

EARLY DETECTION & PREVENTION SAVES LIVES

SHARE

ISSUE 3 2020 | PP9314/08/2012 (030426)



**HERO FLOAT LAUNCH UPLIFTS
FRONTLINERS AND NKF**

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Message From Chief Editor

We are all aware that the Movement Control Order (MCO) has been extended till 31 December 2020. Therefore, let's continue to adhere to the new norm of wearing mask and keeping our social distance at all times.

Having said that, we had continued our quest on fundraising to purchase PPEs for our dedicated frontliners through the 'coolest' campaign - Hero Float.

As challenging as it is, we have also allocated RM1 million to financially aid all our patients besides supplying medical supplies, PPEs and haemodialysis machines to the Ministry of Health and organising the first webinar for CKD patients.

This year, our annual mooncake project managed to make its way into one of Malaysia's largest online shopping

platform - Shopee. This had certainly helped us to reach out to more donors nationwide. On top of this, more online platforms are available to enable public donations to NKF.

In this issue, we are glad to share with you an interesting story from the mother of a late young organ donor – the true meaning of "A Gift of Life".

If you are looking for an affordable and conducive venue for conferences, trainings and meetings, do check with NKF Training Centre. More information available inside.

Let's continue to stay safe.

Dr. Prasad Menon
Chief Editor

NKF DIALYSIS CENTRES

	TEL NO
1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar)	04-977 7411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar)	04-734 0215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar)	04-735 2190
4. Pusat Dialisis Amal FO YI - NKF (Unit I) (Penang)	013-917 0722
5. Pusat Dialisis NKF - FO YI (Unit II) (Penang)	04-282 8701
6. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping	05-804 1633
7. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh)	05-321 5921
8. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya)	03-7954 2359
9. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor)	03-6137 1884
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12. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur)	03-4021 7704
13. Pusat Dialisis NKF - Bakti (Klang)	03-3323 9424
14. Pusat Dialisis NKF - Charis (Cheras)	03-9132 8193
15. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur)	03-9281 3451
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19. Pusat Dialisis NKF - Kuala Terengganu	09-624 9423
20. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan)	09-514 1566
21. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching)	082-240 927
22. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu)	088-538 532
23. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman	09-858 3392
24. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim)	04-408 0669
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26. Pusat Dialisis NKF - Calvary	03-9133 9452
27. Pusat Dialisis NKF - Chempaka	03-7865 0971
28. Pusat Dialisis NKF - Sarikei, Sarawak (Pending CKAPS Licence for official opening)	084-642 627

SPACE FOR RENT - CONFERENCE, TRAINING AND MEETING FACILITIES

Seating : Theatre

Room	Capacity
Lecture Hall 1	80 pax
Lecture Hall 2	80 pax



Seating : Classroom Style

Room	Capacity
Lecture Hall 1	50 pax
Lecture Hall 2	50 pax



CALL US NOW!



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Tel: 603-7960 2301/02
Fax: 603-7960 2359

Email: training@nkf.org.my

CONFERENCE, TRAINING AND MEETING FACILITIES



Are you looking for a venue which includes everything you need to host a successful training, conference or meeting?

Learning is optimized when conducted in the right environment with access to the right equipment. The NKF Training Centre, ideally located in a central location within the Klang Valley, midway between Kuala Lumpur and Petaling Jaya, provides spacious and well-equipped classrooms.

We place a strong emphasis on creating just the right ambience for learning and our facilities have been specially designed to provide convenience in a relaxed and distraction-free environment. We also offer a contemporary design and high quality meeting and conference space. Our facilities come equipped with the visual aids and Wi-Fi connectivity.

Call us to find out more. Tell us your requirements. We believe one of our packages will suit your needs.

Please do not hesitate to contact us if you have any enquiries.

EQUIPMENT & FACILITIES

- Fully Air-conditioned
- Overhead Video Projection - Mounted & Portable
- High speed Internet
- Flipchart & White Board
- Conducive Environment
- Strategic Location
 - Between KL & PJ
 - Close to LRT & Bus Stop
- Ample parking space

PRICE LIST

Item	Cost Per Unit	Room Capacity
Lecture Hall 1 (Full day - Weekday)	RM 700.00/day	50 to 80
Lecture Hall 1 (Full day - Weekend)	RM 800.00/day	50 to 80
Lecture Hall 2 (Full day - Weekday)	RM 500.00/day	50 to 80
Lecture Hall 2 (Full day - Weekend)	RM 600.00/day	50 to 80
Boardroom (Full day - Weekday)	RM 400.00/day	10 to 15
Boardroom (Full day - Weekend)	RM 500.00/day	10 to 15
Cafe' (if used for training)	RM 500.00/day	30 to 40
Cafe' (if used for F&B only)	RM 200	30 to 40

ROOM FACILITIES



FOOD STORAGE – BASIC

Freezer

Frozen meats and other heat or light sensitive food items that might go rancid.

Pack them in a sealed container or plastic bag to minimize freezer burn and foul smell.

FREEZER

0 °C and below

Top & Middle Shelf

Cooked or ready-to-eat food, eggs in cartons and dairy goods.

FRIDGE

1 – 4 °C

Bottom Shelf

Raw meat, poultry, fish and seafood.

Put these items in sealed containers or wrap securely to prevent raw juices contaminating other foods.

Crisper

Fruit and vegetables.

References:

“Panduan Asas Penyimpanan Makanan – Simpanan Sejuk” by Ministry of Health Malaysia.

“Food Storage Savvy: Your guide to what goes where” by Academy of Nutrition and Dietetics.

REFRIGERATION & FOOD SAFETY



Some cool rules for food safety

Do not overpack your fridge, as it can prevent the cool air from circulating freely.

Make it a habit to check for your perishable foods that should no longer be eaten, and throw it away.

Wipe up spills immediately.

Clean the fridge regularly.

Fridge Door

The temperature at the door fluctuate more than the temperature in the cabinet. This matters especially when you are used to storing your eggs and milk here.

Be sure the doors are closed tightly at all time and open it when necessary.

A GIFT OF LIFE



Phoshaggan
(Late son of Madam Mallika)

“Your urine is crystal clear. Your kidneys are so healthy. You can help others” Madam Mallika thought to herself. Without wasting another minute, she reached out to her husband and her son to share her intention to donate their son’s organ to those in need. To her relieve, both her husband and son were supportive towards her intention.

“Phoshaggan was a bright and kind hearted boy. He would asked me if he could give his things to those in need from time to time staying true to our family practice to not waste anything”, Madam Mallika added.

After the family agreed to donate Phoshaggan’s organs and signed the consent form, a final test was carried out to confirm the condition of the patient (brain dead) due to an accident before the hospital team from Sultanah Bahiyah Hospital, Alor Setar contacted the National Transplant Resource Centre (NTRC) in Kuala Lumpur. The team from

NTRC were quick to mobilize once the confirmation and consent was received from the hospital.

The NTRC team kept them updated throughout the operation and after 5 hours, the team successfully obtained 2 corneas, 4 heart valves and 2 kidneys from Phoshaggan.

These organs were transported immediately to The National Heart Institute of Malaysia (heart valves) and Hospital Universiti Kebangsaan Malaysia (corneas and kidneys) where the patients were eagerly waiting for the arrival of their “second chance in life”. Datin Dr. Fadhilah Zawyah Lela (former Chief Clinical Manager of NTRC) never ceased to provide comfort and assurance to her and her family. “She assured me that the recipients of her son’s organs are recovering and living well. I remembered vividly how she held my hands while giving me moral support and strength to carry on with my life without my son.

It was a very emotional yet I felt so relaxed and relieved by her at that time”, recalled Madam Mallika.

Meanwhile back in the hospital, the body of Phoshaggan was returned to Madam Mallika and her family to proceed with the funeral. “He’s perfect. He looks like he is sleeping”, Madam Mallika shared with a smile. She complimented the NTRC team for upholding such a high ethical standard and with professionalism while attending to her son.

“It would be great to know who the recipients are and how they are coping with life after the transplant. However, in Malaysia, the identity of both donor and recipient are kept confidential”, she said. “God sent my son as a little god and I got a chance to take care of him for 18 good years. Now, he’s a blessing to many transplant patients out there who have received his organs’ ”, she said with a breath of relief.

The story of Madam Mallika donating her son’s organ soon reached the temple where she worshipped and where her father served as a secretary. The devotees were so encouraged that three quarters of the congregation signed- up and pledged their organs.

Since then, Madam Mallika has been invited and actively participates in the annual “Bicara Hati” programme. It is a platform where family members of organ donors and recipients share their experiences and be an encouragement to each other. Apart from that, she is always willing to share her story to encourage more people to come forward and sign up to be an organ donor.

“It was 8 years ago but it still seemed like yesterday. Now, I realize that organ donation is truly a gift of life”.

Interview with Madam Mallika A/P Subramaniam (mother of late Phoshaggan).

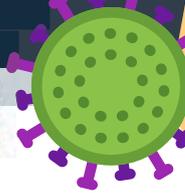
HOW TO FIGHT FLU



#1

GET VACCINATED

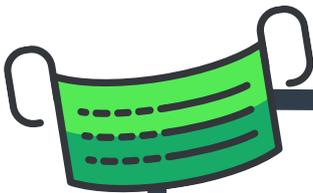
Influenza or flu can give serious illness. Vaccination is the best way to protect yourself and your family



#2

WASH YOUR HANDS

Wash your hands with soap for 20 seconds or use alcohol based hand sanitizer



#3

COVER YOUR MOUTH WHEN COUGHING

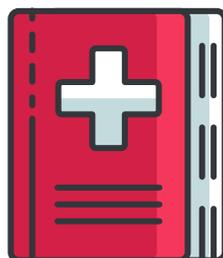
Cover your mouth and nose with tissue. Toss the tissue in a waste basket and wash your hands



#4

CONTAIN YOURSELF

Stay at home if you are sick until you are well again so that you do not spread more germs



OBESITY

Obesity is a complex, multifactorial condition characterized by excess body fat which resulted in excessive weight. A person with body mass index (BMI) of 30 or more is generally considered obese.

CAUSES



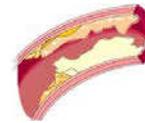
Excessive intake of high calorie food and sedentary lifestyle



HEALTH RISKS OF BEING OBESE



HEART DISEASE



CLOGGED ARTERIES



FATTY LIVER



DIABETES



HYPERTENSION



GASTRIC REFLUX

WHAT SHOULD YOU DO ?



ADOPT AN ACTIVE LIFESTYLE AND HEALTHY EATING HABITS



HEALTHY AND BALANCED PORTION DIET



DRINK MORE PLAIN WATER



EXERCISE AT LEAST 30 MINUTES A DAY , 3 TIMES A WEEK



QUIT SMOKING



LIMIT ALCOHOL CONSUMPTION

Reference:
 1. Overweight and obesity (2020). https://www.who.int/gho/ncd/risk_factors/overweight_text/en/
 2. 2004. Clinical Practice Guidelines. [ebook] p.7. Available at: <https://www.moh.gov.my/moh/resources/Penerbitan/CPG/Endocrine/5a.pdf> [Accessed 25 August 2020].
 3. PORTAL MYHEALTH. 2020. Obesity In Adult - PORTAL Myhealth. [online] Available at: <http://www.myhealth.gov.my/en/obesity-in-adult/> [Accessed 25 August 2020].

MAKAN SECARA SEDAR

TIPS BERMANFAAT MAKAN SECARA SEDAR

Makan secara sedar - Memberi kesedaran terhadap pilihan makanan dan nikmat semasa makan. Makan sambil menggunakan telefon bimbit, menonton tv atau makan di meja kerja mungkin boleh menyebabkan anda bertambah berat badan! Apabila kita tidak fokus semasa makan, kita tidak boleh memberi sepenuh perhatian terhadap apa yang telah dimakan dan jumlah pengambilan sesuatu makanan.



Tip # 1

Elakkan membuat aktiviti lain (menonton tv/menggunakan telefon bimbit) semasa makan.



Tip # 2

Makan secara perlahan dan tidak gelojoh. Kunyah dengan tertib.



Tip # 3

Makan dengan senyap. Beri perhatian terhadap makanan dan minuman.



Tip # 4

Berhenti makan apabila sudah kenyang untuk mengelakkan makan berlebihan.



Tip # 5

Hanya makan ketika lapar.



Tip # 6

Duduk di meja makan dan kurangkan makan di tempat lain.

5 KEBAIKAN BIJIRIN PENUH

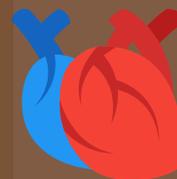
1

MELANCARKAN SISTEM PENCERNAAN DAN MENGELAKKAN SEMBELIT



2

MENGURANGKAN RISIKO PENYAKIT JANTUNG



5

MENINGKATKAN SENSITIVITI INSULIN PESAKIT DIABETES JENIS 2



3

MENGALAKKAN PEMBIAKAN BAKTERIA BAIK DI DALAM USUS UNTUK MEMBANTU SISTEM PENGHADAMAN



4

MENGURANGKAN RISIKO PENAMBAHAN BERAT BADAN BERLEBIHAN



Sumber: <http://www.nutriweb.org.my/index.php?whole-grains>

STELLA MARIS INTERNATIONAL SCHOOL DID IT AGAIN



(From left) Kenneth Yap (SMIS School Administration Manager), S. Arunandy (Sports & ECA Coordinator), Chua Hong Wee (NKF Chief Executive Officer), Professor Dr. BC Tan (President of SMIS), B. Scully (School Primary Wing Principal) and Hanimatun Syarida (School Senior Administrative Executive of Secondary Wing) at the cheque presentation ceremony.

On 5 August 2020, the president of Stella Maris International School (SMIS), Professor Dr. BC Tan presented the cheque amounting RM13,406 to Mr. Chua Hong Wee, Chief Executive Officer of The National Kidney Foundation of Malaysia (NKF).

Despite the recent Covid-19 pandemic, SMIS successfully raised this generous amount through its annual

No Uniform Day event in conjunction with World Kidney Day 2020. The event saw all students, teachers and administrative staff came to school dressed in red. Among the activities held were a quiz for the pupils on kidney health and selling of the NKF recipe book.

“It is Stella Maris’ way of saying we do care and we are here to help,” Professor Dr. BC Tan commented.

Our heartfelt gratitude to SMIS for the fervent support towards NKF over the last 4 years.

MORE PLATFORMS AVAILABLE FOR DONATION

DONATIONS
made easier with

Touch nGO eWallet

NATIONAL KIDNEY FOUNDATION OF MALAYSIA

Shopee Pay

NKF Malaysia

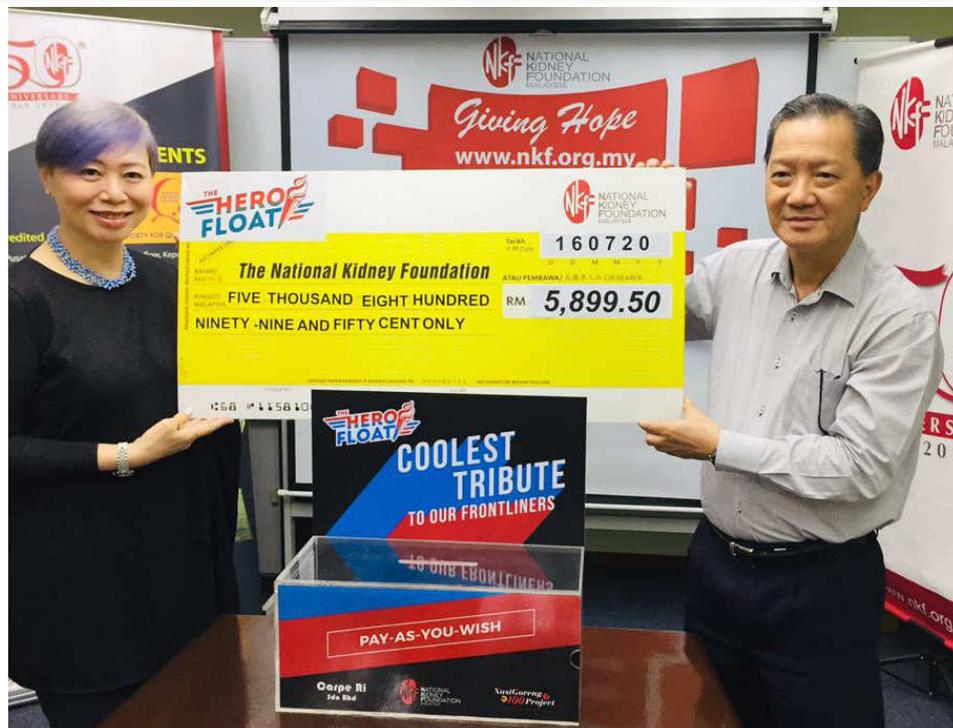
oost NATIONAL KIDNEY FOUNDATION MALAYSIA

Sharing your kindness by giving back to the less fortunate is just a tap away

CIMB Clicks

HERO FLOAT CAMPAIGN UPLIFTS FRONTLINERS AND NKF

APPROXIMATELY RM8,000 RAISED TO PURCHASE PPE



Amid the Covid-19 pandemic and recovery phase, Chronic Kidney Disease (CKD) remains a serious national health problem – primarily caused by either diabetes or high blood pressure – affecting approximately 2.9 million Malaysians. Haemodialysis still needs to be carried out for the affected kidney patients, requiring trained staff to deliver the four-hour treatment to patients, three times a week. As life and treatment go on, Personal Protection Equipment (PPE) is necessary to ensure the health and safety of frontline healthcare personnel at dialysis centres as they continuously assist patients with their treatments.

In conjunction with the recent launch of the Hero Float Campaign – a frozen dessert, designed and produced by an innovator Carpe Ri Sdn Bhd; National Kidney Foundation of Malaysia (NKF) received monetary contribution totalling almost RM8,000, in a simple ceremony held recently. NKF is a leading non-profit organization that has been providing subsidised dialysis treatment in Malaysia for over 30 years.

This meaningful campaign, held at Sunway Pyramid from 6 to 12 July, saw Malaysians lending a hand to protect their fellow countrymen's health – not only contributing via the donation box but also through digital platforms like Boost, Touch 'n Go and Shopee which NKF collaborates with. Meanwhile, Social Grooves has spearheaded the CSR campaign's social media thrust.

NKF CEO Chua Hong Wee said NKF appreciated the support from this campaign. "We thank the caring donors for their generosity and Carpe Ri Sdn Bhd for this campaign – providing us with the much-needed support. The proceeds from the campaign will help provide PPE for NKF's frontliners – protecting the respiratory health of our healthcare personnel across the nation and giving us the encouragement and motivation to continuously carry out our duties for our patients. Besides raising funds for PPE, we hope this will help boost awareness and NKF's volunteer base. This is a very timely donation of medical supplies for our frontliners during the 'New Normal' by the people of Malaysia!" he added.

"The Hero Float, dubbed "the coolest-ever tribute to frontliners" was inspired from the passion, dedication and selflessness exhibited by frontliners. Carpe Ri has joined hands with NKF, who has relentlessly helped many Malaysians live a fulfilling life. We want to do our part and honour them with this innovation – and the generous donors who have come together to provide crucial aid in the hour of need is a show of solidarity," says Carpe Ri co-founder, Ms. Joon Tan.

The halal Hero Float – an eco-friendly frozen yoghurt dessert which contains soluble fibre and prebiotics was distributed to patrons throughout the 1-week campaign at Sunway Pyramid and they could donate any amount as they wished.

The Hero Float will be sold at participating Quick Service Restaurants (QSRs) and convenience stores and part of the proceeds will go towards purchasing PPE for frontliners.

RM1MIL AID FOR NKF KIDNEY FAILURE PATIENTS



From: Jessica Ooi [mailto:.....@gmail.com]
Sent: Friday, June 12, 2020 11:03 AM
To: welfare@nkf.org.my; fundraising@nkf.org.my
Cc: NKF Puspa Arjunan <puspa@nkf.org.my>
Subject: THANKS To All Help.

To All Kind Hearted From NKF,

Im writing the email today to thank you for all the support that you had extended during my difficult times.

Please accept my most sincere thanks for your kind supports.

Your encouragement & support means a lot to me & have made all the difference. Thanks a lot.

Regards,
 Your Patient
 Ooi Mei Leng (Jessica)
 From NKF Kulim, Kedah.

Above: A thank you email from one of our patients.



The National Kidney Foundation of Malaysia (NKF) disbursed RM1mil from its own coffer to help provide for its patients' subsistence during this economically challenging period.

The non-profit organisation, which has been providing subsidised dialysis treatments in Malaysia for over 30 years, is taking another huge step by helping their patients with their daily needs.

"The Covid-19 pandemic has had a significant impact on the cost of living and it has not spared anyone, including our dialysis patients who are generally from the lower income group.

"At NKF, the welfare of patients – physically and psychologically – is of paramount importance.

"As part of our commitment to holistic care, we are providing this financial assistance to give our patients a lifeline throughout this pandemic and movement control order (MCO) for food and other daily necessities," said NKF chairman Dato' Dr Zaki Morad Mohd Zaher.

The foundation's 27 dialysis centres nationwide currently have 1,712 patients and the financial assistance with an allocation of RM600 for each eligible patient will be channelled in two payments of RM300 in May and June.

Kidney failure patients on dialysis are dependent on a four-hour treatment, hooked to a dialysis machine, three times a week for the rest of their lives.

Often, patients are initially traumatised when they find out that they have end-stage kidney failure, and that to survive,

they need continuous dialysis treatment or a kidney transplant.

Understandably, many have difficulty leading normal lives or finding regular employment. So, it is crucial they have access to affordable dialysis treatment in a caring environment.

"Amid such tough circumstances, dialysis patients can certainly do with more tender loving care and hope.

"We are serious in assisting our patients in this time of need and we ensure that the financial assistance totaling RM1mil is distributed prudently in aid of their welfare," added Zaki. Those who want to contribute towards the organisation's efforts can call 03-7954 9048 ext. 218 / 016-230 1072 or log on to www.nkf.org.my

GOING BEYOND CALL OF DUTY FOR KIDNEY HEALTH



WEBINAR

PERSEDIAAN UNTUK 'KEHIDUPAN SEMASA PANDEMIK COVID19'

BERSAMA DR. RAFIDAH

9 Mei 2020 (Sabtu)

10.00 pagi - 11.00 pagi

Saluran : 

Pautan: <https://bit.ly/2KZ3zo5>

Kod ID: 919 0123 3037
Katalaluan: 889433

10:00 pagi – 11:00 pagi

Topik:
Apakah peranan anda sebagai pesakit kronik buah pinggang?

PENCERAMAH:
DR. RAFIDAH ABDULLAH
PAKAR BUAH PINGGANG
HOSPITAL PUTRAJAYA

Disokong oleh:  Anjuran: 



The National Kidney Foundation of Malaysia (NKF) provided assistance to the Health Ministry and educated kidney failure patients via a health webinar as part of its efforts during the Covid-19 pandemic.

The non-profit organisation, which has been providing subsidised dialysis treatments in Malaysia for over 30 years, donated medical supplies, including surgical gowns, personal protective equipment (PPE) and face masks, as well as 17 haemodialysis machines to the ministry.

The contributions were to ensure proper treatment and care for kidney failure patients. In addition, NKF also provided treatment at its dialysis centres to patients who were referred by government hospitals.

“Covid-19 has led to an overwhelming number of patients in government hospitals.

“We recognised the urgency to respond and act swiftly to address the country’s needs at this critical time.

“This initiative is in line with our organisation’s commitment to holistic care and helping the most vulnerable patients with kidney failure and the frontline healthcare personnel,” said NKF Malaysia chairman Dato’ Dr Zaki Morad Mohd Zaher.

Throughout the pandemic, haemodialysis still needs to be carried out for kidney patients, requiring trained staff to deliver the four-hour treatment three times a week.

“Amid such circumstances, we hope that our assistance will help reduce the risks of exposure as well as ease the burden on healthcare workers so they can focus their energy on managing the Covid-19 cases at their respective hospitals,” he said.

While Malaysia emerges from the movement control order (MCO) and looks forward to economic recovery, the Covid-19 pandemic still poses a threat to Malaysians.

This is especially for vulnerable groups, including those with weak immune systems and chronic kidney disease (CKD) patients under-going dialysis treatment. NKF embraced the new normal with full force by organising its first-ever webinar on May 9, 2020 from 10.00 am to 12.00 noon by adhering to social distancing and public health guidelines, which focused on the role of CKD patients in taking charge of their lives during the pandemic. It featured nephrologist Dr Rafidah Abdullah from Hospital Putrajaya, who empowered attendees with practical and relevant medical insights.

Key areas covered included how patients should keep themselves safe and healthy during the Covid-19 pandemic, while maintaining kidney health in terms of medical treatment and everyday living -with emphasis on avoiding infections. Dr Rafidah shared medical guidelines for CKD patients covering both dialysis treatment and kidney transplants. This public health webinar was organised by NKF in partnership with Roche Malaysia.

SHOPEE-ING FOR MOONCAKES, SUPPORTING NKF

IN AID OF:

NKF NATIONAL KIDNEY FOUNDATION MALAYSIA

海外天 OVERSEA

MID-AUTUMN FESTIVAL 2020

SET A - DONATION of RM68/BOX

NORMAL 4PCS SET (180 GM/PC)

Lotus Paste 1 Yolk	单黄莲蓉
Assorted Fruits & Nuts	伍仁月饼
Red Bean Mooncake	玫瑰豆沙
Shanghai Mooncake 1 Yolk*	上海月饼

**(Note: Remove plastic & reheat Shanghai Mooncake in the oven for 2-3 minutes before serving)*

SET B - DONATION of RM68/BOX

NORMAL 4PCS SET (180 GM/PC)

Green Tea with Red Bean (Green Tea Lotus Paste & Red Bean)	绿茶红豆
Royal Fairy 1 Yolk (Lotus Paste & Mung Bean)	贵妃醉月
Golden Starlight 1 Yolk (Pandan Lotus Paste & Mung Bean)	翡翠玉环
Cherry Blossom 1 Yolk (Sakura Flower Lotus Paste)	百花争艳

MS 1500 :2009
1035-07/2010

NKF NATIONAL KIDNEY FOUNDATION MALAYSIA

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马来西亚肾脏基金会
70, Jalan 14/29, 46100 Petaling Jaya, Selangor. Tel: 03-7954 9048 ext: 218/207
Fax: 03- 7954 0535 Email: fundraising@nkf.org.my Web: www.nkf.org.my

Once again, the National Kidney Foundation of Malaysia (NKF) has joined forces with Oversea once again for its annual mooncake charity project to raise funds for NKF's underprivileged kidney failure patients.

In addition to this year's project, NKF embraces the New Normal with full force – adhering to social distancing and public health guidelines by collaborating with

Shopee for the sales of the NKF mooncakes – enabling Shopee users to support the fundraising effort.

From 15 July until 30 September 2020, Shopee users in Malaysia can visit the Shopee Mall catalogue in their Shopee app to purchase the NKF mooncakes – with all proceeds donated directly to NKF Malaysia.

The Mooncakes are 100% halal certified and come in two available set types:

Set A: This box includes a normal 4-piece set of mooncakes; Lotus Paste 1 Yolk, Assorted Fruit & Nuts, Red Bean and Shanghai Mooncake 1 Yolk for a donation of RM 68 per box.

Set B: This box includes a normal 4-piece set of mooncakes; Green Tea with Red Bean (Green Tea Lotus Paste & Red Bean), Royal Fairy 1 Yolk (Lotus Paste & Mung Bean), Golden Starlight 1 Yolk (Pandan Lotus Paste & Mung Bean) and Cherry Blossom 1 Yolk (Sakura Flower Lotus Paste) at a donation of RM 68 per box.

“NKF is doing its best to provide subsidised dialysis treatments for the 1,712 patients at our 27 dialysis centres nationwide besides funding for our constant efforts to educate the public on early prevention and management of kidney diseases. This annual mooncake charity project is part of our fundraising initiatives in order to support our ongoing mission for over 30 years and we truly appreciate the support and generosity of Shopee and its users,” said Mr. Chua Hong Wee, Chief Executive Officer of NKF Malaysia.

Mr. Ian Ho, Regional Managing Director of Shopee said, “We want to do our part to help dialysis patients by encouraging our fellow Shopee users to also join in and give back, along with their family members and friends. Besides sharing the NKF mooncakes with your loved ones, you can also extend the joy and celebration by sponsoring the mooncakes to NKF patients and their families. NKF Malaysia have relentlessly helped many Malaysians live a fulfilling life. So, let's lend NKF a hand by supporting its cause.”

DIRECT DEBIT DONOR PROGRAMME (DDDP)

NKF'S TOP FUNDRAISERS - 2019

Our sincere gratitude to all DDDP donors who have supported us through this programme. Your contribution gives hope and provides our patients a second chance to live.

Cheers to our top 10 fundraisers. We are proud to present to you.



GOH HUI LING



CHAN KAM MOON



AHMAD AUNNI RIDZUAN



FATIN NADHIRAH
BINTI NOORDIN



NUR FATIN ATIKAH
ABDUL MUTALIB



DHIVYESREE A/P
SHOMESUNDRUM



NESHA KUMAR RAO A/L
VENGADASAN



SITI NAWAL
BINTI AZMI



NARENDRAN A/L
SHUNMUGANATHAN



LIM KAH HOCK

NKF is pleased to announce our Top 10 fundraisers for the year 2019. This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We salute them for the efforts they have taken in helping our dialysis patients.



YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA

NATIONAL KIDNEY FOUNDATION OF MALAYSIA PPM-002-10-12021969

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

70, JALAN 14/29, 46100, PETALING JAYA, SELANGOR DARUL EHSAN, MALAYSIA.

☎ 1300-88-3110

☎ 03-7954 9048/49

☎ 03-7954 0535

🌐 www.nkf.org.my