



Lifting the spirits of dialysis patients

IN conjunction with the festival of giving, financially-challenged dialysis patients were greeted by the National Kidney Foundation of Malaysia (NKF) team in a heart-warming Christmas celebration to spread the joy of the festive season at NKF's Charis Dialysis Centre recently. It was attended by 130 people including patients, volunteers, church members and NKF's staff.

Patients were entertained throughout the event with a myriad of fun activities by the NKF team and church members. The event started off with a jolly Christmas carol session by the Chinese Teen Force of Charis Christian Centre where everyone chanted and hummed along during the session. A dance performance presented by the senior church members was also one of the event highlights.

"As a non-profit charitable organisation, the wellbeing of patients is of paramount importance to us. It has been a rewarding event for NKF as every smile made is something that fuels us to strive further to improve the lives of these patients," said Chua Hong Wee, CEO of the National Kidney Foundation of Malaysia.

A light-hearted skit was presented by the church members followed by a short motivational talk by Mr. S. Oliver Subindran from the Social Security Organisation (SOCSO) who happened to be a dialysis patient himself for the past 23 years.

He casually enlightened patients and their caregivers on eating right for chronic kidney disease (CKD). To further add to the merriment, patients were given goodie bags consisting of a limited edition thermal tumbler, hand sanitiser, soap and wet wipes specially prepared by the NKF team.

To culminate the event, a token was presented by Mr Chua to Pastor Lawrence, Senior Pastor of Charis Christian Centre as an appreciation for the long standing partnership since 1997. — *The Health*