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MEDIA PRIMA BHD

PRESENTED 6 DIALYSIS MACHINES

TO NKF

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Message From Chief Editor

Greetings from the National Kidney Foundation of Malaysia!

As we look back to the year 2016, we can safely say that the year was relatively good to us when overall indicators abound with tales of decline in financial earnings.

We had been truly blessed that our anchor support through individual donations had generally not faltered. Many cancellations and reductions in donations had been met by fresh streams of new donors and even additional donations from existing donors. Nevertheless, admittedly, donations from corporate donors had diminished.

On the other hand, the relentless efforts by our Fundraising Department had been fruitful where we were able to garner donations especially for dialysis machines.

With such buoyancy, even our organized outdoor activities like the World Kidney Day 2016 Family Walkathon had no lack of participation from the general public. Also meetings such as the NKF 12th Patient Forum 2016, 3rd Renal Nutrition Seminar (RNS) and 2016 Annual Dialysis Meeting (ADM) that we held met with tremendous response.

Not to be left out, the LifeCheck Mobile Health Screening Teams carried out outstation health checks.

In addition, our dialysis centres held family day events to bring about closer relationships amongst the centre staff, patients and their care-givers.

In the light of these encouraging events, it is hoped that we can do better, if not remain on an even keel, in 2017.

We wish you "Merry Christmas and A Happy New Year for 2017"

Happy Reading.

Dr. Prasad Menon
Chief Editor

NKF DIALYSIS CENTRES

TEL NO

1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar).	04-9777411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar).	04-7340215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar).	04-7352190
4. Pusat Dialisis Amal FO Y1 - NKF (Unit I) (Penang).	04-2824952
5. Pusat Dialisis NKF - FO Y1 (Unit II) (Penang).	04-2828701
6. Pusat Dialisis NKF - Lions, Penang.	04-2101555
7. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping.	05-8041633
8. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh).	05-3215921
9. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya).	03-79549048
10. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor).	03-61371884
11. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur).	03-62519850
12. Pusat Dialisis NKF - Kelab Apex (Klang).	03-33417009
13. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur).	03-40217704
14. Pusat Dialisis NKF - Bakti (Klang).	03-33239424
15. Pusat Dialisis NKF - Charis (Cheras).	03-91328193
16. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur).	03-92813451
17. Pusat Dialisis NKF - Che Luan Khor (Kluang).	07-7765313
18. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru).	07-3866164
19. Pusat Dialisis NKF (Kota Bharu).	09-7475834
20. Pusat Dialisis NKF - Kuala Terengganu.	09-6249423
21. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan).	09-5141566
22. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).	082-240927
23. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu).	088-538532
24. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman.	09-8583393
25. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim).	04-4080669
26. Pusat Dialisis NKF - Sang Riang (Triang).	09-2505709

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Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar) Celebrated Its Family Day



On 14 October 2016, Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar) held its Family Day with a one day field trip to Taiping in Perak.

70 individuals made up of patients of the centre, their family members as well as their care-givers together with staff members from the centre participated in the trip. They had to assemble at the centre by 7 o'clock in the morning of the day and two buses had been chartered to take them on their journey.

At the town, the participants had a rather busy schedule with visits to places of interest, where they were briefed on the production processes for products which they use in their everyday life.

These included coffee powder processed at the Antong Café, one of Malaysia's historical coffee mills, hand-made biscuits at the only traditional confectionary in Taiping, charcoal and duck breeding at the Trong Leisure Farm and Resort Sdn Bhd where they had their lunch.

Apart from these, the participants even went on a tour of the Matang Mangrove Forest Reserve, one of the world's best managed forests, where they enjoyed a cool, breezy, quiet and peaceful walk.

In remembrance of the trip, the participants had the opportunity to go to Kuala Sepatang to shop for dried seafood to take back to Alor Setar. Moreover, each patient in the journey was given an umbrella, a T-shirt and RM20 for food expenses.

After a tiring and fruitful journey the party returned to and reached Alor Setar at 9 p.m.



13th NKF Annual Dialysis Meeting (ADM) 2016



After a lapse in 2015, the NKF Annual Dialysis Meeting (ADM) series resumed for 2016. The 13th NKF ADM 2016 was held on 12-13 November at the VE Hotel & Residence in Bangsar South, Kuala Lumpur.

With its theme “Moving Towards Patient-Centred Care”, the meeting attracted about 500 participants. These were people from the medical and para-medical field comprising nephrologists, doctors, medical assistants and nurses whose primary concern was providing haemodialysis treatment to patients suffering from End Stage Renal Disease (ESRD).

The main focus of the meeting was to update the participants on the current practices and knowledge in the treatment of chronic kidney disease, so that the medical personnel would be better equipped to treat kidney patients. The speakers were experts in nephrology and its related fields.

Hence, with the ADM attaining a national standard, participants could even collect 10 continuing professional development (CPD) points to add to the total CPD points they will require to qualify for the renewal of their practicing certificates.

To compliment the ADM atmosphere of talks, 12 pharmaceutical companies set up booths to display their products with some even demonstrating the usage of these products. Literature about them was freely made available. NKF had a table to distribute pamphlets on kidney disease and to get participants to pledge to donate their organs.

For the success of the ADM, NKF is greatly grateful to:-

1. Dr T. Thiruventhiran, the Chairman of its Organising Committee;
2. Professor Dr. Abdul Halim Ghafor, the Chairman of the Scientific Committee together with the members of his Committee, Dr Rafidah Abdullah, Dr Tan Li Ping and Dr Wan Ahmad Hafiz Wan Md Adnan;
3. Speakers;
4. Sponsors for the event; and
5. All those who assisted in one way or another to make the event a success.



Programme for Patients & Care-givers by Ms. Kher Pui Ling, NKF Dietitian

Programme for Patients & Care-givers was an educational scheme jointly organized by the Public Education and Welfare Departments of the National Kidney Foundation of Malaysia (NKF) for the patients and care-givers of Pusat Dialisis NKF - Kuala Terengganu.

The programme held on 21 October 2016 at the Batu Burok Beach Resort, Kuala Terengganu, was aimed at enabling the patients to achieve long lasting medical and dietary goals by providing them and their care-givers the knowledge to make their own decisions in caring for the patients as much as possible in order to improve their medical condition.

2 modules were presented at the programme as follows: -

1. Fistula care; and
2. Dietary Phosphorous Control

With regard to fistula care, the presentation was made by Dr. Muhaida Suzana Binti Mokhtar, the Nephrologist from Hospital Sultanah Nur Zahirah in Kuala Terengganu.

Since the fistula is a type of access used for haemodialysis, 3 important issues were emphasized, namely,

1. Keeping the fistula clean in order to minimise the risk of getting infection;
2. Ensuring proper blood flow through the fistula to reduce the risks of blood clots without putting extra pressure around the area; and
3. Checking the blood flow by touch and sound (the sensation of thrill)

In the case of the Dietary Phosphorous Control which was presented by Ms. Kher Pui Ling, the NKF dietitian, she touched on improving and /or refreshing the knowledge of dietary phosphorus management in haemodialysis patients with hyperphosphatemia.

To enliven the programme, a "Kidney Friendly Breakfast Contest" was held with the main purpose of getting the patients and their care-givers to put into practice the knowledge they had acquired to prepare breakfast.

To make the contest more exciting and challenging, the patients and their care-givers had to come up with a creative and hygienic breakfast that was delicious and kidney friendly within 45 minutes based on a given number of ingredients.

The breakfast prepared was consequently judged among other criteria on taste, presentation, hygiene, nutrition content and teamwork.

NKF thanked all the volunteers and its staff members for the success in organizing the programme.



(Extracted From The Sunday Star Dated 9 October 2016)

Donors Living Life To The Fullest After Donating Organs by Beh Yuen Hui

KUALA LUMPUR: John Low would not have been able to meet his wife, start his own business and enjoy outdoor activities if not for his sister, who gave him one of her kidneys.

Twenty-seven years have passed and now, both the 54-year-old convenient shop owner and his sister are leading healthy lives.

"I thank my sister for giving me a second chance to live, and my other siblings for their care and support," said the happy father of two children, aged 20 and 24.

Low was diagnosed with kidney problems when he was just 11. Since then, the Tangkak boy travelled alone in a bus from Johor to here every three months for treatment.

"I went on like this for 16 years until my condition deteriorated and I had the transplant," he said. Low recalled how his protective parents restricted many of his activities.

"I knew my parents were worried about me but when they kept saying I could not do this or that, I lost confidence in myself. At one point, I even felt I was useless," he said when met at the launch of the National Organ Donation Awareness Campaign at the Bangsar LRT station here yesterday.

Low has been joining his fellow organ recipients from the Green Ribbon Support Association Kuala Lumpur to promote organ donations and clear myths associated with this noble act.

Andrew Paul Louis, a 52-year-old donor, explained that donating organs would not affect one's health.

"I'm still as healthy as I was before the surgery. In fact, I was discharged from the hospital on the third day after the surgery," said the event manager, who donated one kidney to his wife some 15 years ago.

At the event, National Organ Donation Public Awareness Action Committee chairman Tan Sri Lee Lam Thye and hundreds of volunteers from the Health Ministry, National Transplant Resource Centre and Prasarana Malaysia headed to several LRT stations to promote the cause.

Although the number of organ donation pledges had increased in the recent years, Lee felt the total number was still too low.

"As of last month, a total of 362,450 people have signed up – the equivalent to 1.2% of the population," he told reporters later, adding that the total number of actual donors since 1976 was at 597.

He said there were about 20,660 people on the waiting list for transplants.

For details on organ donation, visit www.dermaorgan.gov.my.



Doing good: Low (left) and a volunteer explaining about organ donation to a commuter at the Bangsar LRT station.

Northern NKF LifeCheck Mobile Health Screening In Seberang Perai



At a request for health screening in Seberang Perai, the Northern NKF LifeCheck Mobile Health Screening Team based in Alor Setar, Kedah, made an outstation trip to that part of Peninsular Malaysia.

The trip began with Cik Nurul Husna Binti Abu Bakar leading the other 6 members of the health screening team on various dates to different locations to meet the local facilitators to carry out health screening at specific times. As a result, the number of individuals screened for the different days is as shown in the summary below.

Sept. 2016	Time	Health Screening Location	Facilitator	No. Checked
1	10 am - 5 pm	"Jawatankuasa Kemajuan dan Keselamatan Kampung (JKKK)" Bukit Tengah Dewan Bayu Muthira, 14000 Bukit Mertajam	Mr. Tan Yam Soon, Chairman "JKKK" Bukit Tengah	53
2	9 am - 4 pm	"JKKK" Perkampungan Jeru Pasar Awam Perkampungan Jeru 14000, Bukit Mertajam	Mr. Chiam Thcek Owing Chairman "JKKK" Perkampungan Jeru	82
3	9 am - 4 pm	Masjid Batu, Kampung Pertama, Jalan Permatang Pauh, 13700 Permatang Pauh	Tuan Haji Jusni, Chairman Masjid Batu Encik Rosli Hashim, Secretary Masjid Batu	90
4	9 am - 4 pm	Mydin Bukit Mertajam Concourse Pertama, Mydin Wholesale Hypermarket, 10505, Bukit Mertajam	Mr. Paniir, Special Assistant to Deputy Chief Minister	122
Total				347

Prior to the arrival of the team, the facilitators had gone around their locations to provide the necessary publicity for the health screening with the purpose of drawing the local people to go for the health screening.

The screening covered tests for blood pressure, urine and blood as well as checks on body mass index (BMI) and counseling.

The team managed to screen 347 persons during the screening exercise.

Northern NKF LifeCheck Mobile Health Screening Team Played Its Role In Perlis



Around mid-September 2016, following the request for health screening in Perlis, the Northern NKF LifeCheck Mobile Health Screening Team headed for Kangar and Padang Besar.

The team led by Cik Nurul Husna Binti Abu Bakar together with the rest of the 6 members went to the different locations to meet the local facilitators on the various dates to carry out health screening at specific time schedules. The facilitators disseminated news of the impending health screening and arranged for the physical sites and facilities for the screening to be carried out besides acting as the liaison persons for the health screening team.

With distance and time being a major consideration, the team members had to stay in Perlis until they had done their work.

Covered in the screening were tests for blood pressure, urine and blood as well as body mass index measures and counseling.

As a consequence of the joint efforts, a summary of the exercise is shown below.

Sept. 2016	Time	Health Screening Location	Facilitator	No. Checked
19	10 am - 5 pm	Felcra Lubuk Sireh Dewan Orang Ramai Felcra Lubuk Sireh, 02100 Padang Besar, Perlis	Felcra Officers Puan Shikin and Encik Razali	33
22	9 am - 4 pm	Masjid Solahuddin Al-Ayyubi Jalan Padang Besar, 02100, Padang Besar Utara, Perlis	Tuan Haji Azmin Bin Mohd Saman	21
21	9 am - 4 pm	Masjid Al Raudhah Sungai Batu Pahat, 0100, Kangar, Perlis	Tuan Haji Amir Bin Aziz	63
22	9 am - 4 pm	Masjid Al Mustaghfirin Jalan Padang Besar, Bukit Chabang, 02100, Padang Besar, Perlis	Tuan Haji Osman Bin Ismail	50
Total				167

The team ended its work on 22 September 2016 and headed back to Alor Setar. For the exercise a total of 167 individuals were screened.

2016 Organ Donation Awareness Week

The 2016 Organ Donation Week was launched on 8 October 2016 with a street campaign themed “Satu Ikrar Sejuta Harapan” (One Pledge A Million Hopes) at the Light Rail Transit (LRT) station at Bangsar. Simultaneous to the street campaign, 4 similar campaigns were carried out the LRT stations at Universiti, Masjid Jamek, Bandar Tasik Selatan and Bandaraya, all within the Federal Territory of Kuala Lumpur.

The National Kidney Foundation of Malaysia (NKF) was amongst the organisations invited to participate in the campaigns by the joint organisers, namely, the Ministry of Health (MOH), Malaysia, National Transplant Resource Centre (NTRC) and Prasarana Malaysia Bhd (Prasarana). As a result, the various participating parties were involved in the street campaigns at the different LRT stations.



5 members of the NKF Public Education Department together with 10 student volunteers from the Management and Science University (MSU), Shah Alam, were deployed at the Universiti station from 9.30 am to 1.30 pm. with the principal objective of approaching members of the public using the LRT and passing by to explain the importance of organ donation as well as to register them as organ pledgers.

No.	LRT Station	Participating Parties
1	Bangsar	NTRC
2	Universiti	NKF
3	Masjid India	Hospital Selayang
4	Tasik Selatan	Hospital Ampang
5	Bandaraya	Jabatan Kesihatan Wilayah Persekutuan Kuala Lumpur & Putrajaya

An exhibition booth was set up to promote awareness of organ donation and organ transplantation. Furthermore, a series of games such as spin of wheel, word search and crosswords were initiated.

44 individuals signed up to pledge their organs from the NKF's efforts at the Universiti station.

Rotary Club of Kuching District 3310 Visited NKF Dialysis Centre In Kuching



On 7 September 2016, a group of 10 from the Rotary Club of Kuching District 3310 paid a visit to Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching).

The Club is one of the principal partners of the National Kidney Foundation (NKF) of Malaysia in the operation of the centre in Kuching, the state capital of Sarawak.

Leading the delegation was Mr. Michael Yee Yik Fah, the District Governor of the Club. Amongst the others were Mr Lee Khee Chuan and Ms Audry Wan Ullok, who are the President-elect and Vice President respectively.

At the centre, they were welcomed by the Centre Manager, Sister Reylene Ursula Diatar who briefed them on the centre with regard to its history and the statistics of the patients and their profiles.

Following the briefing, the visitors went around greeting and interacting with the patients undergoing dialysis.

After mingling with the patients, the visitors thanked the Centre Manager for showing them around the centre.

DONATION FORM

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Website: www.nkf.org.my

Email: fundraising@nkf.org.my

Giving Hope

As a charitable non-profit organisation, the National Kidney Foundation of Malaysia (NKF) depends on public generosity and corporate funding to provide affordable dialysis treatment to all our patients who are from the lower income group.

However, with more charities being registered each year, the available funds are stretched to the limit, resulting in NKF having to increase the number of its fundraising activities.

We cannot do it alone and desperately need your help. If you are unable to make a direct donation, please help us by organising various fundraising projects and activities.

Together, we can help more patients benefit from our healthcare activities. Your money helps us save lives.

SAVING THE LIVES OF THOSE IN NEED

- Subsidized dialysis treatments for the poor and needy.
- Replacement of Haemodialysis Machines (RM40K - RM50K) and Automatic Reprocessors (RM32K - RM35K).
- FREE blood tests.
- FREE medicines related to patients' illness.
- FREE medical consultation to our patients.



Please complete this donation form to help support our programmes



9 October 2016 - Family Day of Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim)

On 9 October 2016, Pusat Dialisis NKF - Yayasan Sultanah Bahiyah celebrated its Family Day by having fun and games which were held within the premises of the centre.

About 160 persons participated in the occasion which began at 8 o'clock in the morning with participation from patients of the centre and their family members as well as members of the centre staff. Goody bags packed with cooler bags sponsored by Sandoz and snacks were given to patients.

To ensure that the participants, especially the patients, did not go hungry breakfast catered by the centre was provided.

Thereafter, fun and games began when the patients and their family members were divided into 4 groups of 10 players to compete in:-

- i) musical chairs;
- ii) refilling water in bottles;
- iii) running with balls on spoons; and
- iv) bursting balloons

By the time the groups had completed their fun and games, it was time for a birthday celebration for 4 patients who were born in October. They were Mr Simansalam a/l Appanah, Mr Lim Sai Tiam, Mr Chandran a/l Ponnusamy & Puan Norzaini Binti Idris.

This was followed by lunch and the presentation of prizes to winners of the games together with the grand prize for the best patient award.

Mugs, Tupperware, umbrellas and hand towels were given as prizes to the winners of the games.

The prize for the best patient, a Casio watch, was won by Puan Norzaini Binti Idris whose selection was based among others on good diet and fluid control, compliance to dialysis treatment, achieving the kt/v target, punctuality in coming for dialysis and neatness all the time.

The event continued with lucky draws for patients. 20 Panasonic electrical items were won by lucky patients.

The day came to a close at 1.00 pm when all the patients were given a buffet lunch.



NKF Received 6 Dialysis Machines From Media Prima Bhd.



On 25 October 2016, at a ceremony held at the Resource Centre of the National Kidney Foundation of Malaysia (NKF), six new haemodialysis machines valued at a total of RM276,000 were handed over to the Foundation by Media Prima Berhad (MPB).

MPB is an integrated media company listed in Bursa Malaysia Berhad with stakes in television stations, newspapers, radio stations and digital media.

The machines were handed over by Encik Azlan Abdul Aziz, the MPB Corporate Communications Department Group General Manager to Mr. Chua Hong Wee, the NKF Chief Executive Officer.

Funds for the purchase of the machines came from the Media Prima-NSTP Humanitarian Fund which had been raised earlier from the public via all of MPB's platforms by highlighting the suffering and plight of poor Malaysians.

The ceremony ended when Encik Azlan received a plaque from Mr. Chua in appreciation of the donation made by MPB.

NKF sincerely thanks MPB for the gift of the machines which are earmarked for the new centres to be set up in Cheras, Kuala Lumpur and in Sarawak.

Puspanita Donated A Dialysis Machine To NKF

On 20 October 2016, in conjunction with its Annual Health Seminar on "What You Need To Know About About Cancer: Understanding Risk, Prevention and Alternative Treatments", PUSPANITA donated RM41,000 to the Ministry of Health (MOH).

PUSPANITA is the Association of Wives and Women Within The Public Service. It prepared a mock cheque for the amount which was presented by its adviser Tan Sri Dr. Ali Hamsa, the Chief Secretary to the Government of Malaysia, to the Secretary-General of MOH, Dato Seri Dr. Chen Chaw Min. Amongst the witnesses to the presentation was Datin Shobana Kamalanathan, the Head of Branding, Communications and Fundraising of the National Kidney Foundation of Malaysia (NKF).

The money was channeled to NKF for the purchase of 1 dialysis machine for use by the Foundation in treating poor dialysis patients at one of NKF centres. This machine is the 4th presented by PUSPANITA with the 3 others presented in 2015 and mid June 2016. The total amount presented to NKF from PUSPANITA is about RM 175,000 together with a cash donation of RM 5,000.



NKF sincerely thanks PUSPANITA for the gifts of the machines and cash with the machines placed at:-

1. Pusat Dialisis NKF - Dato' Dr. G. A. Sreenevasan (Petaling Jaya);
2. Pusat Dialisis NKF - Charis (Cheras);
3. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan); and
4. Pusat Dialisis NKF - Che Luan Khor (Kluang)

Tan Sri Dr. Ali Hamsa presented the mock cheque to Dato Seri Dr. Chen Chaw Min. 2nd from the right is Datin Shobana Kamalanathan, NKF's representative

Charity Golf Raised 2 Dialysis Machines For NKF



“Swing for Charity” a golf event co-organised by the Rotary Club of Damansara (RC Damansara) and the National Kidney Foundation of Malaysia (NKF) in aid of the Foundation raised RM80,000 to purchase 2 dialysis machines for use by NKF. The gift of the machines was in line with the route by NKF to provide haemodialysis treatment to poor patients at its dialysis centres.

The friendly charity tournament which evolved from the Rotary Club’s International theme for the Rotary Year 2016/17 was held on 9 October 2016 at the Bukit Jalil Golf & Country Resort in Bukit Jalil with the Guest-of-Honour being Encik Mohd Noor bin Ibrahim, who represented Y.B. Datuk Johari Bin Abdul Ghani, the Minister of Finance II. Encik Mohd Noor subsequently teed off the event.

Such a take-off for the event was bolstered by the energetic support of Datuk Iswaran Suppiah and the generous sponsorships of CQ Breyer Group of Colleges, SATS Duty Free & Mail Order Services Ltd., Microsoft Malaysia Sdn Bhd, Diebold Nixdorf, Neovate Development Sdn Bhd and Adiatika - Swiss Made Watches..

20 flights of 4 golfers per flight participated in the event such that at the close of the tournament, the team of Mr Anthony Gragony, Choo Lee Kin, John Lee Chau Han and Nazri emerged victorious to be given attractive prizes including a trophy, certificate and golf equipment.

At the same prize giving ceremony, Mr. Tankaraju Muthusamy of the CQ Tec-Breyer Group of Colleges as the Platinum Sponsor of part of the RM80,000 presented the cheque for RM50,000 to Mr. Chua Hong Wee, the Chief Executive Officer of NKF.

In expressing gratitude Mr. Chua said, “We commend the efforts of Rotary Club of Damansara especially Ms. Anna Raj, President of the Rotary Club of Damansara & Mr. Richard Jacob, the Chairman of this event as well as those of the CQ Tech-Breyer Group of Colleges and the participation of all the golfers in aiding us to care for 1,500 patients at our 26 centres throughout the country”.

Rezzuan Yeoh & Ong Sdn Bhd Present One Dialysis Machine To NKF



On 7 November 2016, Encik Rezzuan, Ms. Yeoh Tze Shyun and Mr. Eric Ong, the Directors of Rezzuan Yeoh & Ong Sdn Bhd (RYO), received a token from NKF at the office of RYO in Taman Danau Desa, Kuala Lumpur.

The token was presented by Datin Shobana Kamalanathan, the Head of Branding, Communications & Fundraising of NKF in appreciation of RYO donating a dialysis machine worth RM50,350 to NKF to enable the Foundation to provide dialysis treatment to its low income patients at its centres.

RYO is a well-established interior design firm which had in previous years donated successively 7 dialysis machines to NKF and the machine donated for this year is the 8th that the firm had presented to the Foundation under the firm’s corporate social responsibility programme. The machine was placed at Pusat Dialisis NKF - Kelab Apex (Klang).

NKF sincerely thanks the Directors for consistently considering the Foundation in granting their donation.

NKF Received RM50,000 From PRG Holdings Bhd & GoCare Charity Crowdfunding

On 16 October 2016 PRG Holdings Bhd & GoCare Charity Crowdfunding jointly organized the PRG GoCare Run at Taman Tasik Keramat. The run attracted 1,000 participants for two distance categories, namely, the:-

- (i) 5 kilometer run; and
- (ii) 10 kilometer run

Both the categories were open to participants of all ages and capabilities.



All who had completed the circuits were given medals.

Lucky draws were held with the grand prize of RM50,000 which was the rebate voucher for the purchase price for a luxury unit in Picasso Residence in Jalan Jelatek, Kuala Lumpur.

Following the run, a dinner was held by PRG Holdings Bhd at the Mandarin Oriental, Kuala Lumpur, where it was announced that RM50,000 had been raised through the joint efforts of PRG Holdings Bhd & GoCare Charity Crowdfunding for NKF.

The cheque for the amount was handed over on 31 October 2016 at the PRG Holdings Bhd office in Ara Damansara. Ms. Stephanie Wee from the Fundraising Department of NKF received the cheque from Mr. Hannon Cheah.

NKF thanks PRG Holdings Bhd & GoCare Charity Crowdfunding for raising the money.

Loh & Loh Coporation Bhd Donated RM20,000 To NKF

NKF was one of the beneficiaries of the donations by Loh & Loh Corporation Bhd at its 17th Annual Dinner held on 11 November 2016 at the Hilton Kuala Lumpur.



During a presentation ceremony at the Dinner, Mr. Chua Hong Wee, the NKF Chief Executive Officer received a mock cheque for RM20,000 from Y.A.M. Tengku Dato' Rahimah Binti Al-Marhum Sultan Mahmud, the Non-Independent Non-Executive Chairman of the company in the presence of Mr. Marc Loh, the Managing Director of Loh & Loh Corporation Bhd.

NKF sincerely thanks Loh & Loh Corporation Bhd for its generosity in assisting the Foundation in running its operations to provide dialysis treatment to poor patients at its centres as well as promote awareness of kidney diseases and organ donation.

NKF Received RM21,542 Raised In "Run To Give 2016"

On 15 November 2016, Mr. Chua Hong Wee, the NKF Chief Executive Officer representing the Foundation received a mock cheque for RM21,542 at the premises of the NKF. The cheque was presented by Mr. Frank Beck, the Managing Director of the Sheraton Imperial Kuala Lumpur, Mr. Robert Frager the General Manager of Renaissance Kuala Lumpur and Mr. Michael Delargy the General Manager of Le Meridien Kuala Lumpur. At the same time, Ms. Jaclyn Low, the Area Director of Human Resource of Le Meridien Kuala Lumpur displayed the actual cheque for the amount to be passed to NKF.



The money was raised by the hotels in the Klang Valley under the Marriot International Group at the "Run To Give 2016" held at the Metropolitan Batu Park in Sentul, Kuala Lumpur on 16 October 2016. The hotels were:-

1. Sheraton Imperial Kuala Lumpur;
2. Renaissance Kuala Lumpur;
3. Le Meridien Kuala Lumpur;
4. The Westin Kuala Lumpur;
5. The St. Regis-Kuala Lumpur;
6. Four Points by Sheraton Puchong;

NKF is grateful to the hotels for raising the money to assist the Foundation.

"Coolbeans" Concert Raised RM10,000 for NKF

"Coolbeans" was a concert jointly organized among several parties to raise money for the National Kidney Foundation of Malaysia (NKF).

The concert was the outcome of the joint efforts among:-

- i) students of Sekolah Menengah Lodge, Kuching;
- ii) Shawn Lee, the NKF Youth Ambassador and Malaysia's lead beat boxer; and
- iii) Rejuvenate Dance Crew from 8TV Showdown and Astro Battleground

The concert was held on 6 August 2016 at the Lodge National School, Kuching. The show commenced with songs and dances by artistes from Kuching. It subsequently featured prominent personalities such as Baki Zainal, Dina Nadzir and Ryan.



Joining in entertaining the audience were Shawn Lee, who introduced his recent new single "Fav Sub" which was released on 18 July 2016 and the Rejuvenate Dance Crew.

At the end, the concert raised RM10,000 for NKF.

NKF is truly grateful for the time and efforts put forward by the organisers of "Coolbeans" to raise funds for NKF.

Leo Club of SMK Bandar Utama Damansara (3) Presented RM10,500 to NKF

On 10 September 2016, a mock cheque for RM10,500 was presented by representatives of the Leo Club Committee from Sekolah Menengah Kebangsaan Bandar Utama Damansara (3), their teacher adviser and the Adviser of the Leo Club Mrs. Tan Chooi Peng to Mr. Derek Foo and Ms. Stephanie, the representatives from the National Kidney Foundation of Malaysia (NKF).



The ceremony was carried out at Sekolah Rendah Jenis Kebangsaan (Cina) Yuk Chai in Taman Megah, Petaling Jaya.

The Leo Club raised the funds by organising a charity dinner, "Treasure Within" on the day of the cheque presentation at the same venue.

At the dinner, guests were entertained to a string of performances by students of SMK Bandar Utama Damansara (3) and other schools, with the highlight being the show by Shawn Lee, the NKF Youth Ambassador and the top beat boxer from Malaysia.

The funds would go towards the Foundation in its day-to-day operations.

NKF sincerely thanks SMK Bandar Utama Damansara (3), in particular its Leo Club and teacher adviser as well as the Leo Club adviser for their efforts and sacrifices towards facilitating the donation.

Kumpulan Farmasi Vitacare Sdn Bhd (Vitacare) Donated RM10,000 To NKF



NKF truly appreciates the gift of RM10,000 donated by Vitacare on 24 October 2016. On that day within the premises of the NKF Secretariat, Ms. Aileen Chong, the General Manager of the company presented a cheque for the amount. It was received by Mr. Chua Hong Wee, the NKF Chief Executive Officer who in turn presented a token of appreciation to her.

Mooncakes from NKF for the Mid-Autumn Festival



NKF in conjunction with the Mid-Autumn Festival (more popularly known as the "Mooncake Festival") on 12 July 2016 launched mooncakes to raise money to fund its operations.

For this year's festival which fell on 15 September 2016 or on the 15th day of the 8th Lunar month, NKF entered in an arrangement with

KLT Food Industries Sdn Bhd. to supply the Kam Lun Tai mooncakes

At the end of the launch on 9 September 2016, 1,442 boxes of mooncakes were exchanged, and the Foundation received RM51,875.58.

Thank You For Being You

To our following sponsors who had provided us with vouchers for our donors, we wish to thank you for your generosity and kindness.

1. Kumpulan Farmasi Vitacare Sdn Bhd;
2. Pathology & Clinical Laboratory (M) Sdn Bhd;
3. Glow & Glamour Sdn Bhd;
4. Zalora Malaysia; and
5. Vista Laser Eye Centre Sdn Bhd

This project raised RM51,720.58 for NKF.

NKF Amongst The Beneficiaries Of "Freedom Run"

NKF was amongst the beneficiaries of Freedom Run organized by UCSI University and Friends of Honour, a community service in Cheras.

Held in May 2016 the Run raised RM5,700 for NKF.

NKF fully appreciates the efforts and sacrifices of the organisers in raising the money to help fund its day-to-day operations.

NKF Thanks Mydin Mohamed Holdings Bhd

Mydin Mohamed Holdings Bhd (Mydin) has been giving discounts to every NKF staff member and patient purchasing non-food items from its outlets since June 2016.

All NKF staff member or patients need to do when purchasing from Mydin's outlets is to show his/her NKF ID card.

NKF sincerely thanks Mydin for its goodwill and kind-heartedness.

Direct Debit Donor Programme (DDDP) July - September 2016

Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

We would also like to extend our appreciation to the following organizations for supporting us by providing complimentary booth space for our road shows from the months of July to September 2016.

1 Segamat Shopping Complex, Johor	iNCredible Media Sdn Bhd, Selangor
AEON Sri Manjung, Perak	Jaya Shopping Centre, Selangor
Ampang Puteri Specialist Hospital, Selangor	Johor Premium Outlets, Johor
Arena PJ, Selangor	Kelab Sukan Hoki Inline, Selangor
Armani Media Sdn Bhd, Selangor	Kota Bharu Mall, Kelantan
Bangi Gateway, Selangor	KPJ Kajang, Selangor
Bangunan Darul Ehsan, Selangor	KPJ Muar, Johor
Boustead Curve Sdn Bhd, Selangor	KPJ Selangor Specialist Hospital, Selangor
Cheras Leisure Mall, Kuala Lumpur	Langkawi Airport, Kedah
Damai Service Hospital, Kuala Lumpur	Majlis Bandaraya Petaling Jaya, Selangor
DPulze Shopping Centre, Selangor	Mawar Renal Medical Centre, Negeri Sembilan
Hospital Ampang, Selangor	Menara Celcom, Kuala Lumpur
Hospital Melaka, Melaka	Menara The Weld, Kuala Lumpur
Hospital Putrajaya, Wilayah Persekutuan	Metro Specialist Hospital, Kedah
Hospital Queen Elizabeth, Sabah	Paradigm Mall, Selangor
Hospital Serdang, Selangor	Park City Medical Centre, Kuala Lumpur
Hospital Sultan Haji Ahmad Shah, Pahang	Putra Medical Centre, Kedah
Hospital Sultan Ismail, Johor	Salam Senawang Specialist Hospital, Negeri Sembilan
Hospital Sultanah Aminah, Johor	Square One Shopping Mall, Johor
Hospital Sungai Buloh, Selangor	Sunway Pyramid Shopping Mall, Selangor
Hospital Teluk Intan, Perak	Suria Sabah, Sabah
Hospital Tengku Ampuan Afzan, Pahang	T-Systems Malaysia Sdn Bhd, Selangor
Hospital Tengku Ampuan Rahimah, Selangor	The Street Mall, Selangor
Hospital Tuanku Jaafar Seremban, Negeri Sembilan	The Weld, Kuala Lumpur
Hospital USM, Kelantan	Tung Shin Hospital, Kuala Lumpur
Ikano Power Centre, Selangor	

NKF's TOP 5 FUNDRAISERS

Cheers to our top 5 fundraisers. We are proud to present to you



**Nesha Kumar A/L
Vengadasan**



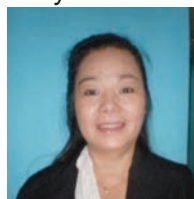
**Vishvanathan A/L
Arumugam**



**Narendran A/L
Shunmuganathan**



**Nurul Shafiqah
Binti Dawood**



Chan Kam Moon

NKF is pleased to announce our Top 5 fundraisers for the 3rd Quarter of 2016. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the efforts they have taken in helping our dialysis patients.



**YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA
NATIONAL KIDNEY FOUNDATION OF MALAYSIA PPM-002-10-12021969**

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

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