

HEALTH TALKS

The National Kidney Foundation of Malaysia (NKF) is joining forces with the Women's Federation for World Peace Malaysia to promote early detection and prevention of diabetes, kidney and cardiovascular diseases. It will be held on Nov 30 from 9am to 1.30pm at Peace Embassy, Section 52, Petaling Jaya. There are health talks on "Diabetes, Prevention and Risk Factors" and "Stress Management", Zumba session and health screening. Admission is free. Register by Nov 25 via 016-478 3068 (Tan Wan).