NKF HEALTH DAY
Klang Jaya Gospel Chapel
Jalan Seruling 45, Taman Klang Jaya
Klang, Selangor

SATURDAY: The National Kidney Foundation is offering the public a free health screening. This includes tests for blood pressure, urine, body mass index and blood sugar, as well as counselling on waist circumference. There will also be health talks and an exhibition to promote a healthy lifestyle.

Time: 9.30am-2.30pm.