

STARTER KIT FOR KIDNEY PATIENTS

THE National Kidney Foundation (NKF) Malaysia has introduced the Chronic Kidney Disease (CKD) Starter Kit, aimed at educating the public on the dangers, symptoms and treatment of kidney disease.

NKF chairman Datuk Dr Zaki Morad Mohd Zaher said: "There are many risk factors associated with CKD such as diabetes, high blood pressure, a family history of kidney disease, diabetes or high blood pressure, obesity, kidney stones and age in general.

"The good news is that it can

be detected early and its progression to kidney failure prevented or delayed. It is for this reason that we introduced the CKD Starter Kit."

Although the kit is targeted at kidney patients and their caregivers, it should be read by everyone to keep CKD at bay. It includes a booklet on information of CKD. It also lists financial aid sources available for kidney patients and a list of dialysis centres endorsed by NKF nationwide.

Call 1300-88-3100 or log on to www.nkf.org.my for more information.

