

Pre-dialysis education programme to be introduced at all government health facilities next year

PUTRAJAYA: A pre-dialysis education programme specifically for stages 4 and 5 chronic kidney patients would be introduced in all government health facilities nationwide beginning next year, said Health Minister Khairy Jamaluddin.

He said the special module would be implemented comprehensively once the Ministry of Health (MoH) had obtained the best model through data and research.

“For a start, this programme will be commenced in Pahang before being implemented in Kelantan and Terengganu,” he said during his speech at the launch of the Kidney Ambassador and Pre-Dialysis Education Programme, run by the National Kidney Foundation of Malaysia (NKF) here yesterday.

Khairy said the programme,

developed by a group of medical experts, should provide important information to the patients as well as help them choose the appropriate type of treatment.

“Health education activities like this are among the ways we (MoH) empower the public, patients and family members to be more responsible for their own health,” said Khairy, who was also appointed as a 'Kidney Ambassador'.

He said the ministry's evaluation of the programme done abroad in 2020 had found that it was effective in increasing the knowledge of patients and family members, improving kidney transplants and helping patients choose dialysis treatment at home, namely peritoneal dialysis or conservative treatment (without dialysis). — Bernama