

EARLY DETECTION & PREVENTION SAVES LIVES

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**RENAL NUTRITION
CONFERENCE 2024**

Message From Chief Editor

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Dear Readers,
Welcome to this edition—we're excited to bring you the latest updates and inspiring stories from NKF.

In this edition, you will find stories of resilience and hope, including the remarkable journey of Encik Tarmizi at our dialysis centre in Sungai Petani. His story is featured on pages 3.

We also spotlight the Code Life initiative, which aims to raise awareness about organ donation and encourage Malaysians to become living kidney donors. Learn more about this program on pages 4 and 5.

We are pleased to announce our recent Research and Development Grant Award, which will support further research and innovations in our services. Details on page 6.

Additionally, we're excited to introduce the Renal View dashboard, a web-based

tool designed to streamline and enhance the patient experience, reflecting our commitment to leveraging technology for better healthcare delivery. For more details, including updates on the center manager and senior nurse in charge meeting, see pages 7, 8 and 9.

We are particularly grateful for the generous contributions from HSBC Malaysia Berhad and IPUE Resources Sdn. Bhd., and Payments Network Malaysia Sdn. Bhd. (PayNet), whose support has significantly advanced our mission. Their contributions are detailed on page 10, 11 and 12.

As always, we extend our deepest gratitude to our supporters, staff, and volunteers. Your dedication and generosity are the driving force behind our success and make a meaningful difference in our mission.

Happy Reading!

Dr. Sunita Bavanandan
Chief Editor

NKF DIALYSIS CENTRES

	TEL. NO.
1. Pusat Rawatan Dialisis Tuanku Syed Putra - NKF (Kangar)	04-977 7411
2. Pusat Dialisis NKF - Superkids Trinity (Alor Setar)	04-734 0215
3. Pusat Dialisis NKF - Kelab Lions Alor Star (Alor Setar)	04-735 2190
4. Pusat Dialisis Amal FO YI - NKF (Unit I) (Penang)	013-917 0722
5. Pusat Dialisis NKF - FO YI (Unit II) (Penang)	04-282 8701
6. Pusat Dialisis NKF - Yayasan Dialisis Pertubuhan Pendidikan Akhlak, Taiping	05-804 1633
7. Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Akhlak Perak (Ipoh)	05-321 5921
8. Pusat Dialisis NKF - Dato' Dr. G.A.Sreenevasan (Petaling Jaya)	03-7954 2359
9. Pusat Dialisis NKF - Rotary Damansara (Batu Caves, Selangor)	03-6137 1884
10. Pusat Dialisis NKF - Fungates Superflow (Kepong, Kuala Lumpur)	03-6251 9850
11. Pusat Dialisis NKF - Kelab Apex (Klang)	03-3341 7009
12. Pusat Dialisis NKF - Nanyang (Setapak, Kuala Lumpur)	012-643 4227
13. Pusat Dialisis NKF - Bakti (Klang)	03-3323 9424
14. Pusat Dialisis NKF - Charis (Cheras)	03-9132 8193
15. Pusat Dialisis NKF - Good Health (Kampung Pandan, Kuala Lumpur)	03-9281 3451
16. Pusat Dialisis NKF - Che Luan Khor (Kluang)	07-776 5313
17. Pusat Dialisis NKF - Yayasan Pembangunan Keluarga Darul Ta'zim (Johor Bahru)	07-386 6164
18. Pusat Dialisis NKF - Bonuslink (Kota Bharu)	09-747 5834
19. Pusat Dialisis NKF - Kuala Terengganu	09-624 9423
20. Pusat Dialisis NKF - Tun Abdul Razak (Kuantan)	09-514 1566
21. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kuching)	082-240 927
22. Pusat Rawatan Dialisis MUIS - NKF (Kota Kinabalu)	088-538 532
23. Pusat Dialisis NKF - Yayasan Buah Pinggang Kemaman	09-858 3392
24. Pusat Dialisis NKF - Yayasan Sultanah Bahiyah (Kulim)	04-408 0669
25. Pusat Dialisis NKF - Sang Riang (Triang)	09-250 5709
26. Pusat Dialisis NKF - Calvary	03-9133 9452
27. Pusat Dialisis NKF - Chempaka	03-7865 0971
28. Pusat Dialisis NKF - Bonuslink (Sarikei), Sarawak	084-642 627
29. Pusat Dialisis NKF - Kidney Association of Sarawak/Rotary (Kota Samarahan)	082-362 621
30. Pusat Dialisis NKF - Rotary Club Nilai Sentral (New)	06-632 0218
31. Pusat Dialisis MUIS - NKF (Menggalat) (New)	088-473 726
32. Pusat Dialisis NKF - OSK Foundation, Sungai Petani (New)	04-424 8005

GIVING HOPE AND FINDING STRENGTH THROUGH NKF'S SUPPORT

At just 47, Encik Mohammad Tarmizi bin Ismail has faced more health challenges than many experience in a lifetime. As a father of three, his primary focus has always been on his family. However, severe health issues forced him to stop working and rely on care at Pusat Dialysis NKF – OSK Foundation in Sungai Petani.

His eldest child is pursuing higher education, while his two younger children are still in primary school. With Encik Tarmizi unable to work, his wife now supports the family by baking from home. Balancing daily needs and medical costs has become overwhelming for them.

Encik Tarmizi's health struggles began with gout and complications from medication. A particularly traumatic incident left him in a coma for five days, and when he woke up, he had lost his memory for two weeks. Desperate for answers, his family turned to Pantai Hospital Sungai Petani, where further tests revealed a blood clot in his brain. Doctors recommended a bone marrow aspiration to investigate further, adding to the numerous medical procedures he had to endure.

In 2018, his health took another downturn with the diagnosis of Nephrotic Syndrome, which ultimately led to the discovery of chronic kidney disease (CKD). His experience highlights the importance of being cautious with medication, as excessive or improper use of certain drugs can lead to serious issues related to kidney health. This diagnosis required him to undergo regular dialysis treatment. Initially, he sought care at private hospitals, but the cost of RM250 per session quickly became unaffordable for his family. Despite his wife's income, managing the medical expenses proved to be an overwhelming challenge.

Recognizing the need for a more affordable solution, Encik Tarmizi turned to the Pusat Dialysis NKF – OSK Foundation. There, he received vital support in the form of NKF Patient Welfare Subsidies, significantly easing his financial burden. He also learned about the benefits of single-use dialyzers, an initiative introduced by NKF to enhance patient care in dialysis treatment.



Single-use dialyzers offer clear advantages over reused ones, particularly in maintaining sterility and reducing the risk of cross-contamination. Moreover, single-use dialyzers maintain full filtration efficiency with each session, ensuring patients receive the best possible care. Initially concerned about potential costs, he was relieved to find that the expenses for single-use dialyzers were fully subsidized by NKF.

Despite the challenges faced, Encik Tarmizi remains strong and hopeful. He is currently pursuing his Master's in Economic Management at USM. His journey serves as a reminder of the importance of valuing our kidney health and maintaining a balanced lifestyle. He advises everyone to avoid excessive consumption of unhealthy food and medication without proper medical guidance.

You can help support patients like him by donating to the National Kidney Foundation (NKF). Please scan the QR code below to make your donation today. Thank you for your generosity!



SPOTLIGHT ON ORGAN DONATION AND TRANSPLANTATION

CODE: Life Living Kidney Forum at Muar, Johor

On 26th May, the Public Education team hosted a forum titled “Living Kidney Transplant” at Muar Traders Hotel in Muar, Johor. The event attracted approximately 70 participants, including dialysis patients, caregivers, and medical professionals.

The forum commenced with personal sharing sessions from kidney donors and recipients. Two pairs of donors and recipients were invited to speak. The first pair featured a husband and wife, Hj Zulkanain bin Hj Abdul Majid, the recipient, and Hjh Norita bt Hj Muharam, the donor.



The second pair included Khairul Syazwali bin Taib and his donor, Padli bin Saed. They shared their inspirational stories and experiences about their journeys through kidney donation and transplantation with the participants.



Following the personal stories, expert sharing sessions were conducted by Prof. Madya Dr. Nor Fadhlina binti Zakaria, Consultant Nephrologist and Senior Lecturer at Universiti Putra Malaysia; Dr. Wan Zul Haikal Hafiz bin Wan Zukiman, Medical Lecturer & Nephrology Fellow and Clinical Renal Specialist at Hospital Pengajar Universiti Putra Malaysia; and Dr. Nuzaimin Hadafi bin Ahmad, Consultant Nephrologist at Hospital Pakar Sultanah Fatimah, Muar, Johor. These sessions provided participants with a deeper understanding of the kidney transplant process and life

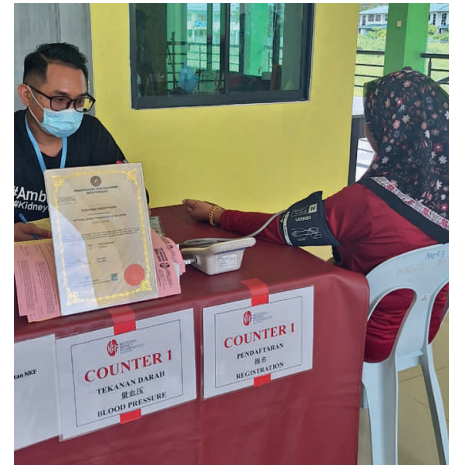
after transplantation, encouraging them to consider becoming living kidney donors.

While a transplant is not a cure for kidney failure, it can offer End Stage Kidney Disease (ESKD) patients a second chance at life, providing them with a greater sense of well-being and the opportunity to enjoy a lifestyle free from dependence on dialysis treatment.

Importantly, transplantation improves patient survival as compared to remaining on dialysis.

Roadto50 NKF – Sunway Mobile Health Screening Community Program

Date : 13th June 2024
Time : 10:00am–3:30pm
Venue : Masjid Darul Arqam in Belawai, Sibul, Sarawak
Participants : 49 participants took part in the health screenings. Out of these, 17 participants were advised to follow up at a clinic for further examination. In addition to the health screenings, 22 participants joined the “Gaya Hidup Sihat” program



Date : 22nd June 2024
Venue : Kampung Orang Asli Sungai Congkak in Hulu Langat, Selangor
Time : 8:30am–1:00pm
Participants : 27 participants underwent screenings, with 7 requiring further check-ups at a clinic. Additionally, 17 children aged 6 to 12 years old participated in a colouring contest



NKF CELEBRATES MILESTONE WITH FIRST RESEARCH AND DEVELOPMENT GRANT AWARD CEREMONY

On 6 August, 2024, NKF proudly hosted its inaugural Research and Development (R&D) Grant award ceremony, marking a significant step forward in advancing kidney research. This landmark event underscores NKF's commitment to fostering innovation and improving kidney care across Malaysia. From a pool of 43 nationwide applicants, 7 prestigious institutions were selected to receive grants valued between RM40,000 and RM80,000 for projects spanning 12 to 24 months.

These grants will support research across various fields, including Clinical Health Systems, Health Social Science/Behavioral Studies, Health Management, Health Policy Research, Public Health/Epidemiology, and Digital Technology.

This year's grant award builds on NKF's inaugural R&D Grant initiative launched in 2023, which aimed to collect evidence to enhance patient care, mitigate risk factors, and develop evidence-based policies. To continue supporting impactful research and fostering innovative solutions, NKF is seeking funding and collaboration opportunities with both the public and private sectors. This support will be vital in advancing research, enhancing patient care, and driving positive changes in kidney health across Malaysia.



The recipients are:

- **Dr. Beh Hooi Chin**
Universiti Malaya (UM)
- **Dr. Chew Chang Chuan**
Universiti Malaya Medical Centre (UMMC)
- **Dr. Wan Suriana Wan Ab Rahman**
Universiti Sains Malaysia (USM)
- **Ms. Ching Shan Lii and Associate Professor Dr. Ernieda Md Hatah**
Universiti Kebangsaan Malaysia (UKM)
- **Prof. Dr. Shaun Lee Wen Huey**
Monash University Malaysia (MUM)
- **Dr. Khor Ban Hock**
Universiti Malaysia Sabah (UMS)
- **Dr. Mohd Salami bin Ibrahim and Associate Professor Dr. Azwa Abdul Aziz**
Universiti Sultan Zainal Abidin (UnisZA)

NKF SURVEY 'LETS GO GREEN'



We'd Love to Hear from You!

Thank you for taking the time to read our newsletter. Your feedback is invaluable to us, and we want to ensure that the content we share is both meaningful and relevant to you. We would greatly appreciate it if you could take a moment to share your thoughts with us. Whether it's about the articles, stories, or the format, your opinion matters! Simply scan the QR code below to fill out a quick feedback form.

Additionally, if you'd prefer to receive future newsletters electronically, let us know through the form, and we'll make sure you get the e-copy delivered straight to your inbox. Embracing digital solutions is a step towards a greener future. Thank you for your continued support!

SELAYANG STAFF'S COMMITMENT TO HOPE

At the NKF Rotary Selayang Dialysis Centre, 63-year-old Hasimah binti Harun faced significant health challenges, including end-stage kidney disease (ESKD), diabetes, hypertension. A fracture in her left leg left her bedridden, and during this critical time, some dialysis treatment providers were unable to accommodate her needs, turning her away when she needed help the most.

In desperation, Hasimah's family reached out to the NKF Selayang Dialysis Centre, where they met Senior Nurse in Charge, Amylina, and her dedicated team. Amylina listened to their concerns and quickly contacted Sungai Buloh Hospital to gather vital insights into Hasimah's condition. Collaborating closely with the hospital staff, Dr. Rubagaviyagini, Physician at Hospital Sungai Buloh (017-3033440), she ensured that all medical aspects of Hasimah's case were thoroughly addressed. Amylina coordinated efforts among the medical team to secure the care that Hasimah desperately required. After a week of planning and preparation, Hasimah was deemed stable enough to begin her dialysis treatments at the NKF Selayang Dialysis Centre.

Upon her arrival, Hasimah required assistance to move about. The nurses recognized the challenges and provided the necessary support to help adjust to her new treatment routine. Their compassionate approach made a significant difference, ensuring that Hasimah felt safe and cared for as she sought treatment.

With encouragement and support from the staff, Hasimah's determination to regain her independence grew stronger. She took the initiative to start physiotherapy on her own, a proactive step that gradually rebuild her strength and mobility. Prof. Dr. Goh Bak Leong, the Head and Senior Consultant Nephrologist at Serdang Hospital, her attending physician, recognized her progress and arranged additional rehabilitation sessions to further support her recovery.

At the same time, the financial burden of treatment weighed heavily on Hasimah. She struggled to cover ongoing medical costs, including transportation to hospitals, physiotherapy, and dialysis treatments, all without a source of income. Hasimah depended on financial assistance from her sister, who was also not working. Recognizing these difficulties, Amylina stepped in to assist Hasimah in applying for a subsidy under the NKF Patient Welfare Subsidies. This vital support alleviated her financial strain by covering her treatment fees, allowing Hasimah to concentrate on her recovery.

As time passed, Hasimah became increasingly mobile and confident, eventually walking into the dialysis centre with minimal assistance. Witnessing Hasimah's transformation motivated many to actively participate in their care, fostering a supportive environment within the dialysis centre.

Hasimah's relatives frequently expressed their gratitude, often bringing homemade treats as tokens of appreciation—small gestures that brought warmth to everyone at the centre. Hasimah herself felt thankful, recognizing that without NKF's intervention, her outcome could have been different.

Hasimah's story highlights the commitment of the nurses at NKF dialysis centres, who go beyond merely providing medical care. Their dedication and compassion foster an environment where patients receive not only essential treatment but also the emotional and support necessary to navigate patients' treatment journeys.



CENTRE MANAGER / SENIOR NURSE IN CHARGE MEETING 2024



On June 24 and 25, the NKF Medical Department hosted the Annual CM/SNIC meeting, gathering 32 Centre Managers and Staff Nurses In Charge from across the country. The theme for this year, “Maximizing Impact: Elevating Quality and Expanding Reach of NKF Services,” was aligned with NKF’s Midterm Strategy. The meeting featured discussions and valuable recommendations aimed at improving the quality and accessibility of NKF services.

The department outlined its objectives and vision, focusing on enhancing patient satisfaction through strategic insights. A leadership workshop was conducted to brainstorm ideas for continuous development, with a particular emphasis on reviewing and refining the Standard Operating Procedures (SOPs). The session also highlighted the importance of soft skills for nurses, effective communication, and the critical role of nutrition and care. Additionally, the department explored quality improvement initiatives (CQI) and root cause analysis to further elevate its standards of care.

At the same time, the team took this opportunity to bid farewell to three extraordinary individuals as they embark on their well-deserved retirements.

Mr. Tan Chor Seong, who joined NKF in 2006 as a Dialysis Manager after retiring from the Ministry of Health (MOH), has been a cornerstone of the organization for 18 years. Mr. Tan’s extensive knowledge in dialysis has been invaluable, especially in setting the standard operating procedures (SOPs) that have become the backbone of NKF’s operations. His mentorship has greatly benefited all staff, and the impact of his work will continue to resonate within NKF and beyond.

Haji Husin Harun joined NKF in 2014, post-retirement from the MOH, and has since made significant contributions to the organization. Initially a Dialysis Manager, he became the Senior Project Manager in 2018. His expertise in managing new projects and renewing licenses for dialysis centres has been crucial to NKF’s growth and success.

Haji Husin’s involvement in the “Kidney Replacement Therapy Clinical Practice Guideline (4th edition)” highlights his substantial contributions to the field. His approach and dedication have been a source of pride and learning for all who have worked with him.

Ms. Irene Wong, retiring after a 20-year tenure, has been an exceptional Assistant Project Manager. Known for her outstanding work ethic, reliability, and deep institutional knowledge, Ms. Irene has been an invaluable asset to NKF. She has consistently provided insights and answers, supporting her colleagues and exemplifying dedication.

A farewell dinner was held to honor these three remarkable individuals. The event was attended by representatives from the management team, Board of Directors, and Board of Governance. The evening concluded with a special mini-concert performed by the CM/SNIC team, followed by an emotional farewell.

RENAL VIEW: THE DASHBOARD FOR DIALYSIS

The NKF continues to enhance patient care by introducing Renal View, a web-based dashboard designed specifically for patients' needs, offering an efficient and user-friendly way to view and book available dialysis slots, ensuring a seamless and stress-free experience.

2. User-Friendly Interface:

Easy Navigation: The simple design of the dashboard ensures that anyone can navigate the platform with ease.

Downloadable Forms: Patients or caregivers can easily access and download forms required for admission, streamlining the process and reducing paperwork.

3. Personalized Scheduling:

Customizable Preferences: Patients can easily communicate with the NKF's medical team to explore the best available slots that match their preferences.

The Impact of Renal View

Renal View represents a huge advancement in NKF's patient-centered care. The real-time availability feature ensures that everyone (patients, caregivers, doctors and nephrologists) can quickly find and book slots that fit their schedules, improving overall efficiency in managing dialysis appointments.

Looking Ahead

NKF is continuously working to enhance Renal View, incorporating feedback from everyone. Future updates will include more features, enhanced accessibility and integration with other tools.

For more information about Renal View, scan the QR code below:



NORTHERN									
CENTRES	HD MACHINE NEG	NEGATIVE PATIENT %	VACANCIES (NEG)	HEPATITIS B %	VACANCIES (HEP B)	HEPATITIS C %	VACANCIES (HEP C)	HEPATITIS B + C %	VACANCIES (HEP B+C)
Pusat Rawatan Dialisis Tuanku Syed Putra - NKF, Kangas, Perlis	12	53	34	N/A	N/A	N/A	N/A	N/A	N/A
Pusat Dialisis NKF - Kelab Lions Alor Star, Kedah	10	77	14	N/A	N/A	8	11	N/A	N/A
Pusat Dialisis NKF - Superkids Tring, Alor Setar, Kedah	8	71	14	0	6	N/A	N/A	N/A	N/A
Pusat Dialisis NKF - Yayasan Sultanah Bahiyah, Kulim, Kedah	12	75	18	N/A	N/A	N/A	N/A	N/A	N/A
Pusat Dialisis Amal NKF-OSR Foundation, Sungai Petani	11	6	66	N/A	N/A	N/A	N/A	N/A	N/A
Pusat Dialisis Amal FOYI - NKF (Unit II) Batu Maung, Pulau Pinang	10	73	16	67	2	50	3	N/A	N/A
Pusat Dialisis NKF - FOYI (Unit II) Jalan Hamilton, Pulau Pinang	12	89	8	N/A	N/A	N/A	N/A	N/A	N/A
Pusat Dialisis NKF - Yayasan Dialisis Pendidikan Ahliak Perak, Ipoh	12	85	11	17	5	17	20	N/A	N/A
Pusat Dialisis NKF - Yayasan Dialisis Perubuhan Pendidikan Ahliak, Taiping	14	69	26	42	7	8	11	N/A	N/A

Illustration: sample view by centers and available slots.

Key Features of Renal View

1. Real-Time Availability:

Slot Availability: Patients, caregivers, doctors and nephrologists can see weekly updates on available dialysis slots, ensuring they have the most current information when scheduling their treatments.

Scheduled Booking: The platform allows for ease of booking of available slots, reducing waiting times and ensuring timely access to dialysis.

Travel Support: For patients who need to travel, Renal View helps by providing information on available slots at different locations, making it easier to arrange dialysis sessions while away from their usual center.

THE HAEMODIALYSIS CO-SUBSIDY PROGRAMME

At NKF, we understand the financial burden that kidney patients face when accessing life-saving dialysis treatments. Our Haemodialysis Co-Subsidy programme was established to bridge this gap, allowing financially disadvantaged patients to receive the essential care they need, while giving donors an opportunity to make a tangible impact on individual lives.

How the Programme Works General Costs Breakdown:

Cost per dialysis treatment at NKF: RM200

Breakdown:

Other Subsidies: RM110

Your donation to support 1 dialysis treatment for 1 patient: RM90*

*Your contribution helps fill this gap, ensuring that no patient is denied treatment due to financial constraints.

#What Your Donations Cover

Donations to the Haemodialysis Co-Subsidy programme go directly towards:

- Regular dialysis sessions
- Single-use dialyzers
- Catheter dressing and blood tests
- Medications for anemia (including iron therapy and erythropoietin injections)
- Vaccinations, basic medications, and welfare counseling
- Nephrologist consultations
- Subsidies for vascular access surgery and transport assistance

These contributions provide essential care for patients, giving them the support they need to manage their health and well-being.



#Flexible Giving Options

Our programme offers flexible contribution options to match your budget. You can decide the number of patients and the duration of your support. Simply share your budget allocation, and NKF will calculate the optimized number of beneficiaries to assist.

#Transparency and Accountability

While we respect the privacy of our patients and do not disclose their data, rest assured that we maintain full transparency. Donors will receive regular updates and reports on how their contributions are being utilized, ensuring accountability for every ringgit donated.

#Who Benefits from the Fund?

Our rigorous governance process ensures that only the most deserving patients are selected. Recipients must come from the B40 and M40 groups, with an average monthly household income per capita below RM2,300. This guarantees that your donations directly benefit those who need it most.

By contributing to the Haemodialysis Co-Subsidy programme, you become part of a community dedicated to saving lives and alleviating the financial strain of kidney patients. For more information or to make a donation, please contact the fundraising team at +603 7954 9048 or email fundrasing@nk.forg.my

ACKNOWLEDGEMENT

Special Thanks to HSBC Malaysia Berhad

The NKF extends its heartfelt gratitude to HSBC Malaysia Berhad (HSBC) for its invaluable support and generous donation.

HSBC has provided NKF with a reverse osmosis water system, five dialysis machines, and five Far Infrared Therapy (FIR) machines, totalling RM400,000. This equipment has led to improvements in accessibility, efficacy, and patient outcomes across few dialysis centres.

The RO Water System, donated to NKF's Pusat Dialisis NKF – Rotary Damansara (Selayang), will support up to 18 dialysis machines, potentially facilitating up to 56,160 treatments over a period of 10 years.

The five dialysis machines are distributed as follows: three at Pusat Dialisis NKF – Rotary Damansara (Selayang) and two at Pusat Dialisis NKF – Yayasan Dialisis Pertubuhan Pendidikan Akhlak (Taiping). This distribution allows us to treat six patients per week per machine, translating to a total of 10,920 treatments over the seven-year lifespan of each machine.



Additionally, five FIR therapy machines are located at centers in Pusat Dialisis NKF – Yayasan Buah Pinggang Kemaman, Pusat Dialisis NKF – MUIS Ipoh, Pusat Dialisis NKF – Kuala Terengganu, Pusat Dialisis NKF – Kulim, and Pusat Dialisis NKF – Chee Luan Khor. Each machine will benefit approximately 250 patients, enhancing treatment outcomes and patient well-being.

Thank you, HSBC for your unwavering partnership and support.



Special Thanks to IPUE Resources Sdn. Bhd.

The NKF extends its gratitude to IPUE Resources Sdn. Bhd. for their donation of RM108,000. This contribution has enabled NKF to purchase a 4x4 pickup truck, enhancing its ability to reach and serve more communities in need.

Traditionally, NKF's Public Education Department conducts health checks using buses and vans in urban and semi-urban areas. However, the new 4x4 pickup truck will allow the team to conduct health screenings in more remote and hard-to-reach areas, such as Kota Samarahan.

Thanks to IPUE Resources Sdn. Bhd, your support truly makes a difference in our mission to promote health and well-being across Malaysia.

Special Thanks to Payments Network Malaysia Sdn. Bhd. (PayNet)

The NKF extends its heartfelt gratitude to Payments Network Malaysia Sdn. Bhd. (PayNet) for their generous support and donation.

PayNet has contributed a dialysis machine valued at RM40,000, significantly improving accessibility for the community in Selayang area. This machine, now part of NKF's Pusat Dialisis NKF – Rotary Damansara can facilitate treatments for up to six patients per week over the next seven years, ensuring that essential care is readily available to those in need.



We are truly thankful to PayNet for their unwavering partnership and commitment to enhancing the lives of patients in our community.



5TH RENAL NUTRITION CONFERENCE

The NKF held its 5th Renal Nutrition Conference on Saturday, June 22nd and Sunday, June 23rd, 2024. The conference, officiated by Dato’ Dr. Mohd Azman Yacob, Director of the Medical Development Division, Ministry of Health Malaysia occurred at The Vertical, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur. The conference saw a total of 420 attendees, making it the highest number of attendees NKF has seen for their Renal Nutrition Conference.



participation, specifically targeting dietitians, nephrologists, doctors, nurses, and pharmacists.

The conference’s theme, “Enhancing Renal Nutrition via Interdisciplinary Collaboration,” emphasises the importance of teamwork among healthcare professionals in improving patient care. The conference was designed for local and international

The conference featured renowned speakers leading keynote addresses, panel discussions, and workshops. The sessions delved into recent findings in renal nutrition, developments in renal patient diet management, and the function of nutrition in slowing the progression of kidney disease. The 5th Renal Nutrition Conference was a remarkable event. Specialists and those working in renal nutrition found this conference to be an invaluable information resource.

WEBINAR

On June 14, a highly informative webinar was conducted, attracting over 66 haemodialysis staff members from across Malaysia. The session featured Ms. Adlina from the Hospital Kuala Lumpur transplant unit as the speaker. She provided an in-depth overview of several critical aspects of kidney transplantation, including:

Types of Kidney Transplants: Ms. Adlina began by explaining the different types of renal transplants, offering insights into their procedures and success rates.

Brought to you by,

NKF NATIONAL KIDNEY FOUNDATION MALAYSIA

LIVE WEBINAR

Donor & Recipient Work-Up in Renal Transplant

● ● ●

Date : 14 June 2024
Time : 9.00 am – 10.00am
Online via Microsoft Teams

Fee : RM15 (non-NKF)

SPEAKER
 Sister Adlina Adnan
 Transplant Unit, Hospital Kuala Lumpur

SCAN HERE

<https://tinyurl.com/RenalTransplantWebinar>

Contact Us: 603-79602301 | training@nkf.org.my

Living-Related Transplants: She placed particular emphasis on living-related transplants, discussing the benefits and challenges associated with this type of procedure.

Donor and Recipient Work-Up: A detailed information the comprehensive work-up process for both donors and recipients. The session outlined the typical follow-up procedures and the specific investigations carried out at HKL, ensuring the audience understood the rigorous standards maintained.

Common Complications: The webinar also covered the common complications in renal transplantation, highlighting preventative measures and management strategies to minimize risks and improve patient outcomes.

The webinar concluded with a Q&A session, where participants had the opportunity to engage directly, seeking clarification and deeper understanding of the topics discussed. Feedback from the attendees was overwhelmingly positive, with many appreciating the depth of information and the opportunity to learn from a seasoned expert in the field.

Post Basic Renal Students Group 37/24 Farewell

On June 28, nine students from NKF and other private dialysis centers. Proudly graduated from the NKF training centre. These graduates have completed rigorous training, preparing them to make significant contributions in their field.

The training for post-basic renal students is essential for delivering high-quality care to dialysis patients. It covers a broad spectrum of critical knowledge and skills, including:

- **Nephrology Nursing:** In-depth education on the specific needs and conditions of patients.
- **Kidney Replacement Therapy:** Understanding the various methods of dialysis and their applications.
- **Patient Counselling and Education:** Equipping nurses with the skills to effectively communicate with patients and their families / or caregivers, providing essential information and emotional support.
- **Vascular Access Care:** Acquiring knowledge of the techniques and principles essential for managing and maintaining dialysis access points.
- **Principles of Dialysis Therapy:** Detailed training on the mechanisms, technologies, and best practices in dialysis treatment.
- **Professional and Ethical Standards:** Emphasizing the importance of adhering to high standards of professionalism and ethics in healthcare.

We extend our heartfelt congratulations to Group 37/24 for their dedication and commitment throughout their training.



MSQH TRAINING

On July 24, the MSQH webinar attracted over 153 hemodialysis staff members across Malaysia. This session was hosted by NKF and provided an overview of MSQH 3rd edition standard of criteria for the nurses to get ready their centre and get accredited:

MSQH Accreditation serves as a benchmark for healthcare organizations, allowing chronic dialysis centres to regularly assess and enhance their facility performance.

These courses are designed to train participants on the MSQH Accreditation process, ensuring they are well-versed in the 3rd edition of the Accreditation Standards and rating system. This training is crucial in maintaining high standards and continuous improvement processes in healthcare facilities. Ms. Ting Luo Tze, Head of the Training Department at the National Kidney Foundation (NKF) provided an in-depth overview of the MSQH process and accreditation status, including:

Eligibility of a dialysis center: Ms. Ting explained the criteria for the accreditation survey, step by step to make the dialysis center eligible to apply for the MSQH survey.

Chronic Dialysis Centre Accreditation process: Ms. Ting explained the details step by step on how a dialysis center will undergo accreditation and shared insight on the center performance review during survey dates.

Self-rating score: Ms. Ting explained the details of the self-rating score and step by steps on the self-rating system.

The focus of the 5 standards: The webinar also covered the 5 standards and provided useful tips on achieving standards by evidence-based practice.

Accreditation status decisions: The webinar also explains in detail the process of accreditation status decisions and types of accreditation status.

The webinar concluded with a Q&A session, where participants had opportunities to engage directly, seeking clarification and a deeper understanding of the topics discussed.

Brought to you by,

NKF NATIONAL KIDNEY FOUNDATION MALAYSIA

Online MSQH Training

For Chronic Dialysis Accreditation

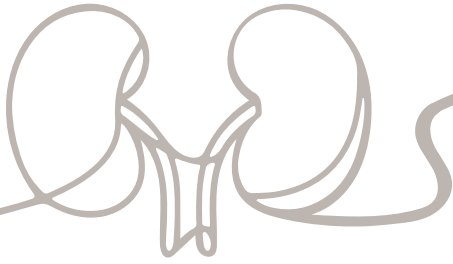
Date : 24 July 2024
Time : 11.00 am - 1.00pm
 online via Microsoft Teams

SPEAKER
 Ms. Ting Luo Tze
 Head of Training, NKF Malaysia

Fee : RM30 (non-NKF)

<https://tinyurl.com/MSQHTraining>

Contact Us: 603-79602301 | training@nkf.org.my



NKF's TOP 5 FUNDRAISERS

NKF is pleased to announce our Top 5 fundraisers for the 3rd Quarter of 2024.



**KAALISYRI D/O
MUTHIYAL NAIDU**



**DEEPA YOGINI A/P
PUSPANTHAN**



**SATHIASILAN A/L
RAVI**



**EZEKIEL NAVYN DAS
A/L MARIA DAS**



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This appreciation recognizes the hard work and outstanding performance of our fundraisers to raise funds for NKF. We appreciate their efforts in supporting our dialysis patients.



**YAYASAN BUAH PINGGANG KEBANGSAAN MALAYSIA
NATIONAL KIDNEY FOUNDATION OF MALAYSIA PPM-002-10-12021969**

马来西亚肾脏基金会 மலேசிய தேசிய சிறுநீரக அறநிறுவனம்

70, JALAN 14/29, 46100, PETALING JAYA, SELANGOR DARUL EHSAN, MALAYSIA.

☎ 1300-88-3110 ☎ 03-7954 9048/49 🖨 03-7954 0535 🌐 www.nkf.org.my