



Kementerian
Kesihatan
Malaysia

COVID-19

THE RISK OF HEMODIALYSIS PATIENTS



People undergoing dialysis are vulnerable to developing infectious diseases including COVID-19 infection because of an impaired immune system and because they are usually older with other illnesses such as diabetes and hypertension.

Haemodialysis patients are also exposed to more risks because they must attend dialysis sessions three times a week, together with many other patients, and often travel to dialysis centres by common transport.



People with Chronic Kidney Disease who get COVID-19 Infection are more likely to develop serious disease and have a higher risk of death compared to the general population.



General Population



Hemodialysis patients

PUTUSKAN RANTAIAN COVID-19



MYHEALTHKKM



Bersama
Hentikan
Wabak
COVID-19



SCAN ME



As a dialysis patient, what can you do to stay safe from COVID-19 infection?

- 1 Practice frequent hand hygiene.
- 2 Use a face mask at all times – avoid eating during dialysis but have some sweets on standby if needed , and have an adequate meal before coming to the dialysis unit.
- 3 Practice cough etiquette.
- 4 Always dialyse at the same chair/station.
- 5 Maintain a distance of at least 1 m from other people.
- 6 Stay at home unless there is a good reason to go out. Avoid gatherings for feasts, weddings and funerals.
- 7 Get your COVID-19 vaccination
- 8 Avoid hospital admissions :
 - Avoid getting fluid overloaded –control your salt and water intake, and don't miss any dialysis sessions.
 - Take your medications as advised and ensure you have an adequate supply of medications.
 - Look after your dialysis catheter or fistula to avoid infection or accidental damage.
- 9 Please inform the dialysis staff before coming to the unit if :
 - You are feeling unwell.
 - You have a family member confirmed or suspected of having COVID-19.
 - You have gone to a clinic/hospital recently because of being unwell.
 - You have been recently discharged from a hospital.

Special arrangements will be made for you to dialyse safely.

Everyone's help and cooperation is vital to beat COVID-19.
KITA JAGA KITA



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