

**Pressure check:** An employee getting a blood pressure reading during the event.



# Promoting good health

## Visitors get to learn more about organ donation during two-day health fair

**K**&N Kenanga Holdings Bhd recently conducted a two-day health screening campaign at its corporate office and Petaling Jaya branch office. KNKH partnered the National Kidney Foundation of Malaysia (NKF) to provide free health screening to its employees, business partners and visitors in conjunction with World Kidney Day.

The health screenings comprised checks on blood pressure, random blood total cholesterol, random blood glucose, urinalysis/

urine test, body mass index (BMI) plus one-on-one counselling sessions with NKF consultants.

Employees were also treated to a health talk titled High Blood Pressure – The Silent Killer.

Information on organ donation was also readily available throughout the two-day event courtesy of NKF.

World Kidney Day is celebrated on the second Thursday of March in more than 100 countries including Malaysia.