

Kidney foundation unveils mobile app

The National Kidney Foundation of Malaysia (NKF) has launched its very own mobile app to better deliver vital information on kidney disease and NKF activities to Malaysians.

The app will feature information on kidney functions and disease with a simple and accessible interface.

It is synced with NKF's website to ensure that users keep up-to-date with activities, including health talks, awareness campaigns and the location of NKF's free LifeCheck Health Screening programmes.

The new app presents an introduction to the welfare programmes offered by NKF and an overview of how to apply for its Haemodialysis Programme.

NKF provides subsidies of up to RM60 per dialysis treatment for eligible underprivileged patients. With an additional subsidy of RM50 from the Health Ministry, patients only have to pay RM40 per treatment.

The app is only one of many initiatives taken by the foundation to reach out to more

communities.

Earlier this year, the foundation collaborated with healthcare app, Bookdoc, to allow the public to search for NKF dialysis centres and apply for NKF's welfare funds.

Through the Bookdoc app, the public can find the nearest free LifeCheck Health Screening location and make appointments for health screenings without any charges.

"Chronic kidney disease is known as the silent killer because it often progresses to the final stage without any symptoms.

"Education is key in preventing kidney disease yet many people, especially young ones, underestimate the importance of looking after their kidneys," said NKF chairman Datuk Dr Zaki Morad.

"This is why we are leveraging on technology to allow Malaysians to have easier access to health information and health facilities on the go."

For more information, visit <http://www.nkf.org.my> or call 03-7954 9048.