

CELEBRATE WORLD KIDNEY DAY

THE National Kidney Foundation of Malaysia is hosting an open day on March 14 at the NKF Resource Centre in Seksyen 14, Petaling Jaya from 8.30am to 4pm. This is in conjunction with World Kidney Day 2019 themed "Kidney Health for Everyone, Everywhere".

Programmes include a Bollywood fitness dance session led by bhangra dance master Kirenjit Singh and free health screenings. Dr Siti Salmiah from Rumah Sakit Angkatan Tentera Pengkalan Udara-KL will give a talk on *Kidney Stone – Know it Better*, while KPJ Healthcare will discuss the topic *Know Your Medicine*. Interested parties may register with Dzuria from NKF Fundraising Department at 03-7954 9048 Ext 218.