

# A step forward in kidney care

THE National Kidney Foundation of Malaysia (NKF) has officially opened Malaysia's first Peritoneal Dialysis and Chronic Kidney Disease Education Centre (CKD Clinic) in Selayang.

The centre also aims to provide peritoneal dialysis training and support services for free.

These include information and support regarding dietary and lifestyle changes and assisting patients in choosing the right kidney replacement therapy — be it kidney transplant, peritoneal dialysis, haemodialysis, or palliative care.

With this new centre, the foundation hopes to help nephrologists in patient care with quality peritoneal dialysis support, says NKF Malaysia chief executive officer Khor Xin Yun.

The chronic kidney disease services cover a range of services to patients with different stages of kidney failure. Those with stages 2 and 3 kidney failure will be provided with

dietary advice and informed about lifestyle adjustments.

For more advanced cases (stages 4 and 5), patients will be guided towards dietary changes and to choose suitable kidney replacement therapy. Additionally, the centre will lend glucometer and/or blood pressure monitoring sets to patients (CKD stages 2-5) for home monitoring and for better tracking of their health condition.

"The government is very committed to combating the rise of non-communicable diseases and is focused on preventing chronic kidney disease, in particular endstage kidney failure, in the National Health Agenda," says Malaysian Society of Nephrology president Dr Lily Mushahar.

For more information about the Peritoneal Dialysis Training and Chronic Kidney Disease Education Centre, visit [www.nkf.org.my](http://www.nkf.org.my)

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*Dr Lily Mushahar officially opening the centre which aims to provide peritoneal dialysis training and support services as well as chronic kidney disease education services for free.*