

《30天快樂護腎運動》



日期：10月12日至2016年1月17日

询问：03-74911117

浏览：www.sunwaymedical.com

“30天快乐护肾运动”旨在鼓励大家接受30天快乐护肾挑战。这项挑战的特点是长达30天的日历，涵盖了不同日常活动，让公众学习如何护肾脏健康，并实践之。

这日历会向公众公开出售，以帮助国家肾脏基金会募集捐款。任何捐赠11令吉或以上的，都会获得一个《30天快乐护肾运动》挑战的承诺卡及日历，每张卡都有一组独特的序列号。

众需执行日历上指示的特定活动，并拍摄一张创意照片，在同日内上传至Instagram，标签 #30daystohappykidneys 和 tag@sunwaymedical，就有机会赢取丰富的奖品。

A HEALTHY KIDNEY IS A HAPPY KIDNEY

For every pledge card of a minimum of RM11, Sunway Medical Centre will top-up with the same amount and all proceeds go to the dialysis treatment for the National Kidney Foundation's (NKF) patients.

How do we keep our kidneys healthy & happy? Join us in this 30-day pledge to support kidney disease as a complication from diabetes.

BE PART OF THIS PLEDGE BY DOING THE FOLLOWING AND STAND A CHANCE TO WIN 5 WEEKLY PRIZES AND 1 GRAND PRIZE WORTH RM5,000!

-  Do the activity on each day of the calendar. The more photos you upload, the more prizes you may win!
-  Snap a photo of you doing each activity. Let that creative juice flow, think outside the box!
-  Upload the photo of the related activity on Instagram, tag @sunwaymedical and include the following in your photo caption:
 - A positive message
 - #30daystohappykidneys
 - Youral number on your pledge

How to purchase a pledge card:

- Visit Sunway's World Diabetes Day Activities:
 - Giant Bender Bazar Mall 10 Oct 2015
 - Sunway Carnival, Penang 7 Oct 2015
 - Manisa Sunway 27 - 29 Oct 2015
- Log on to www.sunwaymedical.com and select our campaign
- Available at Sunway Medical Centre (Corporate Communications Department)



NATIONAL KIDNEY FOUNDATION

[A CSR PROJECT BY SUNWAY FOR THE COMMUNITY]



world diabetes day



SUNWAY