

5th Renal Nutrition Conference 2024

"Enhancing Renal Nutrition via Interdisciplinary Collaboration"

Day 1 - 22 June 2024 (Saturday)	
Time	Programme
0800-0830	Registration
0830-0840	Welcome address by Vice Chairman Board of Directors National Kidney Foundation Malaysia and Organising Committee Chairman <i>Dr. Thiruventhiran Thilaganathan</i>
0840-0850	Speech Chairman of Board of Directors National Kidney Foundation <i>Dato Dr. Zaki Morad Mohamed Zaher</i>
0850-0900	Opening Ceremony
	Plenary Session <i>Chairperson: Prof. Dr. Tilakavati Karupaiah</i>
0900-0920	The Importance of Nutrition in Kidney Care <i>Prof. Dr. Lim Soo Kun (Nephrologist, University of Malaya)</i>
0920-0940	Diabetes and Kidney Health: A Vital Connection <i>Dr. Sunita Bavanandan (Nephrologist, Hospital Kuala Lumpur)</i>
0940-1000	Obesity and related disorders: A threat to CKD <i>Dr. Thong Kah Mean (Nephrologist, Hospital Ipoh)</i>
1000-1020	Fueling the Health of Obese CKD Patients: Nutritional Care <i>Dr. Maria Chan (Dietitian, St. George Hospital, AUS)</i>
1020-1050	Tea Break, Networking and Exhibition Booth Visits
	Symposium 1: Bridging Guidelines for Kidney Nutrition Care
1050 – 1110	Revolutionizing Kidney Nutrition Care: Latest Guidelines & Local Implications <i>Dr. Khor Ban Hock (Dietetics Lecturer, UMS)</i>
1110-1130	ABCD of Nutrition Assessment <i>Dr. Maria Chan (Dietitian, St. George Hospital, AUS)</i>
1130-1140	Question and Answer
	Workshop 1: Nutrition Screening & Assessment <i>Lead Facilitator: Prof Dr Tilakavati Karupaiah & Dr Maria Chan</i>
1140-1200	Nutrition-Focused Physical Examination for Kidney Patients <i>Assoc. Prof. Dr. Zulfitri Azuan Mat Daud (Dietitian, UPM)</i>
1200-1240	Nutritional Assessment: Tools and Strategies for Outpatient and Inpatient Settings (Breakout Session) - Assessment of Frailty & Hand-grip Strength - Assessment of PEW, Appetite <i>Assoc. Prof. Dr. Zulfitri, Dr. Khor Ban Hock, Ms. Lau Wai Pooi, NKF Dietitian</i>
1240-1250	Question and Answer

1250-1300	Packed Lunch Distribution
	LUNCH SYMPOSIUM
	Symposium 2: Fluid Overload 101: Assessing & Managing for Optimal Health <i>Chairperson: TBD</i> Sponsored Lunch by (name of sponsor)
1300-1330	Assessment & Management of Fluid Overload – Best Way Forward <i>(Speaker by sponsor, mention sponsor company here)</i>
1330-1400	Exploring the Hidden Secrets of Your Body: How Bioelectrical Impedance Spectroscopy Can Revolutionize Your Nutrition and Fluid Status Assessment <i>(Speaker by sponsor, mention speaker's company here)</i>
1400-1430	Prayer Break, Networking and Booth Visits
	Symposium 3: Tackling Nutrition-Related Issues In CKD <i>Chairperson: Prof. Dr. Abdul Halim(tbd) and Dr. Khor Ban Hock</i>
1430-1450	Medical Management for Non-Dialysis CKD <i>Dr. Loh Chek Loong (Nephrologist, Hospital Ipoh)</i>
1450-1510	Fostering Nutrition Literacy: Bridging the Connection between Food and Health in our Patients <i>Mr. Alvin Lim Jun Hao (Dietitian, UPM)</i>
1510-1530	Unveiling the NUTRITIONAL Significance of Kidney Disease Quality of Life: Understanding its Impact and Importance <i>Mr. Ng Hi Ming (Dietitian, Sunway Medical Centre)</i>
1530-1600	Tea Break, Prayer, Booth Visit & Networking
1600-1620	Frailty and Skeletal Muscle Wasting in CKD: Medical Point of View <i>Assoc. Prof. Dr. Nor Fadhlina Binti Zakaria (Nephrologist, UPM)</i>
1620-1640	Frailty and Skeletal Muscle Wasting in CKD: Dietitian Point of View <i>Dr. Maria Chan (Dietitian, St. George Hospital, AUS)</i>
1640-1650	Question & Answer
1650-1720	Kahoot Quiz and announcement of winner

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Day 2 – 23 June 2024 (Sunday)		
Time	Programme	
0830-0900	Registration & Networking	
	Symposium 4: Nutrition Prescription <i>Chair: Assoc. Prof. Dr. Zulfitri Azuan Mat Daud & TBD</i>	Symposium 5: Micronutrients And Other Component <i>Chair: TBD</i>
0900-0920	Tailoring Energy and Protein Prescriptions for Optimal Nutrition in CKD Stages 3-5 and Dialysis <i>Dr. Maria Chan (Dietitian)</i>	Anemia Management <i>Dr. Maisarah Jalalonmuhali (Nephrologist)</i>
0920-0940	Protein Choices for Kidney Health: Exploring Plant-Based vs Animal-Based Options <i>Dr. Khor Ban Hock (Dietitian)</i>	Vitamin Supplementation <i>Dr. Nurul Zaynah Nordin (Nephrologist)</i>
0940-1000	Unveiling the Whole Diet Approach – Navigating Dietary Patterns for a Holistic Perspective <i>Prof. Dr. Tilakavati Karupaiah (Dietitian)</i>	Fluid management and Dry weight <i>Dr. Tan Li Ping (Nephrologist)</i>
1000-1010	Question and Answer	
1010-1040	Tea Break, Networking and Booth Visits	
	Symposium 6: Navigating CKD-Mineral Bone Disorders	Symposium 7: Nutrition Care for Transplant Patients
1040-1100	The CKD-MBD Guidelines: Spotlight on Phosphate Management (include vit D) <i>Dr. Mohd Zaimi Abdul Wahab (Nephrologist)</i>	Medical Management for Kidney Transplant <i>Dr. Rosnawati Yahya (Nephrologist)</i>
1100-1120	Insights into Dietary Phosphate Management in Malaysia: Discoveries from the PATCH Study <i>Dr. Khor Ban Hock (Dietetics Lecturer, UMS)</i>	Nutrition Care for the Kidney Transplant Patients <i>Dr. Maria Chan (Dietitian, AUS)</i>
1120-1140	Nutrition Education of Hyperphosphatemia <i>Ms. Teong Lee Fang (Dietitian, Hospital Selayang)</i>	Role of Nurses in Pre- and Post-Transplant Care <i>Pn. Zaimatul Ruhaizah (Nurse)</i>
1140-1150	Question and Answer	

1150-1230	<p>Meet The Expert 1: Spiritual Integration into Care - Ramadhan Fasting in CKD And Dialysis Patients Moderator: Prof Dr Tilakavati Karupaiah & NKF Dietitian/Nurse (TBD)</p> <ul style="list-style-type: none"> • Panel 1: Assoc. Prof Dr Wan Ahmad Hafiz Wan Md Adnan (Nephrologist) • Panel 2: Assoc. Prof. Dr. Zulfitri 'Azuan Mat Daud (Dietitian) 	<p>Meet The Expert 2: Multidisciplinary Case Discussion – How to Improve Compliance? Moderator: Dr. Khor Ban Hock & TBD</p> <ul style="list-style-type: none"> • Panel 1: Dr. Maria Chan (Dietitian) • Panel 2: Dr. Mohd Zaimi (Nephrologist) • Panel 3: Assoc. Prof. Dr. Tang Li Yoong (Nurse) • Panel 4: Ms. Lau Wai Pooi (Dietitian)
1230-1240	Question and Answer	
1240-1400	Lunch, Prayer, Networking, Booth visiting	
	Workshop 2: Interprofessional Approach in Kidney Nutrition Care Chairperson: TBD	
1400-1420	Oral Nutrition Supplement <i>Dr. Sharmela Sahathevan (Dietetics Lecturer, IMU)</i>	
1420-1440	Interdialytic Parenteral Nutrition <i>Dr. Birinder Sadu Singh (Pharmacist, HTCM, UKM)</i>	
1440-1500	Role of Nurses in Nutrition Delivery <i>Assoc. Prof. Dr. Tang Li Yoong (Head of Nursing Science Department, UM)</i>	
1500-1510	Question & Answer	
1510-1540	Break & Networking	
1540-1610	Interactive Workshop: Find That Salt! <i>Lead Facilitator: Ms. Teong Lee Fang (Dietitian, Hospital Selayang)</i>	
1610-1640	Quiz & Course Evaluation – Game-based Approach	
1640-1700	Closing Ceremony	