KIDNEY HEALTH

THE National Kidney Foundation of Malaysia (NKF) is organising its 14th NKF Patient Forum on Aug 10 at Hotel Royale Signature in Alor Setar, Kedah. There will be talks by nephrologists and a dietician for dialysis patients and their caretakers. Topics include safeguarding kidney health, dietary intake measurement and disease prevention.

A motivational speaker will also be on hand to help patients maintain their emotional well-being while dealing with their health issues. Contact NKF at 03-7954 9048 for more information.