



NATIONAL
KIDNEY
FOUNDATION
MALAYSIA



Cincau Jelly


2 servings



INGREDIENTS

- 10 g of agar-agar powder
- 1/2 block of grass jelly
- 300 ml water
- 2 tbsp palm sugar

METHODS

- In a pot of hot water, add in sugar and stir until melts.
 - Add in agar-agar powder and grass jelly and mix well. Let the mixture slightly boil.
 - Remove from heat. Set aside to cool. After that, refrigerate it and serve cold.
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NUTRITION FACT

Energy (kcal)	115
Protein (g)	4.3
Carbohydrate (g)	25.3
Fat (g)	0
Saturated Fat (g)	0
Fibre (g)	0.7
Sodium (mg)	2
Potassium (mg)	17



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