

Basic Counselling Skills Workshop



Date, Time & Venue

27 & 28 April 2019 (Saturday & Sunday)

8.30 am – 5.30 pm

C23-03, Block C, 3-Two Square, No. 2, Jalan 19/1,
46300 Petaling Jaya, Selangor.

Join Us



Introduction

This Basic Counselling Skills Workshop is designed for those who have a basic grasp of counselling skills and wish to apply these skills in a range of challenging environments. The workshop stimulates growth in knowledge, self-awareness and skills development. It aims to enhance participants' ability to accurately empathize with their patients, developing and applying listening and communication skills.

Training Outline

1. Introduction of Counselling
2. Understanding Helping Relationship
3. Basic counselling skills
 - a) Attending skills
 - b) Listening skills
 - c) Empathizing
 - d) Reflecting feelings and content using paraphrasing and summarising
 - e) Responding skills
 - f) Questioning, probing and leading
4. Role play of counselling skills
5. Coping strategies

Who Should Attend

Staff Nurses * Dialysis Assistants *
Assistant Medical Officer * Dialysis Centre
Manager * Medical Staff *

Course Fee

Early Bird Rate: RM 380/pax (**before 5th April 2019**)
Standard Rate : RM 430/pax

Group Registration : RM 380/pax (Minimum of 3 pax)
Course fee is inclusive of meals and kits.

Contact Us

Please do not hesitate to contact us if you have any further queries:

- Ms. Khairani or Ms. Farah
- Tel: 603-7960 2301/02 | Fax: 603-7960 2359
- Email : training@nkf.org.my

Learning Objectives

At the end of the 2-day workshop, participants will be able to:

1. Demonstrate the basic skills for counselling.
2. Practice effective communication skills.
3. Establish a trusting therapeutic relationship.
4. Apply effective counselling and communication skills to improve patient care.

Trainers

1. Mr. Loo Leong Heng - Senior Welfare Officer, NKF
2. Ms. Wan Zuat Yin - Lecturer, School of Education & Social Sciences, MSU
3. Dr. Ooi Boon Keat - Deputy Dean (Academic), School of Education & Social Sciences, MSU
4. Pn. Nuraihan Muhd Noordin - Lecturer, Psychology & Counselling, MSU
5. Dr. Foo Fatt Mee - Senior Lecturer, School of Education & Social Sciences, MSU

Registration

To register, please fill up the registration form and email it to us at training@nkf.org.my or fax it to **03-7960 2359**

Due Date : 19th April 2019

LIMITED SEATS ONLY. RESERVE YOUR SEATS NOW!

Itinerary for Basic Counselling Workshop

27th April 2019 (Saturday)

TIME	CONTENT
8.30 am	Registration
9.00 am – 10.30am	Workshop 1: Dialysis
10.30 am – 10.45 am	Tea Break
10.45 am - 1.00 pm	Introduction: What is Counselling & Understanding Helping Relationship
1.00 pm – 2.00 pm	Lunch and Prayers
2.00 pm – 4.00 pm	Workshop 2: Basic Counselling Skills (I)
4.00 pm – 4.15 pm	Tea Break
4.15 pm - 5.30 pm	Workshop 2: Basic Counselling Skills (I) - Role Play

28th April 2019 (Sunday)

TIME	CONTENT
8.30 am	Registration
9.00 am – 10.30 am	Workshop 3: Basic Counselling Skills (II)
10.30 am – 10.45 am	Tea Break
10.45 am - 1.00 pm	Workshop 3: Basic Counselling Skills (II) - Role Play
1.00 pm – 2.00 pm	Lunch and Prayers
2.00 pm – 4.00 pm	Workshop 4: Coping Strategies
4.00 pm – 4.15 pm	Tea Break
4.15 pm - 5.30 pm	Workshop 4: Coping Strategies (Cont)

**REGISTRATION FORM
BASIC COUNSELLING SKILLS WORKSHOP**

Name of Participant: _____ I/C No. : _____

Designation : _____ Mobile No. : _____

Company : _____

Address : _____

Telephone No. : _____ Fax No. : _____

Email Address : _____

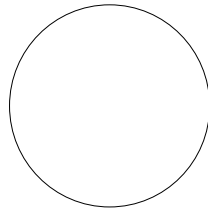
Group Registration: Please provide name list with I/C number

No.	Name	I/C No.	Designation

Registration type	Course Fee
Individual Registration	<input type="checkbox"/> RM 380.00 (Early Bird – before 5th April 2019) <input type="checkbox"/> RM 430.00 (Standard Rate)
Group Registration (Minimum of 3 pax)	<input type="checkbox"/> RM 380.00 X (No. of Pax : _____) Total = RM _____

*All payments (i.e. fund transfer/internet banking/cheque) are to be made in favour of the “**National Kidney Foundation of Malaysia**”, **Maybank Account No.: 0140 8433 4846**. Please email/fax to us a copy of the payment receipt/slip.

I/We hereby declare that I/we have read and understood the contents of the privacy notice of NKF displayed on the NKF website at www.nkf.org.my and confirm my/our consent for NKF to use my/our personal data for the purposes and to the parties stated in the privacy notice.



Signature of Employer

Company Stamp

Date : _____

CLOSING DATE FOR APPLICATIONS NOT LATER THAN 19TH APRIL 2019

Please fill up this registration form and **email** it to us at training@nkf.org.my or **fax** it to **03-7960 2359**