyang Siang Pau) and was also aired in the National TV station and NTV7.

"Tribute to Sam Hui for charity" was the brainchild of Mr Yap Fatt Lam, the organizing chairman who teamed up with a group of friends, i.e. 20 "Sam Hui" fans, who contributed and helped to raise funds in order to be able to "sing" the evergreen songs of Mr Sam Hui, a Hong Kong canto-pop legend. This meaningful "FUN" fund raising event was aimed to raise funds to purchase a dialysis machine for Patricia Lee and 5 other dialysis patients.

The event received an overwhelming response from 20 singers, fans, sponsors and media friends, and was held at Restaurant Rokaro, Petaling Jaya, owned by Dato' Roland Tan, aka Malaysia's Sam Hui, who also participated as a guest artist.

Among the 20 singers, 3 were former beauty queens (Irene Wong, Isabelle Liew & Lim Siew Chin); 3 blind singers (Godfrey Ooi, Lim Ah Ping and Patricia Lee); 2 accountants (Yap Fatt Lam and Johnny Yong); 2 professional singers (Candy Cheah & Andy Chow); 2 professional photographers (Andy Leong & Alvin Loh); 2 professionals (Lee KS & Crystal Yip); 1 doctor (Dato' Dr. Tam); 1 lawyer (Christopher Wong); 1 slimming adviser (Stella Lim); 1 entrepreneur (Fan Voon Keong); 1 brand strategist (Jon Tan); 1 jewellery designer & entrepreneur (Kevin Pang)

In addition, 2 young artists (Nicklaus Gan and Tan Xian Lin, aged 13 and 16) and a professional artist, Pam Loh, have contributed their paintings for auction and successfully raised RM3,288.

All the fans, sponsors and guests had a very entertaining and memorable night with lots of fun and laughter.



SOCSO Donated 2 Haemodialysis Machines To NKF Dialysis Centre in Sarawak



On 20 September 2014, SOCSO presented two hemodialysis machines worth RM80,000 to Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary Kuching located at the Hock Kui Commercial Centre in Kuching, Sarawak. The machines were part of the total of 9 machines the social security organisation had donated to NKF and they were all of the same value. The remaining 7 machines were placed at different dialysis centres in Peninsular Malaysia.

The contribution was in line with SOCSO's efforts to improve its services and benefits to its members.

In handing over the machines in Kuching, Y.B. Datuk Seri Richard Riot Jaem, the Minister of Human Resources highlighted that the centre was selected as the beneficiary on the grounds that it is a non-government charity organization that is committed to providing dialysis treatment to the poor, including the SOCSO patients. On top of it, the centre is in need of more machines as it is currently providing dialysis treatment to 40 patients under SOCSO sponsorship.

At the ceremony was Y. Bhg. Dato' Dr. Zaki Morad Mohd Zaher, the Chairman of the NKF Board of Directors.

In conjunction with the presentation, a NKF health screening team was at the centre to carry out health tests. Amongst the tests available were those of the blood pressure reading, urine, blood glucose and body mass index/waist circumference all of which would be referred to during counselling done with each person who had undergone the screening.

NKF thanks SOCSO for generously donating the 9 machines.



Near Full House for the Dama Concert "Larger Than Life"

Loh & Loh Corporation Bhd. for the third successive year on 11 October 2014 sponsored another show of the Dama Concert in aid solely of the National Kidney Foundation. This time, it was the musical "Larger Than Life" which played to a nearly full house through the invaluable support of NKF donors, supporters, associates, vendors and partners. A substantial sum of RM108,909 was received from the sales of tickets from the show.

Performances in the musical included Broadway and West End favourites and modern musical hits such as The Lion King and Mamma Mia, featuring singers Nigel Richards and Tan Soon Suan.

Prior to the commencement of the show, Dr. Thiruventhiran, the Vice Chairman of the Foundation presented a token of appreciation to Mr. Jason Tan, the Managing Director of Loh & Loh.

In so doing, Dr. Thiruventhiran thanked Mr. Loh for his continuous commitment towards NKF. He also thanked all the supporters of the Foundation at the show in inspiring the Foundation to provide subsidized dialysis treatment to poor kidney patients and to educate the Malaysian public to care for their kidneys.



THANK YOU TO ALL OUR DONORS WHO HAVE CONTRIBUTED FROM SEPTEMBER - NOVEMBER, 2014

No	Particulars	Amount (RM)
1	Donation Boxes "Spare A Change, Save A Life Campaign"	
	Parkson Corporation Sdn Bhd	2,254.90
	Alpha Pharmacy	1,717.00
	Caring Pharmacy	1,436.20
	Mercato Sri Hartamas Supermarket	1,254.00
	Wan Seng Acupuncture	1,165.00
	Health Lane Pharmacy Sdn Bhd	1,090.00
	Dave's Deli (1 Utama)	943.16
	Pasaraya F& G (USJ) Sdn Bhd	422.00
	Mosat Mgmt-Caltex Station	166.00
	Hot n Roll @ e-Curve	150.00
	Vinson Aquarium, Kajang	65.00
	Total	10,663.26
2	Environmental Project - "Recycle Paper Into Lives"	
	Soka Gakkai Malaysia (SGM)	280.00
	Total	280.00
3	Projects	
	ALC- Charity Dinner	15,000.00
	Raja Shahrudin Rashid & Che Pn Sarah Carol Wedding Anniversary	4,870.00
	Total	19,870.00
4	Company CSR / Associations / Individuals	
	IMO Madam Lee Cheng Kuan	14,170.00
	K & N Kenanga Holdings Berhad	10,000.00
	Lei Chang Moh	10,000.00
	Hew Yoon Hsia	10,000.00
	Pengangkutan Kekal Sdn Bhd	10,000.00
	Sureskumar A/L Krishnan	10,000.00
	RHB Islamic Intl. Asset Management Berhad	9,419.39
	Biaxis (M) Sdn Bhd	8,888.88
	Muhammad Naquib Hussain	5,000.00
	Balkish Binti Mohd Isa	5,000.00
	Amanah Raya Trustees Bhd-PIOF	4,260.00
	STM Marketing Sdn Bhd	4,000.00
	Yayasan Lim Goh Tong	3,000.00
	Institut Bank-Bank Malaysia (FSTEP)	1,800.00
	Total	105,538.27

Toyota Classics 2014 Concert



The National Kidney Foundation of Malaysia (NKF) on the night of 11 November 2014 received a donation of a Toyota Hiace van by UMW Toyota Motor Sdn. Bhd.

The vehicle was part of the outcome in celebrating the 25th anniversary of Toyota Classics - Toyota Classics 2014, a programme held on that night with the theme "Music That Moves Lives" and with the purpose to raise

funds to assist selected charitable organizations via the performance of the world famous Covent Garden Soloists' Orchestra. Star performers for the occasion were violin prodigy Vasko Vassilev and Pamela Tan-Nicholson, a piano virtuoso and composer arranger.

The funds were raised from the sales of tickets to the 182 seats priced at RM60, RM120, RM170 and RM220 each at Dewan Filharmonik Petronas.

Guests of honour for the night were DYMM Sultan Sharafuddin Idris Shah Alhaj Ibni Almarhum Sultan Salahuddin Abdul Aziz Shah Alhaj and YABhg. Tun Dr. Siti Hasmah binti Haji Mohamad Ali.

The Sultan later presented mock-ups of donations to the beneficiaries. NKF CEO, Chua Hong Wee received the mock cheque presentation for the Foundation.

NKF would be using the van for its Public Education Department to carry out mobile health screening activities under the Foundation's "Early Detection & Prevention Save Lives" programme.

University Putra Accounting Club Presented RM1,500 to NKF

On 27 October 2014, NKF CEO Chua Hong Wee received a cheque for RM1,500 from Miss Tee Hiu Ying, the President of the University Putra Accounting Club of Universiti Putra Malaysia.

The amount is the donation by the club to NKF to assist the Foundation in mainly the running its operations for the dialysis treatment of needy patients suffering from chronic kidney disease.

The sum was the accumulation of monies raised by the club by holding events such as talks, workshops and seminars.

NKF thanks the club for its kindness and generosity.



Guardian charity Bonanza

The Guardian Pharmacy Group organised its 47th Anniversary Charity Bonanza in 2014 with the sole objective to raise monies to provide and promote the care, development and well-being of our patients' children.



The group held the Charity Bonanza from 5 to 8 June 2014 whereby every of its customers donating RM10 towards charity would receive a limited edition canvas bag and a charity card.

With the card, the customer could enjoy within the promotion period a 30% discount for 22 participating brands carried out by its outlets throughout the country.

At the end of the charity drive, NKF Director, Dato' Shamsuddin Mohd. Dubi represented the Foundation to receive RM60,000

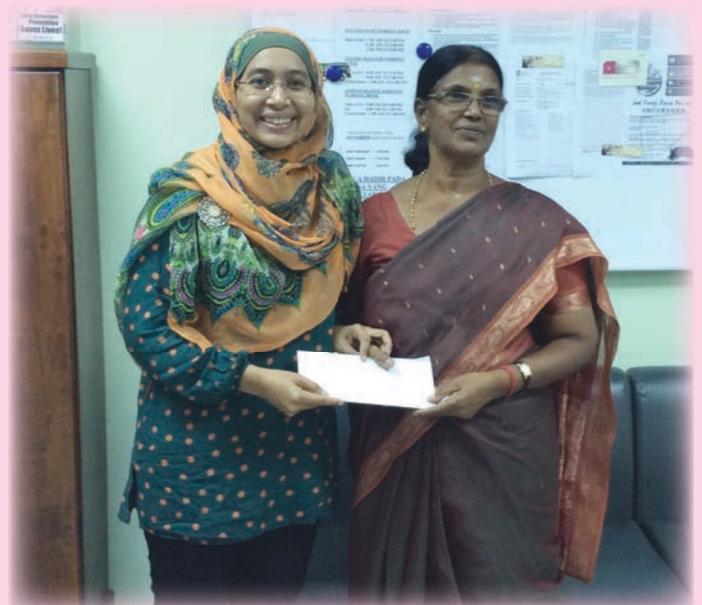
from the group. NKF sincerely thanks the Guardian Pharmacy Group in contributing for the fourth successive year towards the Children's Education Welfare Fund where we will be providing funds to patients to cover their children's educational expenses.

Donation of RM50,000 by the family of the late Mr. Vyapuri s/o M. Muthusamy

On the 5th anniversary of the death of Mr. Vyapuri s/o M. Muthusamy, who passed away 30 August 2009, his family donated RM50,000 to NKF in appreciation of the services rendered by Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru) to him when he was a patient there. The money donated was to help the Foundation to provide health screening to the community.

The donation in the form of a cheque was presented in the presence of members of Mr. Vyapuri's family and staff at the centre by his widow, Madam Tanaletchimy d/o Kalimuthu, to Maznifah Fateh, the NKF Public Education Department Head, who represented the Foundation.

NKF truly appreciates and thanks all his family members for their kindness and generosity.



NKF Received 2 Automated Dialyser Reprocessors From Mah Sing Foundation.

On 21 September 2014 Mah Sing Foundation (MSF) held a fundraising charity dinner with the theme "Building Lives Together" at the Shangri-La Hotel in Kuala Lumpur.

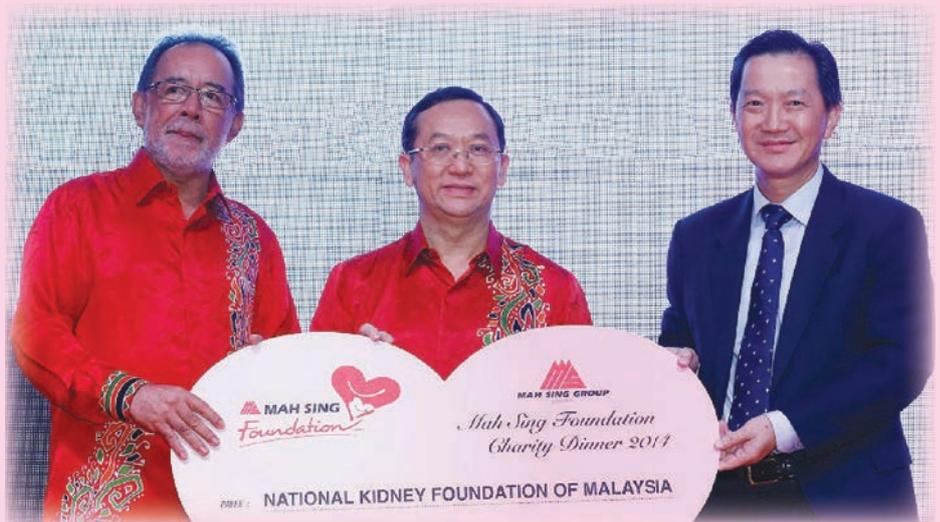
At the function, Tan Sri Dato' Sri Leong Hoy Kum, the founder of MSF made mock cheque presentations to beneficiaries including NKF which received 2 automated dialyser reprocessors.

Tan Sri Dato' Sri Leong is also the Group Managing Director and Group Chief Executive Officer of the Mah Sing Group (Mah Sing), a company listed in the Kuala Lumpur Stock Exchange with its core business in property development.

To receive the presentation on behalf of NKF was CEO Chua Hong Wee.

The presentation was the outcome from Mah Sing's annual fund-raising activities and hosting of events.

NKF thanks Tan Sri Dato' Sri Leong and MSF for the gift of the two machines.



A Dialysis Machine from Harlow's & MGI Sdn. Bhd.

On 18 November 2014, NKF CEO Chua Hong Wee presented a plaque to Encik Adam Bachek, the Chairman of Harlow's & MGI Sdn. Bhd.

The presentation was in appreciation for the money brokering firm donating a dialysis machine worth RM45,000 to the Foundation under the firm's corporate social responsibility programme. It was the culmination of the money broker hosting a charity day on 18 June 2014.

On that day, Harlow's & MGI Sdn. Bhd. dedicated all the commissions the company earned for that day from executing monetary transactions on behalf of its clients. The earnings were for selected charitable organisations, including NKF.

NKF thanks Harlow's & MGI Sdn. Bhd. for its generosity in helping the Foundation to sustain the dialysis and related operations.

The machine is currently being placed at Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur)



Malaysian International Gourmet Festival (MIGF) 2014

NKF participated in both the preview event and the Awards & Celebration Party of the Malaysian International Gourmet Festival (MIGF) 2014.

The preview event of the festival known as Taste MIGF was held on 26 to 28 September at the Sunway Pyramid Convention Centre (SPCC), while the Award & Celebration Party was on 6 November at Royale Chulan Hotel in Kuala Lumpur.

At the SPCC "Epicure International Gourmet Village" staff from the NKF Fund-raising Department put on sale coin boxes, umbrellas and t-shirts at a booth allocated to the Foundation.

Finally, the Festival ended spectacularly with the Award & Celebration Party, where NKF put for auction 9 coin boxes decorated by well-known Malaysian celebrities. On the spot donations were also carried out with donation boxes passed among the crowd at the celebrations. Proceeds from the auction and collection were channeled towards financing the dialysis of poor chronic kidney disease patients.

NKF received RM11,382.30 from these two events.

The Foundation expresses its heart-felt appreciation to the organisers of the Festival, especially the management and staff of Vision Four Media Group as well as all those who had successfully bid for the decorated coin boxes and those who had given generously.



Rimbayu's Friendship Charity Run 2014

The Rimbayu's Friendship Charity Run 2014 was organized by IJM Land Bhd on 27 September 2014 and was a fun run covering a distance of 6 kilometers with 3 intermittent stops. It kicked off in the morning from The Arc in Bandar Rimbayu, Kota Kemuning in Shah Alam.

At the stops, the participants were given water and had to answer questions.

Participation was very encouraging with hundreds attending. At the end of the run, the first 50 participants who had completed the event and answered all questions correctly at all the 3 stops were rewarded with RM100 each, while breakfast was served and goody bags were given to all the participants. In addition, the first 300 participants won medals.

The event climaxed with the presentation of mock cheques and lucky draws and giving away of prizes.

NKF received a mock cheque for RM10,000, which was presented by Dato' Soam Heng Choon, the CEO and Managing Director of IJM Land Bhd to NKF CEO Chua Hong Wee.



Direct Debit Donor Programme (DDDP) July - September 2014

Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the months of July to September 2014.

ASC Agenda Suria Communication Sdn Bhd,KL	Kota Bharu Airport,Kelantan
B. Braun Medical Industries Sdn Bhd,Penang	Kuching Computer Business Association,Sarawak
Boustead Curve Sdn Bhd,Selangor	Mahkota Medical Centre,Melaka
Chempaka Buddhist Lodge,Selangor	Metro Specialist Hospital,Kedah
EM Exhibitions (M) Sdn Bhd,Kuala Lumpur	BW Cyans Advertising Sdn Bhd,KL
Giant Kinrara,Selangor	Northam Tower Pulau Pinang,Penang
Global Actievent,Kuala Lumpur	Onexpo (M) Sdn Bhd,Selangor
Jobs Central (M) Sdn Bhd,Selangor	Pantai Hospital Ampang,Selangor
Hartamas Shopping Centre,KL	Pantai Hospital Penang,Penang
Hospital Ampang,Selangor	Perda City Mall,Penang
Hospital Kulim,Kedah	Proud & Loud & Jac Heritage,Penang
Hospital Melaka,Melaka	Shah Alam Buddhist Association,Selangor
Hospital Pulau Pinang,Penang	Tawakal Hospital,Kuala Lumpur
Hospital Putrajaya,Wilayah Persekutuan	Tesco Semenyih,Selangor
Hospital Raja Perempuan Zainab II,Kelantan	Tropicana Corporation Berhad,Selangor
Hospital Serdang,Selangor	Yayasan Sultanah Bahiyah,Kedah
Hospital Sungai Buloh,Selangor	Hospital Tengku Ampuan Afzan,Pahang
Ikano Corporation Sdn Bhd,Selangor	Johor Premium Outlets,Johor

NKF's TOP 5 FUNDRAISERS

Cheers to our top 5 fundraisers. We are proud to present them to you



**Habib Muhammad
Najib Bin Habib Idris**



**Nur Shafeqa Bt
Tamat**



**Varatharaj A/L
Krishnasamy**



**Rajasegara A/L
Seghar**



**Mohd Helmi Bin
Mahadi**

NKF is pleased to announce our Top 5 fundraisers for the 3rd Quarter of 2014. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the efforts they have taken in helping our dialysis patients.



YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA
NATIONAL KIDNEY FOUNDATION OF MALAYSIA Regd. No. 659 (Sel)
马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிலுவனLD

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