

CHARITY RUN

THE National Kidney Foundation of Malaysia (NKF) is organising a 5km Glow Run on July 20 at MAEPS Serdang.

Decked in neon paint and accessories, participants will run through multiple zones including the LED tunnel, lantern lights, neon liquid and neon spray stations. They will also experience the fun of LED swings, glow body paint and a human hamster wheel.

Tickets are priced at RM65 for single participants and RM240 for groups of four. All proceeds from ticket sales will be channelled towards dialysis patients under NKF's care. Interested parties can log on to www.ticket2u.com.my/event/13418 for registration.