

Spotlight on organ transplant

In conjunction with the recent National Organ Donation Awareness Week, the National Kidney Foundation of Malaysia (NKF) organised a Community Organ Donation Drive (CODE): Life Webinar with the theme “Living Kidney Transplant” – adhering to physical distancing and public health guidelines – to raise awareness on the importance of organ transplant and donation.

The webinar featured nephrologists Dr Nor Fadhlina Zakaria from Hospital Serdang and Dr Ruslinda Mustafar from Hospital Canselor Tuanku Muhriz, UKM as the keynote speakers who empowered webinar attendees with practical and relevant medical insights.

Dr Nor Fadhlina shared that kidney diseases remain a serious national health problem – primarily caused by either diabetes or high blood pressure. The prevalence of Chronic Kidney Disease (CKD) in Malaysia is 15.48% based on a study in 2018, with about 50,000 patients on dialysis nationwide.

In her session, Dr Ruslinda shared that they would like to see an increase in living donor transplantation – not only from blood relatives, but also from those whom the patient has an emotional tie, such as a spouse, friend or co-worker, as these have proven to increase survival chances.

Another highlight of this webinar was the heart-warming sharing session by Shah Zahid Razali, a 25-year-old kidney failure patient who was given a second chance at life by his older sister, Wardahanisah Razali – who also shared her experience as a living organ donor.



Shah Zahid and Wardahanisah - Kidney Transplant Recipient and Donor.