

# Losing weight for charity

THE 'Weightloss for Charity' project by Leighton Offshore encouraged its employees to lose weight for a fit, better-shaped body and a healthier lifestyle with a meaningful approach.

In an effort to promote healthier lifestyles and regular exercise routines among its staff, Leighton Offshore Sdn Bhd pledged to donate RM100 to a health-related organisation for every kilogramme that the participating employees lost.

The employees managed to lose 70kg in total and the company contributed RM7,000 to the National Kidney Foundation of Malaysia (NKF) to help ease the financial burden of underprivileged kidney-failure patients who need dialysis treatments.

A cheque presentation ceremony was held at the NKF headquarters in Petaling Jaya recently.

NKF chief executive officer Chua Hong Wee said, "We are grateful to the team at Leighton Offshore for this donation. The project not only generated funds to help the dialysis patients, but also promoted regular exercise routines to maintain a fit body and healthier lifestyle.

"It is never too late for us to start take good care of our body and health!"



**Healthier you:** Ruzanaliza Abd Ghani the winner of Leighton Offshore's 'Weightloss for Charity' programme, presenting the mock cheque to Chua. Ruzanaliza lost 18kg through the programme.