

# First Aid & CPR course

## Date, Time & Venue

**2<sup>nd</sup> November 2019**

**8.30 am – 5.00 pm**

**C23-03, Block C, 3-Two Square, No. 2,  
Jalan 19/1, 46300 Petaling Jaya, Selangor**

Almost everyone will be involved in a crisis at some point in their lives. Someone falls and can't get up. Someone cuts themselves and can't stop bleeding. Another person's heart fails. Wars, natural disasters, terrorist actions, plus all the day-to-day risks of car accidents, falling, ingestion of dangerous substances, among other possibilities, add up to a certainty any given individual will witness and maybe assist in first aid. Knowing what to do in these situations can be the difference between someone living or dying, between a temporary or permanent disability. In an emergency situation, CPR – or cardiopulmonary resuscitation – can be a truly lifesaving technique.

### A one-day intensive course that covers

1. Basic Life Saving Skills
2. Management of Trauma
3. Management of Medical Emergencies

**Cardiac Arrest \* Severe Injuries \*  
Electrical Shock \* Drowning\* Burns\* Poisoning\*  
Stroke**

## Course Fee

Early Bird Rate: \*RM325/pax (**before 21<sup>st</sup> October 2019**)

Standard Rate : \*RM375/pax

Group Registration : \*RM325/pax (Minimum of 3 pax)

\*Course fee is **inclusive of meals and training kits**

## Registration

To register, please fill up the registration form and **email** to us at **training@nkf.org.my** OR **fax** it to **03-7960 2359**

**Due Date : 28<sup>th</sup> October 2019**

**LIMITED SEATS ONLY. RESERVE YOUR SEATS NOW!**

*Join Us*

**NKF TRAINING SDN. BHD.**

*on behalf of*



## Who Should Attend

This course is designed for First Aid Team, Emergency Preparedness and Response Team, Physicians, Staff Nurses, Medical Staff and anyone interested to equip himself/herself with BLS knowledge & skills.

## Certification

Upon passing the examinations, certificate will be issued by **Malaysian Red Crescent (MRC)**, and is valid for three (3) years.

## Contact Us

If you have further inquiry and need clarification regarding this matter, please do not hesitate to post your questions directly to:

Pn. Khairani / Pn. Farah

Tel: 603-7960 2301/02 |

Fax: 603-7960 2359

Email : [khairani@nkf.org.my](mailto:khairani@nkf.org.my) |

[aa@nkf.org.my](mailto:aa@nkf.org.my)

## Introductory First Aid and CPR (AED) (1 Day)

8.30am - 9.30 am	<b>REGISTRATION &amp; COURSE INTRODUCTION</b>
9.30am - 10.00 am	<b>The Pathway to Death and Survival Chain</b> <ul style="list-style-type: none"> <li>➤ Primary Survey</li> <li>➤ Rapid Body Survey</li> <li>➤ Secondary Survey</li> </ul>
10.00am - 10.30 am	TEA BREAK
10.30am - 1.00 pm	<b>CPR</b> - Practical CPR & AED (Adult, Child & Infant)  <b>CHOKING</b> - Heimlich Manoeuvre (Adult, Child & Infant)
1.00pm - 2.00 pm	LUNCH
2.00pm - 4.00 pm	<b>Management of: -</b> <ul style="list-style-type: none"> <li>➤ Wounds and Bleeding</li> <li>➤ Burns</li> <li>➤ Injury to Bones</li> <li>➤ Electrical Shock</li> <li>➤ Drowning</li> </ul>
4.00pm - 5.00 pm	<b>Written Assessment</b>

**National Kidney Foundation of Malaysia**

**Tel : 03-79602301**

**Fax : 03-79602359**

**Email : [training@nkf.org.my](mailto:training@nkf.org.my)**



**REGISTRATION FORM  
FIRST AID & CPR COURSE**

Name of Participant: \_\_\_\_\_ I/C No.: \_\_\_\_\_

Designation : \_\_\_\_\_ Mobile No.: \_\_\_\_\_

Company : \_\_\_\_\_

Address : \_\_\_\_\_

Telephone No. : \_\_\_\_\_ Fax No. : \_\_\_\_\_

Email Address : \_\_\_\_\_

**Group Registration: Please provide name list with I/C number**

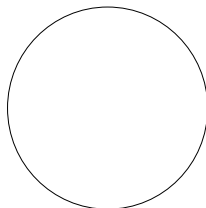
No.	Name	I/C No.

Registration type	Course Fee
Individual Registration	<input type="checkbox"/> RM 325.00 (Early Bird – before 21 <sup>st</sup> October 2019) <input type="checkbox"/> RM 375.00 (Standard Rate)
Group Registration (Minimum of 3 pax)	<input type="checkbox"/> RM 325.00 X (No. of Pax : _____) Total = RM _____

\*Management has the right to change the date of the event with notice given in advance.

\*All payments (i.e. fund transfer/internet banking/cheque) are to be made in favour of the “NKF Training Sdn. Bhd.”, CIMB Bank Account No.: **8010129570**. Please email/fax to us a copy of the payment receipt/slip.

I/We hereby declare that I/we have read and understood the contents of the privacy notice of NKF displayed on the NKF website at [www.nkf.org.my](http://www.nkf.org.my) and confirm my/our consent for NKF to use my/our personal data for the purposes and to the parties stated in the privacy notice.



\_\_\_\_\_  
Signature of Employer

Company Stamp

Date : \_\_\_\_\_

**CLOSING DATE FOR APPLICATIONS NOT LATER THAN 28<sup>th</sup> OCTOBER 2019**

Please fill up this registration form and **email** to us at [training@nkf.org.my](mailto:training@nkf.org.my) or **fax** it to **03-7960 2359**