Diabetes awareness programmes

SUNWAY Medical Centre celebrated World Diabetes Day for the fourth year running, as part of its five-year focus on creating diabetes awareness. This year’s campaign themed Eliminate Diabetes is focused on diabetes-related kidney failure and sees the National Kidney Foundation of Malaysia as partner.

The campaign also comprises activities taking place until January next year, such as the 30 Days To Happy Kidneys; the Fit2Climb Challenge, a diabetics-focused extension of a holistic programme to address obesity in adults and children through healthy eating and lifestyle intervention and a series of Diabetes Self-Management Education programmes for diabetics and their caregivers.