

3 FOR HEALTHY KIDNEYS

(From left) Sunway Medical Centre Nursing director Chan Lai Hong, Business Development and Corporate Communications director and 30 Days to Happy Kidneys Challenge Campaign organising chairman Nadiah Wan, acting chief executive officer Choo Voon Chee, consultant nephrologist and National Kidney Foundation of Malaysia

(NKF) vice-chairman Dr Thiruventhiran Thilaganathan and NKF Communications and Fundraising branding head Shobana Subramaniam at the launch of 30 Days to Happy Kidneys Challenge campaign. Organised in collaboration with the NKF in conjunction with SunMed's World Diabetes Day, this year's campaign aims to increase awareness of caring for the kidneys, reducing the incidence of diabetes and raise funds for NKF. Held until Nov 15, the challenge features a 30-day calendar with different daily activity that prompts the public to learn about kidney health and adopt kidney-healthy practices.

